Gold nanoisland structures integrated in a lab-on-a-chip for plasmonic detection of bovine growth hormone

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Abstract. Three-dimensional gold nanostructures fabricated through a novel convective assembly method are treated thermally to obtain a nanoisland morphology. The new structure is proved to be adequate for the detection of bovine growth hormone, by using an immunoassay method based on the localized surface plasmon resonance band of gold. The nanoisland structures are integrated into a microfluidic device and the spectral measurements are carried out by introducing the device directly in the light beam of a ultraviolet-visible spectrophotometer. The principal motivation for this work is the need for a simple and rapid method of detection of hormone levels in milk and milk products.

1 Introduction
Somatotropin (ST) is a polypeptidic growth hormone naturally produced by the anterior pituitary gland in mammals. The polypeptide chain for bovine somatotropin consists of 191 amino acids but the composition and the biological effects depend considerably on the species. The biological effects of bovine somatotropin (bST) are associated with growth, development, and reproductive functions. Its effect on milk production was discovered in 1937.1 Since the 80s, recombinant DNA technologies allowed the production of large quantities of hormones that are used in USA and other countries to increase milk production but their use is forbidden in Canada and in the European Union. The use of recombinant bovine somatotropin (rbST) is controversia2 because of its potential effects on animal and human health. In order to provide meaningful information to consumers and to identify rbST-treated animals, highly sensitive analytical methods are required.

The concentration of bST in various biological media was traditionally estimated using, either an enzyme-linked immunosorbent assay (ELISA)3,4 a radioimmunoassay (RIA)5 or bioassay methods.6 The most important limitation of ELISA assays is that the concentration of antibody can only be reported in relative terms such as “titer,” that is, a combination of affinity and concentration. More recently, a sensitive method that allows the discrimination between the recombinant and the endogenous forms of somatotropin has been developed. It is based on liquid chromatography-mass spectrometry combined with electrospray ionization.7 The principal drawback of this approach is the complexity of the methodology involved, which, together with the very expensive instrumentation, makes this method difficult to implement for a rapid detection of bST and rbST in milk.

For injection preparations of somatotropins, a surface plasmon resonance (SPR) biosensing method has also been suggested.8 However, the measurement was carried out in an expensive plasmonic instrument (Biacore 3000). For this reason, developing a microfluidic biosensing method that allows a rapid and precise detection of growth hormones in milk becomes extremely important.

Synthesis of various noble metal nanostructures has been an active area for decades because of the interesting properties and the importance of noble metals to a variety of fields such as photonics, surface-enhanced Raman scattering (SERS)9 optoelectronics, near-field microscopy, and catalysis as well as chemical and biological sensing. Controlling the size, shape, and composition, in the case of bimetallic nanoparticles, the properties of gold and silver nanoparticles can be tailored for different applications. Particularly, the resonance frequency of the localized surface plasmon resonance (LSPR) of gold and silver nanoparticles can be tuned by adjusting the size and morphology or by alloying.10 In some cases, the LSPR band could be shifted to the near-infrared region, a region of particular interest for biomedical applications such as cancer hyperthermia.11 Other biological and medical applications of gold nanoparticles and nanostructures can be found in the field of biological labels, biosensors, drug discovery, diagnosis, and monitoring of various diseases.

The binding of analytes on immobilized gold nanoparticles changes the local refractive index of the surrounding environment resulting in a shift to longer wavelengths of the corresponding Au LSPR band. Gold and silver spherical nanoparticles with different dimensions and configurations have been widely used to recognize and detect various bio-molecules.12 The growing expertise in nanofabrication methods enables the preparation of gold and silver nanostructures and patterns of various complexities. However, most research on chip-based assays has focused on two-dimensional (2-D) structures, that is, a gold monolayer on glass having a low density of nanoparticles.13 In order to enhance the sensitivity of detection, multilayers of gold nanoparticles have been fabricated using layer-by-layer deposition14 or the immersion of the substrates in the colloidal gold solution for various time intervals.15 Au multilayers, prepared by the layer-by-layer deposition method, showed a higher

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refractive index sensitivity compared to the monolayer sensors used previously. However, the method is tedious and involves several steps of fabrication as the nanoparticles have to be coated with polyelectrolytes. Gold nanostructures for sensing purpose or for SERS substrates were deposited by thermal evaporation and sputtering as well. For a comprehensive review on the preparation of nanostructured film arrays, see Ref. and references therein.

In this work, we report on the fabrication and characterization of three-dimensional (3-D) gold nanostructures fabricated by convective assembly. The mechanism of self-assembly is based on the flow of a colloidal suspension induced by evaporation from the liquid meniscus formed at the substrate-solution interface. The technique of convective assembly relies on the interaction forces between particles and/or particles and surfaces that drive to the formation of ordered arrangements. During the deposition process, due to the strong attraction forces between the gold nanoparticles (NP) and the gold–glass attraction, gold aggregates are formed on the substrates as shown in Fig. 1. The rate of self-assembly is governed by the evaporation from the liquid meniscus, the particle concentration and the particle diameter. The high density of gold nanoparticles in the multilayers and the transparency of the samples allow the use of a conventional ultraviolet (UV)-visible spectrophotometer for the measurements. The proposed method is simple and can be carried out in a general laboratory environment, without any need of special apparatus or expertise. The nanostructure deposited on glass substrates by simple angled deposition resulted in gold aggregates that were further annealed to yield an improved sensing platform. We have recently shown that multilayer films, also called 3-D assembled gold nanostructures, can be fabricated from gold nanoparticles by convective assembly from the evaporating meniscus of aqueous suspension. 3-D Au nanostructures display two plasmon bands, one around 520 to 530 nm that belongs to plasmon resonance of isolated gold nanoparticles and a second one at longer wavelengths (600 to 700 nm) due to a collective surface plasmon oscillation. The 600 to 700 nm Au band arises from coupling of the individual plasmon resonances when gold nanoparticles are closely spaced. The intensity of this feature is proportional to the degree of aggregation. For a comprehensive discussion on the inter-particle coupling effect, see Ref. and references therein.

In our previous work, gold nanoparticles and aggregates, functionalized either with a carboxymethylated dextran hydrogel or with 11-mercaptoundecanoic acid, were used for monitoring an antigen-antibody interaction. The results demonstrated that, with spherical nanoparticles, a higher sensitivity of bio-sensing can be achieved by using the shift of gold LSPR band of aggregates toward longer wavelengths. However, because the collective surface plasmon oscillation results in a quite broad band, the detection of the shift upon the binding event is less precise than in the case of the sharp LSPR band corresponding to isolated particles or small aggregates. For this reason, we investigate in this work a post-deposition annealing of gold multilayers for improving the sensitivity of the detection. The present work is focused on the bio-sensing experiments carried out by using gold nanoisland structures obtained by annealing of gold multilayers. The multilayers, with different particle packing densities and degrees of aggregation, are prepared by the convective self-assembly of colloidal gold using a simple oven, instead of complex and tedious processes used by other authors. 11-mercaptoundecanoic acid is used to form a self-assembled monolayer on the gold nanoparticles. The sensing platforms prepared by convective assembly and annealing were tested for the detection of bovine somatotropin (bST) through antigen-antibody interactions. A calibration curve that correlates the shift of Au-LSPR band with the concentration of antigen is established in the range of 5 to 1000 ng/mL and the detection limit of polypeptide is determined. The mechanism of sensing by using the annealed gold nanostructures is also discussed. Further, a microfluidic device having the gold nanoparticles integrated into a microchannel was designed, fabricated and used for the analytical process.

2 Experiment Design

Hydrogen tetrachloroaurate (III) trihydrate (HAuCl₄·3H₂O) was purchased from Alfa Aesar, MA, USA. Sodium citrate, 11-mercaptoundecanoic acid in ethanol (Nano Thinks Acid 11), phosphate buffered saline (PBS), N,N-diisopropylcarbodiimide and N-hydroxysuccinimide were obtained from Sigma-Aldrich, Canada. The antigen, the natural bovine somatotropine (bST, MW 20 kDa) and its corresponding polyclonal antibody (anti-bST, raised in a guinea pig) were obtained from Dr. Parlow (National Hormone &Peptide Program, Harbor-UCLA Medical Center, CA, USA) and used for the immunoassay. Spherical gold nanoparticles were prepared by using the reduction of chloroauric acid by sodium citrate, following Turkevich’s method. Briefly, 75 mL of chloroauric acid solution containing around 45 μg/mL gold is heated and 5 mL of 1% sodium citrate solution is added to the boiling solution. After the colour of the solution turns to purple, the solution is further boiled for 15 min and then left to cool to room temperature. Gold multilayers were deposited on freshly cleaned substrates. Glass substrates were cleaned with soap and DI water, then rinsed with acetone, dried and finally rinsed with 2-propanol. Before the deposition process, the glass substrates were kept in an oven at 100°C for 1 h. Silanized glass substrates were immersed with an angle (~30 deg) in vials containing the gold colloid solutions (3 to 5 mL) (Fig. 2) and kept in the oven at temperatures between 60°C and 80°C, until the whole amount of gold was transferred to the substrate (one to three days).

![Fig. 1 Schematic sketch of the convective assembly process of gold nanoparticles.](https://www.spiedigitallibrary.org/journals/Journal-of-Biomedical-Optics)
Nanoparticle multilayer films were post-annealed in a furnace for 1 h at 400°C, 500°C, and 550°C, respectively. Gold nanoparticles were further functionalized with a solution of mercaptoundecanoic acid in ethanol by covering the active surface of the platform (around 150 to 200 \( \mu \)L). For the bio-sensing experiments, the concentration of antibody on the functionalized gold structure was kept constant at 100 ng/mL and the concentration of antigen was varied between 5 and 10000 ng/mL.

The sensitivity of the sensor platform was determined by measuring the spectra of both nonannealed and annealed gold nanostructures in solvents with different refractive indices. The sensor platform was immersed in de-ionized water and, subsequently, in different solvents and kept for 2 h before the spectral measurement. Transmission UV-vis spectra were acquired by using a Perkin-Elmer 650 UV-visible spectrometer. Rectangular quartz cells were used to hold the glass substrates.

2.1 Assembly of the Microfluidic Platform

The microfluidic structure incorporates three or more parallel microfluidic channels to activate the microfluidic flow between two liquid reservoirs [Fig. 3(a)]. The width of the channel was chosen to be 500 \( \mu \)m by considering two factors: first, the width of the light beam which was \( \sim \)2 mm and second, the sealing of the channel. Due to the high flexibility of PDMS, sealing of the channel having the width of more than 500 \( \mu \)m is a difficult task as the oxygen plasma treatment is used for the bonding. When the plasma-treated substrates of glass and PDMS were kept together, it was observed that the channel having width higher than 500 \( \mu \)m collapsed. The plasma-treated surfaces exhibit a strong surface attraction force that could be the reason for the collapse of the channel. For this reason, the microfluidic

![Fig. 2 Schematic sketch of the deposition of gold nanostructure on glass.](image1)

![Fig. 3 Assembly process of the microfluidic device.](image2)
The microfluidic structure was fabricated on PDMS by soft lithography. The mold for casting the PDMS was fabricated on SU8 photo-resist. Patterning of SU8 was done on a silicon wafer by using UV photolithography. The SU8 mold was silanized to promote the removal of the microfluidic structure from the mold. For the fabrication of the microfluidic structure, the PDMS base and curing agent (SYLGARD 184 from Dow Corning, MIDLAND MI, USA) are mixed in a 10:1 wt ratio, degassed in a vacuum desiccator to remove the gas bubbles, and casted to the mold and baked at 80°C for 5 h.

The substrate holding the nanoisland structures is shown in Fig. [6]. The device [Fig. [6c]] was fabricated by bonding the glass substrate to a PDMS substrate with the help of oxygen plasma treatment. The glass substrate containing gold nanoisland structures and the PDMS slab containing the microfluidic structure were treated with oxygen plasma for 35 s in a plasma cleaner and bonded together immediately. The inlet and outlet tubes were fixed with the liquid reservoirs using silicone glue. Figure [6] shows photograph of the nanoparticle integrated microfluidic bio-sensor.

### 2.2 Experimental Procedure for the Bio-Sensing Experiment

Gold nanoparticles were first functionalized with a solution of mercaptoundecanoic acid in ethanol by covering the active surface of the platform (around 150 to 200 μL). Then the cross-linker solution (N, N'-diisopropylcarbodiimide and N-hydroxysuccinimide) was dropped on the sample to covalently attach the antibody to the gold nanostructures.

After 10 min, the spectrum of the functionalized gold is measured. Afterwards, an antibody solution is introduced into the sensing platform and kept in contact with the gold nanostructure for at least 1 h. The change in the position of LSPR corresponding to the binding of antibody was measured. The concentration of antibody on the functionalized gold structure was kept constant and the concentration of antigen was varied between 5 and 10,000 ng/mL. The excess of antibody is washed away with a phosphate buffered saline (PBS) solution and a blocker (nonfat milk powder solution) is passed, then the corresponding antigen is added to the sample and the LSPR spectrum is recorded to monitor the change of LSPR corresponding to the antigen-antibody interaction. The procedure is repeated in the microfluidic device by pumping the solution into the device.

### 3 Results and Discussion

#### 3.1 Tuning the Morphology of the 3-D Gold Nanostructure from Nanoaggregates to Nanoislands

The nonannealed samples showed a dark blue coloration [Fig. [6a]], while the sample annealed at 550°C [Fig. [6b]] had a red tint. As it can be seen in the Fig. [6c], the films showed the striping behavior characteristic to samples deposited slowly by convective self-assembly. It is found that the stripes are uniformly distributed and the spacing between them is constant as long as the deposition temperature is the same. For samples annealed at lower temperatures, the color of the sample is not uniform. The scanning electron microscope (SEM) images corresponding to the two samples are shown in Fig. [6]. It can be seen that, before annealing, the nanoparticles are aggregated, forming long chain-shaped structures with several layers of nanoparticles [Fig. [6a]]. Aggregation begins in the evaporating meniscus because of the strong attractive van der Waals forces between gold nanoparticles. The annealed samples show nanoisland morphology [Fig. [6b]], with large well-separated nanoislands and smaller particles around them. The nanoisland films formed by nucleation and coalescence of gold nanoparticles at 550°C are polydisperse with an average diameter of grains around 70 nm. The density of nanoislands is estimated to be around 64 islands/μm² and it strongly depends on the concentration of gold in the colloidal solution.

At temperatures higher than 350°C, for a sample with around 25 μg/ml of Au in the colloidal solution, clearly separated nanoislands are formed. The islands look like droplets, are elongated (ellipsoid shaped) and their size varies between 10 and
100 nm. The formation of nanoislands upon annealing (at temperatures above 350°C) was widely reported for gold nanostructures prepared by LbL (layer-by-layer) deposition as well as by thermal and electron-beam evaporation. The morphology of gold nanoislands generated from LbL assembly depends on the number of layers and the nature of linkers used for building up the multilayer. It has been reported that the morphology of ultrathin thermally evaporated films (less than 10 nm) can be tuned to nanoisland-type structures at temperatures as low as 200°C using long annealing times (20 h). The morphology change is thought to be induced by sintering and agglomeration of neighboring nanoparticles and diffusion coalescence, which results in the formation of a single layer of laterally-spaced islands. In the case of the multilayers deposited by angled convective assembly [Fig. 6(a)], having the intertwined chain structure, the gold nanoparticles would melt prior to mobility and coalescence. Indeed, it is known that the melting temperature of gold nanoparticles is strongly depressed (tens to hundreds of degrees) due to the particle size. Due to high surface tension of liquid gold, nanoislands with convex surfaces are formed during the annealing process and percolation occurs at a high density of nanoislands.

Compared to the aggregated multilayer structure, the nanoisland structure is likely to provide multiple binding sites and enough room for the diffusion of bio-molecules. The change in morphology, induced by annealing, is accompanied by a dramatic change in the optical properties as shown in Fig. 7.

The spectra of the nonannealed and the annealed samples were measured in the UV-visible range (Fig. 7). The gold multilayer was deposited by using a solution of 45 μg/mL gold. Aggregated gold multilayers show a broad band in the 550 to 750 nm regions [Fig. 7(a)]. When heated at 550°C for an hour, the band is blue-shifted to 545 nm and becomes considerably narrower [Fig. 7(b)]. This band belongs to the nanoisland structures shown in Fig. 6(b). The position and the shape of this band clearly show that the island structures are particulate, not aggregated. When the concentration of the gold in solution was reduced to 25 μg/mL, the band appears to be changed, as shown in Fig. 8. When the gold nanoparticle solution was diluted (25 μg/mL of Au), the spectrum [Fig. 8(a)] shows two bands. The band corresponding to aggregated gold nanostructure is situated around 620 nm showing a lower degree of aggregation and a band at 526 nm. After annealing, the spectrum

Fig. 6 SEM images of 3-D gold nanostructures (a) as deposited and (b) after annealing at 550°C for 1 h (the magnification is x100,000 in both images and x200,000 in inset).

Fig. 7 UV-visible spectra of gold nanostructures deposited on glass, (a) before annealing and (b) after annealing at 550°C for 1 h.

Fig. 8 UV-vis spectra of gold multilayers, (a) nonannealed and (b) annealed at 500°C for 1 h (multilayers deposited from a colloidal solution with a low concentration of Au, 25 μg/mL).
shows only one narrow band at 529 nm with a noticeable higher absorbance [Fig. 8(b)].

3.2 Sensing Experiments: Study of the Reproducibility and Sensitivity of NANOISLAND SENSORS

Several sensing platforms have been prepared and annealed, and both the position and the absorbance of the LSPR band were measured immediately after annealing and again, after several days. The results show a good reproducibility: for a number of 50 platforms, the position of the peaks after annealing was at 540 ± 10 nm. The position of the Au LSPR band belonging to the annealed sample may vary because of the slight differences in the preparation and annealing conditions. However, these variations would not affect the precision of the detection as the shift of the band would be the same.

The sensitivity has to be determined because it gives a preliminary assessment of the ability of the platform to be used in the actual biosensing experiment. Hence, it is important to investigate the sensitivity of the LSPR peak to the refractive index, as during the biosensing process, the analytes bind to the gold nanostructure and the refractive index of the environment of the gold nanostructure changes which results in a shift of the LSPR peak. The shift of Au-LSPR (Δλ) upon the change of refractive index of the local environment of the nanoparticles (Δn) is plotted [Fig. 9] and the slope of the curve is measured as the sensitivity of the platform. The shift of Au LSPR band in different solvents, with refractive indices in the range of 1.330 to 1.479 for both the nonannealed and annealed structures is shown in Fig. 9. In order to assess the sensitivity of the sensing platform, the change of UV-visible absorbance of gold nanostructures immersed in various media was investigated before and after annealing. The sensing platforms made of nonannealed and annealed samples are introduced subsequently in the solvents given in Table 1.

The sample with gold nanostructures is immersed in a cuvette filled with the solvent with a known refractive index. In order to assess the refractive index sensitivity, the following formulas are used:

\[ \Delta n = n_m - n_w, \]  
\[ \Delta \lambda = \lambda_m - \lambda_w, \]

where, \( \Delta \lambda \) is the change in the absorbance peak wavelength, \( \lambda_m \) is the absorbance peak wavelength corresponding to the medium with a known refractive index, \( \lambda_w \) is the absorbance peak wavelength corresponding to deionized (DI) water, \( \Delta n \) is the difference between the refractive indices of the solvent and that of water, \( n_m \) is the refractive index of the solvent, and \( n_w \) is the refractive index of water.

The sensitivity is assessed by plotting the graph of \( \Delta n \) vs. \( \Delta \lambda \) as illustrated in Fig. 9. The sensitivity is measured by the slope of the graph (Fig. 9). The sensitivity of the nanoisland (annealed) sensor platform is much higher than that of the nonannealed one, more specifically, the sensitivity as calculated from the slope of the lines is found to be 63 nm/refractive index unit (RIU), compared to 33 nm/RIU for the nonannealed platform. The higher sensitivity of the annealed samples, in spite of the broad size distribution of nanoislands shown in the SEM image [Fig. 6(b)], can be explained by their sensibly larger surface area than that of particles and aggregates. The large surface area allows the binding of a larger number of molecules (linkers and biomolecules) to gold resulting in a high sensitivity.

The binding kinetics of antigen–antibody interaction was investigated by using the annealed gold nanostructures. The antibody and antigen were immobilized on the sample as explained in Sec. 3. The binding time as function of shift of LSPR peak is investigated in this study. The experimental results (Fig. 10) carried out on four samples for various time intervals show that around 30 to 40 min are required to complete the antigen–antibody interaction. After 40 min, the shift of LSPR peak remained constant.

The change of LSPR spectra corresponding to each step in the bio-sensing procedure are recorded [Fig. 11] as explained in the Sec. 3.3. A shift of 10 nm was obtained when the concentration of antigen was 40 ng/ml. The same experiment was repeated for various concentrations of the antigen. Figure 11 shows the shift in LSPR band versus the concentration of the antigen. It can be seen that there is quite a large red shift of the band due to the antibody-antigen recognition event. For the sensing experiments, only the most concentrated (45 μg/ml) gold solution was used, which resulted in high density nanoisland samples. Sensing experiments have been performed with concentrations of antigen in the range of 5 to 1000 ng/mL and a calibration curve was established. The calibration curve (Fig. 12) shows that the shift of AuLSPR band (Δλ) is proportional to the concentration in the range of 1 to 150 ng/mL.

Table 1 Solvents used for measuring the refractive index sensitivity of annealed and nonannealed sensing platforms.

<table>
<thead>
<tr>
<th>Solvent</th>
<th>Refractive index</th>
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<tbody>
<tr>
<td>1. Water</td>
<td>1.33</td>
</tr>
<tr>
<td>2. Ethanol</td>
<td>1.36</td>
</tr>
<tr>
<td>3. 2-Propanol</td>
<td>1.377</td>
</tr>
<tr>
<td>4. Dimethylformamide</td>
<td>1.43</td>
</tr>
<tr>
<td>5. Dimethyl sulfoxide</td>
<td>1.479</td>
</tr>
</tbody>
</table>

\[ \Delta \lambda = \lambda_m - \lambda_w, \]

\[ \Delta n = n_m - n_w, \]
At higher concentrations, the shift is still linear but the sensitivity is considerably lower. However, for practical purposes, the low concentrations range (high sensitivity) is important. The detection limit for bST, by using a nanoisland film was found to be 5 ng/mL.

### 3.3 Sensing Experiments in a Microfluidic Device

The microfluidic device was used instead of the cuvette in the spectrophotometer for the sensing experiments carried out in the device. A similar device, without nanoparticles was used as reference cell for the measurement. In this setup (Fig. 13), the light beam from a UV-visible source is splitted into two parallel beams and the sensing and the reference devices were placed vertically in the light paths. The sensing procedure as explained in Sec. [2.1](#) was repeated with the device, and all the sensing steps were carried out by pumping the solutions into the microfluidic channel by using the syringe pump.

![Fig. 10](#) The shift of LSPR band over the binding time of the antibody (100 ng/ml) and antigen (40 ng/ml). (Error bar represents the standard deviation of 4 measurements.)

![Fig. 11](#) Spectra corresponding to a concentration of 40 ng/ml bST (antigen). Annealed gold nanostructure (550°C) (a), antibody was adsorbed on the sample (b) and the antigen was adsorbed on the gold holding the antibody (c). The shift due to antibody-antigen interaction is 10 nm. For clarity, the spectra corresponding to different intermediate states (functionalized gold nanoparticles, activated carboxyl group, etc.) are omitted.

![Fig. 12](#) Sensing curve: Shift in the wavelength ($\Delta \lambda$) versus antigen concentration. Inset: the sensitivity for low concentration of polypeptides between 1 and 100 ng/ml. Error bars represent the standard deviation of 10 measurements.

![Fig. 13](#) Experimental setup of PDMS/glass nano-integrated microbio-sensor.

![Fig. 14](#) Sensing results in the device.
The absorbance spectra were recorded with the microfluidic device (Fig. 14). The curve in Fig. 14(a) shows the Au LSPR band before starting the sensing experiment. The Au-LSPR band was recorded [Fig. 14(b)] after absorbing the antibody the solution in the microfluidic channel. The curve in Fig. 14(c) of bST on the functionalized nanoparticles through pumping (antigen. A shift of LSPR band of around 10 nm is recorded device to detect bovine somatotropin with a good sensitivity.

4 Conclusion
A novel and simple method of preparation of multilayers of gold nanoparticles on glass substrates is reported. The nanostructure obtained from the angled deposition method shows chain-shaped structures with a broad UV-visible absorbance spectrum. The morphology of the nanannealed structures was modified to an island-like structure by annealing at various temperatures. The sensitivity of both nanannealed and annealed platforms was investigated by using solvents with known refractive indices. The sensing results showed a higher sensitivity for the annealed samples. The annealed platform was used for the sensing of bovine somatotropin (bST) by using an immunoassay format. The proposed sensing platform showed a detection limit as low as 5 ng/ml of bST. Further, the sensing platform was integrated into a microfluidic device and sensing experiments were carried out. The results demonstrated the suitability of nanoisland structures, integrated into a lab-on-a-chip device to detect bovine somatotropin with a good sensitivity.

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