Depth probing of diffuse tissues controlled with elliptically polarized light

Simon Rehn
Anne Planat-Chrétien
Michel Berger
Jean-Marc Dinten
Carole Deumié
Anabela da Silva
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Simon Rehn,a,b Anne Planat-Chrétien,b Michel Berger,b Jean-Marc Dinten,b Carole Deumié,a and Anabela da Silvaa

1 Institut Fresnel, CNRS, Aix-Marseille Université, Ecole Centrale Marseille, Campus de Saint Jérôme, 13013 Marseille, France
aInstitut Fresnel, CNRS, Aix-Marseille Université, Ecole Centrale Marseille, Campus de Saint Jérôme, 13013 Marseille, France
bCEA, LETI, MINATEC, 17 rue des Martyrs, F-38054 Grenoble, France

Abstract. Polarization gating is a popular technique in biomedical optics. It is widely used to inspect the surface of the tissues (under colinear or cocircular detection) or instead to probe the volume (cross-linear detection), without information on the probed depth. Elliptical polarization is introduced to explore the possibility of probing diffuse tissues at selective depths. A thorough Monte Carlo simulation study shows complete correlation between the probed depths and the ellipticity of the polarized light, for a medium with known optical properties. Within a wide range of optical parameters, a linear relation between the backscattered intensity and the depth extension of the probed volume was found whatever the polarization used, but with a controlled extension depending on the ellipticity. © 2013 Society of Photo-Optical Instrumentation Engineers (SPIE). [DOI: 10.1117/1.JBO.18.1.016007]

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1 Introduction

Optical imaging in biomedical applications has been very popular since the early 1980s, for its noninvasiveness and for the simplicity of the techniques. The main problem of light interactions with biological tissues in the optical wavelength range is the strong scattering of light. These techniques, therefore, suffer from a lack of resolution in depth. As photons undergo multiple scattering events before being detected, it is difficult to associate a probed depth to the detected signal. To circumvent the problem, photon gating approaches have been introduced, among which time- and polarization-gating are very successful. Time-gating allows filtering the photons as a function of their pathlengths but has the disadvantage of needing very expensive and sophisticated equipment. Moreover, measurements at millimetric optical paths are challenging, as a 1 mm optical path corresponds approximately to a time delay of 4 to 5 picoseconds in tissues. The polarization gating method is a simple method using the information of the polarization state of the detected backscattered light to filter the unpolarized photons.

Intuitively, when traveling through the medium, polarized photons will maintain their state of polarization to a smaller or larger extent, according to the absorption or scattering events, that is, according to the transport mean free path (MFP). Initial polarization will be maintained only for a certain number of scattering events until total depolarization is reached.1

Commonly, linear polarization and more rarely circular polarization are used for polarization gating. It was shown that the method allows light extraction from superficial tissue,2 whereas circular polarization is sensitive to deeper layers.3 If the diffusing medium is composed of Mie scatterers as in most biological tissues, because of polarization-memory effects4,5 the depth defined by a circular-polarization gate is shown to be larger than that defined by a linear-polarization gate. Moreover, as circular polarization undergoes a helicity flip with mirror reflection, this technique thus allows screening of subsurface tissues deeper than linearly polarized light, without any blurring due to surface mirror reflection. Elliptical polarization has been seldom used in polarization gating. Preliminary studies3 have shown that elliptical polarization-gating is sensitive to tissue layers between those of the two latter mentioned polarizations.

In this paper, we show through the results of a Monte Carlo simulation study, which is exhaustive in terms of the range of optical properties tested, that using different polarization ellipticities allows probing at different depths. These depths are well-defined as the optical properties are known, and totally depend on the ellipticity of the polarization of the illumination. It is demonstrated that the maximum depth reached by polarized photons completely depends on the polarization used and the optical properties of the probed tissue. The technique thus offers the possibility of a continuous selective probing in depth by tuning the ellipticity of polarization. Moreover, the link between measured backscattered intensity and probed depth has been studied: a linear relation was found between the radial extension of the backscattered intensity and the probed depth for any polarization.

2 Method and Definitions

2.1 Simulating Polarized Light Propagation with Monte Carlo

The Monte Carlo method6,7 is used to simulate polarized light propagation in a quasi semi-infinite medium. The principle consists of evaluating statistically photons propagation through the tissues by taking into account local optical properties expressed in terms of probability distributions defining: (1) the step size of each photon movement between two scattering/absorption events, and (2) the angles of deflection in a photon's trajectory when a scattering event occurs. The evolution of the polarization

Address all correspondence to: Anabela da Silva, Institut Fresnel, CNRS, Aix-Marseille Université, Ecole Centrale Marseille, Campus de Saint Jérôme, 13013 Marseille, France. Tel: +33 491 288 482; Fax: +33 491 288 067; anabela.dasilva@fresnel.fr

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state of each photon is tracked through the modifications of a
Stokes vector, modified at each photon-tissue interaction by a
Mueller matrix accounting for the optical properties of the
medium. In the present study, a Quaternion Monte Carlo code,
initially developed by J. Ramella-Roman, has been modified in
order to take into account Fresnel reflections at the interface. The
code has been validated with comparison with published
results (mainly Refs. 8 and 9). The final Stokes vector,
describing the final polarization state with the contribution of
all backscattered photons is saved.

2.2 Polarization Gating

This allows calculating surface images representing different co-
and cross-polarized illumination/detection schemes, also called
image channels. A possible experimental setup is schematized in
Fig. 1, allowing measurements under any polarization channel (co-
and cross-linear, co-elliptical and co-circular). The
definition of co-elliptical channels is, in fact, not trivial and
must be detailed. The simulated imaging channels can be
fully expressed with the Stokes vector depending on the rotation
angles $\alpha$ of the horizontal axis of the linear polarizer and the
rotation angle $\beta$ of the fast axis of the quarter-wave plate
(Fig. 1). The resulting ellipticity of the polarization is
$\varepsilon = \beta - \alpha$.

Any elliptically co- and cross-polarized channel intensity
$I(\alpha, \beta)$, including the special cases for linear and circular polar-
izations, can be described with the following equation depending
on the rotation angles $\alpha$ of the polarizer and the rotation angle $\beta$ of the quarter-wave plate as well as the Stokes vector
$S_i = [I_i, Q_i, U_i, V_i]^T$ emerging from the probed medium:

$$I(\alpha, \beta) = (I_i + \cos(2\beta) \cos[2(\alpha - \beta)]Q_i + \sin(2\beta) \cos[2(\alpha - \beta)]U_i + \sin[2(\alpha - \beta)]V_i)/2.$$  

As recommended in Ref. 9, by subtracting the cross-linear
channel, measuring the multiple scattered (or totally depolar-
ized) part of the signal, from the images obtained under copo-
larized channels, one obtains a good approximation of the
polarization maintaining images, free from surface reflections
if elliptical polarization is considered.

2.3 Introduction of Signal Descriptors for Analyzing
Depth and Radial Extension of the Polarized
Backscattered Signals

In order to study the depth extent of each polarization gating
measurement, the histogram of the mean visitation depth
(MVD) of all emerging photons is specifically generated and
weighted with the final Stokes vector, and normalized to signal
maximum. The MVD is representative for the volume probed by
the backscattered photons and therefore contains most of the
information on the depth extent of the probed volume. Here,
the optical properties of a semi-infinite medium are varied in
order to scan all possible sets of optical properties in biological
tissues: the scattering coefficient has a range of $\mu_s = 10$ to
200 cm$^{-1}$, the absorption coefficients are $\mu_a = 0.5$ to 5 cm$^{-1}$, and the mean cosines of the scattering angles are $g = 0.05$ to 0.95, with size parameters (wave-number in the medium multi-
plied by the radius of the particle) in the range of 0.53 to 7.55,
covering Mie scattering regime, and also approaching Rayleigh
scattering regime. The refraction index of the medium is 1.4 and
outside of the medium the refraction index of air is taken into
account. The chosen range of optical properties for the simula-
tions covers especially skin and vessel tissue, but includes also
some properties of the Rayleigh regime. A pencil beam perpendic-
ular to the surface is considered. The computed MVD of
different polarization imaging channels as well as depolarized
light is represented in Fig. 2(a), with a MFP$^+$ scale, MFP$^+ = [\mu_a + (1-g)\mu_s]^{-1}$. This histogram demonstrates that
the MVD depends on the illumination polarization. The peak
of the normalized signal varies with the used ellipticity and
allows, therefore, probing different depths.

A depth-descriptor $Z_C$ is introduced for each polarization
descriptor and defined as the MVD for which the intensity is
10% of the maximum, on the right hand side of the curve,
$I(Z_C) = 0.1$. Amongst other possible descriptors (e.g., max-
imum or mean values), $Z_C$ was found as the most stable and pro-
ducing the largest differentiation between the polarizations, for
the simulated range of optical properties. The value of deter-
mined in this way fixes an upper bound of the extension of
the mean depth probed by a majority of the detected polarized
photon. The evolution of $Z_C$ is analyzed for different

Fig. 1 Sketch of an example of the optical imaging system with linear polarizers (P) and quarter-wave plates (QW). (a) Generation of the elliptically polarized light in the illumination path. (b) Analysis of elliptically polarized light in the detection path. The polarization ellipse of the illumination and the detection can be described by the rotation angles $\alpha$ and $\alpha'$ of the horizontal axis of the linear polarizer and the rotation angle $\beta$ and $\beta'$ of the fast axis of the quarter-wave plate. The ellipticities $\varepsilon$ and $\varepsilon'$ are defined by $\varepsilon = \beta - \alpha$ and $\varepsilon' = \beta' - \alpha'$. Copolarization detection is obtained for $\alpha = \alpha'$, $\beta = \beta'$, and $\varepsilon = \varepsilon'$. 

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polarizations and with different optical properties and elliptically polarized light in Fig. 2(b) and 2(c). The MFP0 is high (Mie scatterers), because of its influence on the as well as depolarized light, especially if the anisotropy factor still a relatively strong dependence on $P$ photons collected in a given polarization channel. A probability parameters [Fig.2(c)], while for depolarized light, a strong leading to a quasi independence of the descriptor on these.

Interestingly, one can thus express in synthesized form the following approximation, when all quantities are expressed in metric units:

$$Z_c \approx R_c/3 + (3\mu_a + (1-g)\mu_s)\mu_c = R_c/3 + D. \quad (4)$$

This integral probability [e.g., Fig. 2(a) right] takes into account the diversity of the different radial patterns of the polarized backscattered channel measurements. A radial descriptor $R_c$ has been defined in Ref. 13 for linear polarization channels:

$$R_c = \int_0^\infty \frac{P(R)\text{d}R}{\int_0^\infty P(R)\text{d}R} = 0.9. \quad (3)$$

It has been adopted here for general elliptical polarization channels because it allows accounting for both radial extension of the backscattered signal and the diversity of the intensity profiles. The evolution the radial descriptor $R_c$ has been analyzed in the same way as $Z_c$.

### 3 Results and Discussion

A complete correlation between the two descriptors has been found: Fig. 3 gathers all the simulation results obtained under the large range of optical properties, for both descriptors.

The influence of optical properties and different polarizations on the relation between the MVD and the radial intensity distribution are summarized in this figure, with a description previously introduced by Liu et al.13 These results are consistent with those reported in Ref. 13, though for linear polarization and with a different depth indicator. To our knowledge, the present study reports for the first time that this behavior is maintained whatever the polarization. The correlation between the two descriptors is very linear for different maintaining polarizations and even for depolarized light. A linear curve can be fitted with the data having a slope 0.33, an ordinate at the origin of 0.34, and standard deviation of 0.10. Note that all results were obtained by considering an infinitely narrow pencil beam with normal incidence to the surface. The slope of this curve has to be considered as a maximum value as the depth accessible under a non-normal incidence illumination will be shallower. Interestingly, one can thus express in synthesized form the following approximation, when all quantities are expressed in metric units:

$$Z_c \approx R_c/3 + (3\mu_a + (1-g)\mu_s)\mu_c = R_c/3 + D. \quad (4)$$

Fig. 2 (a) Examples of (left) histograms of mean visitation depth (MVD) and (right) probabilities $P$ for backscattered photons emerging at radial distances $R$, for different maintained polarizations [● linear, ■ elliptical ($\epsilon = 0.05\pi$), ▲ elliptical ($\epsilon = 0.1\pi$), ◊ elliptical ($\epsilon = 0.15\pi$), ● circular ($\epsilon = 0.25\pi$), ▲ = 0.25$\pi$ for all simulations, and + depolarized light] on a MFP$^\prime$ scale ($\mu_s = 0.5$ cm$^{-1}$, $\mu_c = 100$ cm$^{-1}$, $g = 0.8$: 1 MFP$^\prime = 488 \mu$m). (b) Evolution of the depth-descriptor $Z_c$ for depolarized light (cross-linear measurement) as a function of $\mu_s$, $\mu_c$, and $g$. (c) Evolution of $Z_c$ with different polarizations [same markers as (a)] as a function of $\mu_s$, $\mu_c$, and $g$.

Fig. 3 Evolution of $Z_c$ (probed depth) as a function of $R_c$ (radial extension of the backscattered intensity). Color code represents the polarization state: linear (dark blue), elliptical ($\epsilon = 0.05\pi$) (clear blue), elliptical ($\epsilon = 0.1\pi$) (turquoise), elliptical ($\epsilon = 0.15\pi$) (green), circular ($\epsilon = 0.25\pi$) (orange) [$\epsilon = 0.25\pi$ for these simulations], depolarized (red). Three different markers are used for the different optical parameters: absorption coefficient $\mu_a$ (×), scattering coefficient $\mu_s$ (△), and anisotropy factor $g$ (O). Inset: Zoom in the region probed by polarized light. Red line: fitting curve obtained by linear regression.
where $D$ is the diffusion constant as defined in the diffusion approximation. We have thus introduced a general formula linking the radial extension of the measurable backscattered intensity to the depth extension of the probed volume, whatever the polarization channel used. Moreover, as the optical properties (anisotropy factor, absorption, and scattering coefficients) can be retrieved by analyzing the morphology of the backscattered polarized signals, one can estimate the value of MFP (or equivalently $D$). This leads unambiguously to an estimation of the probed depth by measuring $R_c$.

The limited depth extension of the volumes probed with different polarization channels is clearly highlighted with the chosen color code. It is shown that polarization maintaining channels will probe volumes larger as the polarization ellipticity increases. One can also verify that there is no intersection between volumes probed by depolarized and by polarized light. Interestingly, to illustrate this purpose, one can plot (Fig. 4) the evolution of the maximum and minimum values of $Z_C$ as a function of the polarization ellipticity $\epsilon$, tuning the optical components in order to select a given polarization channel allows to probe scattering media up to specific depths, well defined if the optical properties are known.

To fix the ideas, specific calculations have been done for different types of tissues such as skin or brain tissues. The choice of the tissues is motivated by the fact that, for these tissues, conventional two-dimensional (2-D) intrinsic optical imaging techniques is the main optical technique used. In these cases, the present imaging technique could offer new opportunities in probing selectively the depth of these tissues allowing a more precise identification of the sources of the measured signal. The results of the calculations are summarized in Table 1.

This paper has shown that the use of elliptical polarization allows selection of photons which probed a specific depth, in a range defined by: (1) a minimum depth obtained by measuring the linear polarization maintaining signal; and (2) a maximum depth with the circular polarization maintaining signal. This allows tuning elliptical polarization in order to select a given probed depth under the condition of known optical properties. Furthermore, it was demonstrated that the probed depth is fully related to the backscattered radial extension for all polarizations. The relation found for different polarized illuminations applies also to depolarized light. The formulation allows prediction of the expected probed depth if the optical properties of the tissue are known.

### Conclusion

This paper has shown that the use of elliptical polarization allows selection of photons which probed a specific depth, in a range defined by: (1) a minimum depth obtained by measuring the linear polarization maintaining signal; and (2) a maximum depth with the circular polarization maintaining signal. This allows tuning elliptical polarization in order to select a given probed depth under the condition of known optical properties. Furthermore, it was demonstrated that the probed depth is fully related to the backscattered radial extension for all polarizations. The relation found for different polarized illuminations applies also to depolarized light. The formulation allows prediction of the expected probed depth if the optical properties of the tissue are known.

### Table 1

<table>
<thead>
<tr>
<th>Tissue</th>
<th>Absorption coefficient $\mu_a$ (cm$^{-1}$)</th>
<th>Scattering coefficient $\mu_s$ (cm$^{-1}$)</th>
<th>Anisotropy factor $g$</th>
<th>MFP (µm)</th>
<th>Linear $Z_C$ [MFP]</th>
<th>Elliptical $\epsilon = 0.1\pi$ $Z_C$ [MFP]</th>
<th>Circular $Z_C$ [MFP]</th>
<th>Multiple scattering $Z_C$ [MFP]</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example$^a$</td>
<td>0</td>
<td>100</td>
<td>0.92</td>
<td>100</td>
<td>7.7</td>
<td>769.5</td>
<td>1476</td>
<td>1677</td>
</tr>
<tr>
<td>Human skin</td>
<td>3.2</td>
<td>168.6</td>
<td>0.81</td>
<td>59.3</td>
<td>3.4</td>
<td>200.1</td>
<td>271.8</td>
<td>5.8</td>
</tr>
<tr>
<td>Pork skin</td>
<td>1</td>
<td>492.6</td>
<td>0.95</td>
<td>20.3</td>
<td>12.7</td>
<td>256.9</td>
<td>476.6</td>
<td>26.0</td>
</tr>
<tr>
<td>Aorta</td>
<td>0.52</td>
<td>316.4</td>
<td>0.87</td>
<td>31.6</td>
<td>4.5</td>
<td>142.3</td>
<td>249.7</td>
<td>9.2</td>
</tr>
<tr>
<td>Gray matter</td>
<td>2.7</td>
<td>357.1</td>
<td>0.94</td>
<td>28</td>
<td>9.1</td>
<td>254.9</td>
<td>477.9</td>
<td>18.8</td>
</tr>
<tr>
<td>White matter</td>
<td>2.2</td>
<td>534.8</td>
<td>0.82</td>
<td>18.7</td>
<td>3.8</td>
<td>70.1</td>
<td>102.8</td>
<td>6.6</td>
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<tr>
<td>Uterus</td>
<td>0.35</td>
<td>393.7</td>
<td>0.69</td>
<td>25.4</td>
<td>2.6</td>
<td>65.9</td>
<td>77.3</td>
<td>3.5</td>
</tr>
</tbody>
</table>

$^a$Which is an example representing the most favorable situation for light penetration in depth in biological tissues (nonabsorbing, forward scattering). These values are also those used by Stockford et al. in their simulations.
investigated medium and the illumination polarization are known. The formulation is valid for a wide range of optical parameters and for all polarization channels.

References