Resolution in the ApoTome and the confocal laser scanning microscope: comparison

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Abstract. The essential feature of the confocal laser scanning microscope (cLSM) is the generation of optical sections by the removal of out-of-focus light. About ten years ago, structured illumination microscopy (SIM) was introduced as an alternative method for obtaining optical sections from biological specimens. Here we compare the resolution of the ApoTome (commercial SIM by Zeiss) to that achieved by a cLSM (Zeiss LSM 510). If fluorescent beads are used as test objects, then the ApoTome will achieve a lower axial resolution than the cLSM. In contrast to that, its lateral resolution scores slightly better. If subresolution homogeneous fluorescent layers are used as test objects, then the ApoTome will achieve a higher axial resolution than the cLSM. The ApoTome’s axial resolution is homogeneous over the field-of-view while that of the cLSM changes markedly. Finally, the anisotropy of the ApoTome’s resolution was found to be negligible for standard applications while its capability to resolve fine structures within stained tissue slices is limited to one or two cell layers and thus worse than in the cLSM.

Keywords: confocal microscopy; structured illumination microscopy; point spread function; resolution.

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1 Introduction

In 1997, a new concept of microscopy appeared that allowed the rejection of out-of-focus light.1 Differently from confocal optics, this method neither requires a laser as excitation source nor pixelwise scanning of the object. Instead, a single spatial frequency grating placed in the microscope’s field stop plane is projected into the focal plane within the specimen so that the excitation intensity $I(x,y)$ is distributed as follows:

$$I(x,y) = I_0 + I_s \cos(2\pi \frac{gx + \phi_0}{\lambda}),$$

with $I_0$ and $I_s$ being constants, $g$ the normalized grid frequency ($g = \frac{M\lambda \nu_g}{NA}$), $M$ the magnification between object plane and grid, $\lambda$ the wavelength, $\nu_g$ the grid frequency, NA is the numerical aperture, and $\phi_0$ is an arbitrary phase. Figure 1 shows the underlying principle. From the three images $I_1$, $I_2$, and $I_3$, taken at grid positions $\phi_0$, $\phi_0 + \frac{2}{3} \pi$, and $\phi_0 + \frac{4}{3} \pi$, the optically sectioned image, $I_s$, is obtained by calculating

$$I_s = \frac{\sqrt{2}}{3} \left( \frac{I_1 - I_2}{2} + \frac{I_2 - I_3}{2} + \frac{I_3 - I_1}{2} \right),$$

and the conventional image can be recovered by

$$I_{con} = \frac{1}{3} \sum_{i=1}^{3} I_i.$$
Qiophiq's OptiGrid) with a standard confocal laser scanning system is as yet lacking.

Here we therefore quantitatively analyze the imaging performance of the ApoTome under various aspects and compare it to that of a commercial confocal microscope (LSM 510).

2 Materials and Methods

2.1 Microscopes

For epifluorescence measurements, we used either an AxioObserver.Z1 or an Axiosvert 200M (both Zeiss, Jena, Germany) equipped with a 40×/1.2W C-Apochromat or a 63×/1.4 Oil Plan-Apochromat, and the Zeiss-filter sets 10, 49, 38 HE, 43, and 32. The AxioVision software (Zeiss, V. 4.6 or 4.4) was used to operate the microscope and readout of the charge-coupled device (CCD)-camera (AxioCam MRm, pixel size 6.45 μm×6.45 μm, 1388×1040 pixels or AxioCam HR, 6.7 μm×6.7 μm, 1300×1030 pixels). The illumination source was either a 120-W metal halide short-arc lamp (Exfo, Mississauga, Canada) or a xenon arc lamp (XBO 75).

For structured illumination measurements, the ApoTome slider was introduced into the field-stop plane of one of the above microscopes. Thereby, one of two available rectangular-shaped gratings was inserted into the field-stop plane: either a grid with \( n_{\text{VH}} = 17.5 \) lines/mm or a grid with \( n_{\text{VL}} = 35 \) lines/mm. “VH” stands for the designated use with “high” magnification objectives, and “VL” stands for the designated use with “low” magnification objectives in an Axiosvert microscope. If the 63×/1.4 Oil Plan-Apochromat objective and \( \lambda = 500 \) nm are used, the corresponding normalized grid frequencies are \( \nu_{\text{VH}} = 0.15 \) and \( \nu_{\text{VL}} = 0.29 \). Grid phase and focus calibration were performed prior to each experiment. For a z-stack, 60 sectioned images at 100-mm distance were taken. The acquired image stacks were exported as 16-bit TIFF images.

For cLSM measurements, the laser scanning unit LSM 510 (Zeiss) was attached to an Axiosvert 100M that was equipped with the same objectives as above. The 488-nm laser line was used for excitation. Pinhole calibration was performed before every experiment. The pixel size was set to 71 nm×71 nm for the measurement of point-spread functions (PSFs), or to 285 nm×285 nm for measuring subresolution homogeneous fluorescent layers. Sixty images at 100-mm axial distance were taken. The cLSM setup was controlled by the LSM 510 software (V 3.2). Images were taken at 12 bit and exported as 12-bit TIFF files.

2.2 Test Objects: Fluorescent Beads, Layers, and Thin Dendrites

InSpeck Green microspheres (175±5 nm) with a fluorescence coating (\( \lambda_{\text{ex}} = 505 \) nm, \( \lambda_{\text{em}} = 515 \) nm, Invitrogen, Karlsruhe, Germany) were used to measure PSFs. The experimentally determined PSFs are the result of the convolution of the test object (bead) with the imaging system transfer function and thus always affected by the test object’s dimension. While the PSFs’ axial extensions are nearly unaffected by this convolution, the lateral extensions are slightly higher than the actual microscope’s resolution in the given high NA regime. The beads used are hence a compromise with respect to the available signal. The beads were dissolved in 70% ethanol, pipetted onto a cover slip, and allowed to dry. Mounting medium (15 μL Component E, Invitrogen, Karlsruhe, Germany) was then added and gently sealed by covering it with an object slide.

In order to measure how a subresolution homogeneous fluorescent layer in the object plane is imaged, we used reference layers fabricated as 100-nm thick fluoresceine/ perylenedimidl layers, which had a refractive index of \( n_0 = 1.59 \).

As test objects for anisotropic axial resolution, we prepared cell-cultures with small, straight-grown dendrites. The cell-culture preparation was done as described by Gennerich and Schild. Measurements were carried out within five to ten days after plating. Prior to the experiments, the cultures were loaded for 15 min with 100 μM calcine-acetoxyethyl ester (Invitrogen, \( \lambda_{\text{em}} = 514 \) nm at pH 7.8), which was dissolved in dimethylsulfoxide (DMSO) and Pluronic F-127 (Invitrogen). The final concentrations of DMSO and Pluronic F-127 did not exceed 0.5 and 0.1%, respectively.
2.3 Tissue Preparation

Larvae of *Xenopus laevis* (stage 54 and older) were chilled in a mixture of ice and water and decapitated as approved by the Göttingen University Committee for Ethics in Animal Experimentation. A block of tissue containing the anterior two-thirds of the olfactory bulb was extripated and glued onto the stage of a vibroslicer (VT 1000S; Leica, Bensheim, Germany). A tissue slice of \( \approx 300-\mu \text{m} \) thickness containing the glomerular layer was cut out and transferred to a patch clamp setup. The whole cell configuration was established, and the cell was loaded \( \approx 1 \text{ min} \) with Alexa Fluor 488 biocytin (Invitrogen). After another \( 20 \text{ min} \), the tissue block was turned upside down and imaged under the ApoTome and the cLSM by using an axial stepwidth of 1.5 \( \mu \text{m} \) (overview) or 0.45 \( \mu \text{m} \) (selected positions).

Multicolour tissue visualization was prepared in four subsequent steps. (i) For tracing olfactory nerve fibers, some crystals of Alexa Fluor 488 biocytin were placed into the cut olfactory nerve of chilled tadpoles and the lesion was closed by using an axial stepwidth of 1.5 \( \mu \text{m} \) (overview) or 0.45 \( \mu \text{m} \) (selected positions).

(ii) A solution containing Alexa Fluor 546 biocytin was injected into the olfactory tract, and the tissue was incubated for another 2 \( h \). Then, the tissue block was fixed in 4\% formaldehyde in 0.1 M phosphate buffered saline (PBS) for \( \approx 2 \text{ h} \), washed in PBS (\( 3 \times 10 \text{ min} \)), embedded in agarose, glued onto the stage of a vibroslicer (VT 1000S; Leica, Bensheim, Germany), and cut into slices of \( 70-\mu \text{m} \) thickness. (iii) The slices were incubated in PBS containing 1\% bovine serum albumin (BSA) for 30 \text{ min} at room temperature. Then, they were incubated overnight in Alexa Fluor 647 Phalloidin (Invitrogen) (5 \( \mu \text{L} \) from methanol stock solution) in 200 \( \mu \text{L} \) of PBS with 1\% BSA. (iv) For further staining with 4,6-diamidino-2-phenylindole (DAPI) (Invitrogen), the slices were washed 3 \( \times \) 10 \text{ min} in PBS and incubated for 15 \text{ min} in a mixture of 1 \( \text{mL} \) of PBS and 2 \( \mu \text{L} \) of DAPI stock solution. After washing in PBS \( 5 \times 10 \text{ min} \), they were mounted on object slides with DAKO Cytomation (Hamburg, Germany) Fluorescence Mounting Medium S3023.

2.4 Solutions

2.4.1 Bath solution

The composition of the bath solution was (in mM): NaCl, 98; KCl, 2; CaCl\(_2\), 1; MgCl\(_2\), 2; glucose, 5; sodium pyruvate, 5; and 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES), 10. The pH was adjusted to 7.8 because this is the physiological pH in this poikilothermal species.\(^9\)

2.4.2 Pipette solution

The composition of the intracellular solution was (in mM): NaCl, 2; KCl, 11; MgSO\(_4\), 2; K-gluconate, 80; HEPES, 10; ethylene glycol tetraacetic acid, 0.2; Na\(_2\)ATP, 2; and Na\(_2\)GTP, 0.2. The osmolarity was adjusted to 190 mOsm, and the pH to 7.8.

2.4.3 PBS

The composition of the 0.1 M PBS solution was (in mM): NaCl, 27.4; KCl, 0.54; Na\(_2\)HPO\(_4\), 1.6; and KH\(_2\)PO\(_4\), 0.28. The pH was adjusted to 7.4.

All chemicals required for the solutions above were purchased at Sigma (Deisenhofen, Germany).

2.5 Analysis

Data analysis was done by using programs written in Matlab. In order to determine the PSFs, single-bead images were cropped. The lateral resolution was obtained from a 2-D-Gaussian fit to the center-of-gravity (COG) plane. The axial resolution was obtained from a 1-D-Gaussian fit to the column containing the COG. \( \chi^2 \) did not improve if the theoretically more precise descriptions for the axial and lateral PSF behavior are used.\(^10\) The cropped PSFs were then aligned to the COG with subpixel precision and summed up.

Our Matlab Sectioned Image Property chart (SIPchart) analysis\(^6\) allowed freely selectable binning filters and free choice of a number of fit functions. Thus, ApoTome data were fitted by using a skewed Gaussian, where the \( z \) coordinate was assumed to follow \( z' = z \exp(-s z) \), with \( s \) being the skew factor, and \( f = I_0 \exp(-z'^2/2\sigma^2) \). cLSM data were fitted by using a skewed Lorentzian with \( f = I_0 \sigma^2/(\sigma^2 + 4z'^2) \).

3 Results and Discussion

3.1 Lateral Resolution

We measured the PSFs of fluorescent beads by using a 63X/1.4 Oil Plan-Apochromat objective (Zeiss) in order to compare the resolving power of the ApoTome with epifluorescence and confocal microscopes.\(^21\) The radial and the axial projections of the resulting PSFs are shown in Fig. 2 for epifluorescence [Fig. 2(a)], for the ApoTome with the VH grid or VL grid [Figs. 2(b) and 2(c)], and for the cLSM [Fig. 2(d)]. There is no significant difference between the ApoTome and the standard epifluorescence microscope with regard to lateral resolution, whereas the cLSM’s PSF was slightly broader. Two noncommercial implementations of structured illumination\(^22\) are reported to have a lateral resolution higher than this. Note that SIM as realized in the ApoTome is not a linear-shift invariant system [cf. Eq. (2)]. Thus, it is not possible to describe the process of obtaining an ApoTome image in terms of the PSF for the general case. To this end, a set of fluorescent test samples containing all spatial frequencies in a defined manner would be required. Karadaglic and Wilson\(^13\) showed that in the case of defocus the features around the frequency \( v \) are enhanced. This effect appears in the interaction between the object’s zeroth spatial frequency and the frequencies close to \( v \). The PSF is still a useful measure of the resolution though less informative when imaging complex structures.

The resolution of the cLSM is determined by the size of the emission pinhole, and for maximally closed pinholes, theory predicts an improvement of \( \sqrt{2} \) over epifluorescence,\(^23\) where 95% of the in-focus light is rejected by the pinhole. A pinhole size of \( d_p = 1 \) Airy unit (A.U.) is often considered a good compromise between resolution and detected light intensity.\(^24\) If, in this case, the backfocal plane (BFP) is illuminated homogeneously, then the lateral resolution of the
cLSM should outperform epifluorescence by $\lambda_{cm}/\lambda_{\text{ax}}$. In our measurements, the cLSM’s lateral resolution fell behind that of epifluorescence or the ApoTome: $d_{\text{EF/VH/VL}}\cdot 1.1 = d_{\text{cLSM}}$. This may be explained, first, by the Gaussian intensity profile in the BFP, which reduced the effective NA. A second explanation is that the axial resolution is distributed spatially inhomogeneous (see below).

3.2 Axial Resolution

It is customary to determine a microscope’s axial resolution with fluorescent beads. Fluorescently labelled biological objects are however often rather densely, almost homogeneously stained, so that a fluorescent layer would seem a more adequate test object to determine axial resolution. Here we start by using beads as test objects, and will then use subresolution homogeneous fluorescent layers.

The axial resolution determined with beads differed markedly in the three microscopes analyzed. The full-width-at-half-maximum (FWHM) values of the axial Gaussian fits (Fig. 2, lower row) clearly show (i) that the ApoTome’s axial resolution is better than that of the epifluorescence microscope, (ii) that the ApoTome’s axial resolution depends on the grid used, and (iii) that the ApoTome’s axial resolution with the VL grid is about the same as that of the cLSM (at a pinhole diameter of $d_p=1 \text{ A.U.}$). In conventional epifluorescence, the bead images show the characteristic butterfly-shaped side lobes as predicted by electromagnetic wave theory. These are clearly reduced in the ApoTome. If the finer grid (VL) is used, then the ApoTome yields a 33% advantage over conventional epifluorescence and matches the cLSM’s resolution.

Figure 3 shows the axial resolution (i) of the cLSM as a function of the pinhole diameter, (ii) of the ApoTome equipped with the VH grid ($\nu_{\text{VH}}=0.15$), (iii) of the ApoTome equipped with the VL grid ($\nu_{\text{VL}}=0.29$), and (iv) of epifluorescence. Fluorescently labelled biological objects are however often rather densely, almost homogeneously stained, so that a fluorescent layer would seem a more adequate test object to determine axial resolution. Here we start by using beads as test objects, and will then use subresolution homogeneous fluorescent layers.

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rescence illumination determined with beads [Fig. 3(a)] and layers [Fig. 3(b)]. If the axial resolution was determined with beads, then the use of the ApoTome’s VH grid corresponds to $d_p = 1.5$ A.U. in the cLSM, whereas the use of the VL grid corresponds to $d_p = 1$ A.U. Certainly, with increasingly smaller pinhole sizes, there is a marked increase in resolution (e.g., $0.43 \pm 0.14 \mu m$ at $d_p = 0.4$ A.U.). This outperforms the ApoTome’s best bead resolution. It can also be seen from Fig. 3 that for large pinhole sizes ($d_p > 2$ A.U.), the cLSM shows worse axial resolution than the epifluorescence microscope due to the Gaussian illumination of the BFP in the cLSM (i.e., due to the effect that the effective NA in the cLSM is lower than the nominal one, which is indicated on the objective barrel (here, 1.4)].

If the axial resolution is determined with subresolution homogeneous fluorescent layers, then the VL grid of the ApoTome will have about twice the resolution compared to the VH grid. This is expected from the twice-finer-grid structure and the corresponding cutoff frequency. Under these conditions, the ApoTome achieves a better resolution than the cLSM with a pinhole at minimum diameter [Fig. 3(b)]. For these comparisons, we took into account the bigger field of view of the cLSM by cropping a field of view corresponding to the size of the ApoTome’s field of view from the cLSM image. Because the axial resolution in the cLSM varied with the distance from the optical axis (see Section 3.3), the centerline of the crop stack was determined by the highest resolution.

### 3.3 Spatial Inhomogeneity of Axial Resolution

To investigate the possibility that the axial resolution was spatially inhomogeneously distributed, one can either measure bead PSFs at multiple distances from the optical axis (which is rather impractical) or use SIPcharts. These are generated from image stacks of a subresolution homogeneous fluorescent layer.

The SIPchart intensity distribution clearly showed radial symmetry both for the cLSM [Fig. 4(a)] and for the ApoTome [Fig. 4(b)]. Moreover, the axial resolution in the cLSM was highly correlated with the radial intensity distribution [Fig. 4(c)]. The symmetric shape can be ascribed to spherical and chromatic aberrations, while the off-axis resolution maximum can presumably be attributed to a slightly imperfect pinhole.
Remarkably, there is a difference of ≈250 nm (22% or $\lambda/2$) between the best resolved regions at the intensity maximum and the worst resolved regions [see Fig. 4(c)]. Thus, the radial symmetry of and the change in axial resolution indicate that the specific position in the field of view in a cLSM image determines at which precision a subcellular structure can be resolved. Contrary to the cLSM, the ApoTome’s axial resolution appears to be quite homogeneous, the deviations being $<\lambda/10$.

Interestingly, another feature of the ApoTome can be derived from the SIPcharts shown in Figs. 4(b) and 4(d): both reveal an artifact stripe pattern, which may result from stage vibrations leading to nonstationary imaging of the grid into the sample, imprecise phase shifts of the grid, bleaching of the grid pattern into the sample, or intensity fluctuations of the illumination arc source. The AxioVision software includes a digital filter that removes certain spatial frequencies in the Fourier domain. We found that the so-called weak filter was the best to remove the stripe artifacts under most imaging conditions. But the SIPcharts produced with the “weak filter” setting led to a substantial loss in axial resolution, namely, $1.2 \pm 0.03 \ \mu m$ versus $1.0 \pm 0.02 \ \mu m$ (VH) and $0.69 \pm 0.05 \ \mu m$ versus $0.61 \pm 0.05 \ \mu m$ (VL). Certainly, it can be expected that spatial low-pass filtering reduces spatial resolution. Because the AxioVision filtering algorithms are not documented, the user applying a spatial filter to remove the stripe artifacts must find out, empirically, the impact of the filter used on axial resolution.

### 3.4 Anisotropy of Resolution

The ApoTome’s grid-shaped illumination being 1-D modulated suggested that its axial resolution might by anisotropic. To test this, we measured the axial extensions of small and straight fluorescence-labeled neuronal dendrites in cell culture, taking the angle between dendrite and grid pattern as the parameter (Fig. 5). The lateral extensions of the dendrites were virtually independent of their orientation with respect to the grid [350 ± 5 nm (parallel) and 347 ± 5 nm (orthogonal), mean ± sd]. In contrast to that, the axial extension of dendrites oriented in a parallel way was significantly larger than that of dendrites oriented in an orthogonal way, with the angle dependency of the axial resolution being rather steep, assuming the value for orthogonal dendrites for less than $\alpha=3$ deg (Fig. 5).

### 3.5 Deep-Tissue Imaging

Because it is of practical relevance how well an optical sectioning technique works within stained biological tissue, we stained mitral cells of the olfactory bulb with Alexa Fluor 488 biocytin through a patch pipette. Maximum projections in (a) $xy$, (b) $xz$, and (c) $yz$ calculated from a stack of cLSM images. The color is used to code the $z$ coordinate (see color bar). In addition, images were taken from the same tissue volume with the ApoTome. (d) Comparison of ApoTome optical sections (left column) and cLSM sections (right column) taken at the planes a, b, and c as indicated in the maximum projections (a=10 µm, b=27 µm, c=58 µm). At $z=27$ µm, the ApoTome image is markedly corrupted from noise caused by the brightly stained soma above the focal plane. At greater depths, in the ApoTome the noise becomes dominant with increasingly low contrast (see scale bar) while the cLSM still yields high contrast images with a contrast nearly as high as in the ApoTome at $z=10$ µm.

**Fig. 6** A mitral cell in the olfactory bulb loaded with Alexa Fluor 488 biocytin through a patch pipette. Maximum projections in (a) $xy$, (b) $xz$, and (c) $yz$ as indicated in the maximum projections (a=10 µm, b=27 µm, c=58 µm). At $z=27$ µm, the ApoTome image is markedly corrupted from noise caused by the brightly stained soma above the focal plane.
biocytin through a patch pipette and imaged the same cells by using the cLSM 510 and the ApoTome (Fig. 6). Morphological details close to the surface of the tissue can be resolved equally well in the ApoTome and the cLSM (plane a of Fig. 6), but in greater depths (planes b and c of Fig. 6) the ApoTome images show increased blur and noise. In plane b, for instance, the image plane cutting a dendrite is well below the cell’s soma. The dendrite cut is clearly seen in both the ApoTome and the cLSM, but in addition, the ApoTome image shows a blurry spot, which is not seen in the cLSM image, reporting the noise originating from the soma above that plane; this is because the ApoTome, though taking into account out-of-focus light while calculating an optical section, does not remove the noise of out-of-focus light. At imaging depths of several cell layers, the noise component becomes dominant in the ApoTome, preventing the acquisition of feature-rich images; at the same depth in the same preparation, the cLSM can still extract tiny structures (plane c of Fig. 6). This is of course due to out-of-focus photons being confocally suppressed in the cLSM. In the ApoTome in contrast, the grid pattern projected onto the focus plane is increasingly superimposed by scattered light at greater depth. Moreover, its in-focus modulation is correspondingly attenuated with stronger staining; these effects are not taken into account by Eqs. (1–3).

### 4 Conclusion

#### 4.1 Resolution

The ApoTome can achieve a better lateral resolution than the cLSM. The axial resolution of the ApoTome is in the same range as the confocal one, depending on the particular conditions. If bead PSFs are measured close to the cover slip surface and under standard conditions \( d_p = 1 \) A.U., then the axial resolution of the cLSM will be superior \( d_{c,\text{VL}} = 0.78 \) µm, \( d_{c,\text{cLSM}} = 0.66 \) µm. If a subresolution fluorescent layer is measured, then the axial resolution of the ApoTome (with the VL grid) is superior \( d_{c,\text{VL}} = 0.61 \) µm, \( d_{c,\text{cLSM}} = 0.86 \) µm at \( d_p = 1 \) A.U. and \( d_{c,\text{cLSM}} = 0.75 \) µm at \( d_p = 0.4 \) A.U.

#### 4.2 Homogeneity of Resolution

Both cLSM and ApoTome show a radial distribution of excitation light intensity in the object plane. In the cLSM, the axial resolution varies markedly with radial symmetry, whereas the axial resolution in the ApoTome is rather constant, the deviations being in the order of \( \lambda / 10 \).

#### 4.3 Penetration Depth

The projection of both grid pattern or laser excitation onto the object plane within a tissue slice is affected by scattering in the tissue. Furthermore, the modulation amplitude of the grid pattern strongly depends on the integrated axial fluorescence intensity. In the cLSM, only the light coming directly from the focal volume is projected through the exit pinhole onto the photon detector. This way, out-of-focus light is mostly rejected. Because this spatial filtering effect is lacking in the ApoTome, images are increasingly deteriorated with increasing tissue depth, depending on the scattering within the tissue and staining intensity. Additionally, in the ApoTome, noise is counted as information. Because the ApoTome is a wide-field technique, the Poissonian noise contribution of any fluorescing probe in the beam path will be present in the optically sectioned image. The cLSM (or two-photon excitation microscopy) is thus preferred for imaging within slices or tissue blocks.

#### 4.4 Acquisition Speed

Both systems, cLSM and ApoTome, are notoriously slow. In the ApoTome, the CCD readout rate, the number of color channels, and the necessity of taking three images for one are the major limiting factors, whereas in the cLSM, the image
acquisition rate can be increased by choosing a smaller field of view and a shorter pixel dwell time, both at a certain cost.

4.5 Bleaching
The ApoTome is prone to patterned bleaching. In observation mode, the manufacturer tries to avoid patterned bleaching by sinusoidally moving the grid. But once the acquisition has started in the three images equal-phase-shift approach, half of the specimen is illuminated two-thirds of the three-image acquisition time, whereas the other half is illuminated one-third of the total acquisition time. This creates patterned bleaching with three times the grid frequency.\footnote{8,11} This artifact can be reduced at the cost of axial resolution.

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