Three-dimensional printed miniaturized spectral system for collagen fluorescence lifetime measurements

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Abstract. Various types of collagens, e.g., type I and III, represent the main load-bearing components in biological tissues. Their composition changes during processes such as wound healing and fibrosis. When excited by ultraviolet light, collagens exhibit autofluorescence distinguishable by their unique fluorescent lifetimes across a range of emission wavelengths. Here, we designed a miniaturized spectral-lifetime detection system as a noninvasive probe for monitoring tissue collagen compositions. A sine-modulated LED illumination was applied to enable frequency domain fluorescence lifetime measurements under three wavelength bands, separated via a series of longpass dichroics at 387, 409, and 435 nm. We employed a lithography-based three-dimensional (3-D) printer with <50 μm resolution to create a custom designed optomechanics in a handheld form factor. We examined the characteristics of the optomechanics with finite element modeling to simulate the effect of thermal (from LED) and mechanical (from handling) strain on the optical system. The geometry was further optimized with ray tracing to form the final 3-D printed structure. Using this device, the phase shift and demodulation of collagen types were measured, where the separate spectral bands enhanced the differentiation of their lifetimes. This system represents a low cost, handheld probe for clinical tissue monitoring applications. © 2016 Society of Photo-Optical Instrumentation Engineers (SPIE) [DOI: 10.1117/1.JBO.21.7.075001]

Keywords: spectral-lifetime; collagen; frequency domain; three-dimensional printing.

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1 Introduction

Collagen composition in the tissue’s extracellular matrix (ECM) varies during many processes such as wound healing, fibrosis, and aging. In wound healing, specifically, ECM is disrupted by the act of wounding and injury. In addition, the proliferation and remodeling phase of wound healing involves a change from immature type III collagen to the stronger type I collagen.1–4 Monitoring collagen transition during these processes, then, can provide important information about wound maturity and strength. Current techniques to visualize and quantify changes in tissue collagen types rely on immunohistochemistry and polarized picrosirius staining under the microscope.5–8 Unique methods such as laser-induced fluorescence and multi-photon excitation are becoming popular as label-free detection techniques, which have already been applied to ocular, skin, and liver tissue microscopies,9–17 in addition to our previous work on differentiating collagen types via fluorescence lifetimes.18 However, these aforementioned techniques are not designed for clinical use, and their bulk and complexity reduce their usability in applications such as wound monitoring and noninvasive detections. Motivated by the benefits and limitation of noninvasive techniques, we designed a compact, low-cost optical system based on frequency domain fluorescence lifetimes to measure tissue collagen (Fig. 1). Three dimensional (3-D) printing was employed to prototype such miniature optical systems, while the optical components including dichroic, lenses, and filters were selected with a diameter of 0.5 in., creating an overall cylindrical device dimension of ~1.5 in. × 3 in.. Thermal and mechanical characteristics of the 3-D printed optomechanics were analyzed using finite element analysis (FEA) and found to have minimal effects on ray tracing. Sine-modulated excitation and spectrally separated frequency domain emissions were then digitized and analyzed in MATLAB9 to calculate their lifetimes. Our results showed that such compact, spectral-lifetime detection system balances the portability with specificity for differentiating collagen types, in a package that is suitable for tissue monitoring applications.

1.1 Collagen Spectral Lifetime

Autofluorescence from collagen is commonly observed in fluorescence microscopy. The primary fluorophores contributing to collagen’s fluorescence are pyridinium, tyrosine, and phenylalanine groups,19–22 which can be affected by crosslinking, glycation, and their compositions in different types of collagens.23–25 The effects of these multiple fluorophores can be seen in the lifetime of the collagen fluorescence, with evidence that lifetime also varies across the emission spectrum.26–28 Spectral-lifetime detection, then, can help distinguish the compositions of collagen types in a mixed environment such as tissue or the skin. A simplified model of spectral-lifetime fluorescence can be described as

\[
I(\lambda, t) = \sum_{i=1}^{n} a_i(\lambda) e^{-\frac{t}{\tau_i}},
\]

where \(a_i(\lambda)\) is the amplitude of each component, ~1.5 in. × 3 in., © 2016 SPIE
where the values of $\alpha_i(\lambda)$ represent the relative contribution of the $i$'th fluorophore at wavelength $\lambda$. The frequency response is typically measured at several wavelengths resulting in wavelength-dependent phase angle and the modulation values.\(^{29}\)

We observed that under the same illumination, collagens have varying fluorescence lifetimes corresponding to different wavelength bands.\(^{4}\) We hypothesize that under these conditions there will be certain wavelength bands that augment the fluorescence lifetime separation of different collagens. To investigate this possibility, we divided the fluorescence emission into three channels using three dichroics at 387, 409, and 435 nm. For wound healing applications, tissue collagen composition changes from type III to type I. The aforementioned bands cover the peak, shoulder, and tail portion of the autofluorescence spectra of both collagens.

1.2 Optomechanics Rapid Prototyping Via Additive Manufacturing

Additive manufacturing has been widely popularized for rapid prototyping in recent works, including 3-D printed optical systems. Despite the limited spatial resolution and plastic built material in current commercial printers, there are already efforts in testing and characterizing 3-D printing for optical systems and optomechanical components.\(^{30}\) Other optics and photonics applications include structured 3-D phantoms,\(^{31}\) optofluidics,\(^{32}\) as well as miniaturized microscopy,\(^{33}\) in addition to numerous bioengineering applications. However, a high-resolution printer is necessary in our micro-optics design, where half inch optics need to be precisely aligned in a miniaturized setup. A 1° change in the dichoric orientation, e.g., would incur a focal change on the order of 400 $\mu$m, which is a significant portion of the 1.5-mm-diameter photodiode used in this micro-optic system. To address this, a digital light processing (DLP)-based lithography 3-D printer with 43-$\mu$m resolution is employed to prototype the micro-optics. DLP lithography is a 3-D printing method that uses an ultraviolet light to photo-crosslink a liquid polymer substrate.\(^{34}\) Models built with CAD drawing program can be easily inserted into the software for the 3-D printer. This compact professional printer can give us 585-dpi print resolution or 43-$\mu$m resolution, with a layer thickness of 30 $\mu$m. Unlike an extrusion-based method where models are printed line-by-line, DLP 3-D printing is imaged layer-by-layer, and the resolution does not affect the print speed. Only several hours of printing, without machining, are required to prototype our device with complex internal structure within those geometric accuracies.

1.3 Frequency Domain Lifetime

Fluorescence from biomolecules, such as tissue collagens, can be modeled as a decay event with a characteristic impulse response function specific to particular fluorophores. This impulse response function can be measured in time domain using a short excitation pulse, or using a time-varying sinusoidal intensity in frequency domain.\(^{1,35,36}\) The frequency domain method preserves the modulation frequency of the sinusoid, while changing the modulation amplitude and phase as a function of the specific fluorophore’s impulse response decay. This is analogous to a linear time-invariant system encountered in electrical circuits. Considering the portable nature of our application, frequency domain technique is a lower complexity, cost-effective alternative for monitoring biological tissues compared to time-domain method.\(^{31,38}\) Optimum modulation frequencies for tissue structural proteins such as collagens and elastin range from 10 to 100 MHz.\(^{39}\) This lowers the requirements for the LED driver electronics, photodetector amplifier responses, and signal digitization and recording speeds.\(^{40,41}\) A single, portable USB multichannel digital storage oscilloscope (DSO) can perform the acquisitions for both the excitation and emissions waveforms. Using the phase $\Delta\phi$ and modulation $m$ from oscilloscope measurements, two lifetimes can be calculated and combined via multiexponential models, at particular wavelengths, to find characteristic lifetimes of a sample.

Fig. 1 Schematics of the 3-D printed probe for tissue collagen differentiation. (a) The prototype system comprises the micro-optics system, LED, photodiode, driver electronics, USB oscilloscope, and a tablet for data analysis. It is designed to measure tissue collagen compositions via frequency domain fluorescence detections. (b) A 3 in. $\times$ 1.5 in. prototype micro-optics mount was enabled by (c) 3-D stereolithography printing with <50-$\mu$m resolution. (d) By leveraging both spectral and lifetime spectroscopy, the prototype can provide better differentiation of the different types of collagen, e.g., I and III.
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Fig. 2 Spectral-lifetime micro-optics system setup. Three 45 deg longpass dichorics at 387, 409, and 435 nm separate the system into four stages. All lenses were designed as $f = 4.2$ mm condenser lenses to simplify the design. The first stage filters and collimates the 357-nm LED light onto the dichroic and subsequently focuses it on a fluorescence sample, e.g., skin, at a fixed geometry described by the lens’ focal length and a cavity within the 3-D printed mount. Emission and scattering are collected through the same exact optical axis to maximize coupling, while the 387-nm dichroic removes the scattering intensities.

Table 1 Component list of the system.

<table>
<thead>
<tr>
<th>Components</th>
<th>Type</th>
<th>Part</th>
<th>Specifications</th>
<th>Diameter</th>
<th>Volt</th>
<th>Price ($)</th>
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<td></td>
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<td></td>
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<tr>
<td>Lenses</td>
<td>Condenser</td>
<td>ACL108</td>
<td>$f = 4.2$ mm</td>
<td>10 mm</td>
<td></td>
<td>16.8</td>
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<td></td>
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<td></td>
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<tr>
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<td>LED</td>
<td>Digikey 537-1092</td>
<td>$\lambda = 365$ nm</td>
<td>4.4 mm</td>
<td>4.1 V</td>
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<tr>
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<td>Chroma T387lp</td>
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<td>300</td>
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<td></td>
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<td></td>
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<tr>
<td>Optoelectronics</td>
<td>Photodiode</td>
<td>Thor FDS025</td>
<td>$\lambda = 400–1100$ nm</td>
<td>5.4 mm</td>
<td>20 V</td>
<td>30</td>
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<tr>
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<td>Condenser</td>
<td>ACL108</td>
<td>$f = 4.2$ mm</td>
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<td></td>
<td>16.8</td>
</tr>
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<td>420 nm band</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
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<td>Photodiode</td>
<td>Thor FDS025</td>
<td>$\lambda = 400–1100$ nm</td>
<td>5.4 mm</td>
<td>20 V</td>
<td>30</td>
</tr>
<tr>
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<td>Condenser</td>
<td>ACL108</td>
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<td>10 mm</td>
<td></td>
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<tr>
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<td>Photodiode</td>
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<td>$\lambda = 400–1100$ nm</td>
<td>5.4 mm</td>
<td>20 V</td>
<td>30</td>
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<tr>
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<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Computer</td>
<td>Tablet</td>
<td>Dell Venue 8 Pro</td>
<td>MATLAB®</td>
<td>8 in.</td>
<td>5 V</td>
<td>250</td>
</tr>
<tr>
<td>Oscilloscope</td>
<td>USB</td>
<td>Virtins 2820R</td>
<td>200 MHz</td>
<td></td>
<td>5 V</td>
<td>250</td>
</tr>
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</table>

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\[ \tau_\phi = \omega^{-1} \tan \Delta \phi \]  

(2)

and

\[ \tau_m = \omega^{-1}(m^{-2} - 1)^{1/2}. \]  

(3)

In this study, the characteristic lifetimes of collagens at three wavelength bands were quantified to provide the ability for spectral-lifetime discrimination.

2 Method

2.1 Miniaturized Optics

The system was based on free space optics with a common optical path for the excitation and the emission intensities to optimize coupling and increase signal (Fig. 2). It achieved spectral-lifetime measurements by breaking up incoming intensity into three different bands via a series of longpass dichroics. Specifically, the bands were separated by longpass dichorics at 387, 409, and 435 nm. The first two bands, referred to here on as the 400 and 420 nm bands at their center wavelengths, correlated to the fluorescence emission profiles of collagens I and III. A wavelength above 435 nm, referred to here on as >435 nm band, can help to remove noncollagen backgrounds.

First, the modulated LED light source was filtered by a 357-nm, 44-nm bandpass filter and collected by an aspherical condenser lens to couple light toward the top surface of the first dichroic (387 nm, longpass). The 357-nm light was then reflected by dichroic toward the lens at the sample. This excitation was illuminated on a fluorescence sample at a fixed geometry dictated by the 3-D printed cavity and the lens’ focal length. The resultant emission and scattering were collected reversely through the same lens geometry and filtered through the same dichroic, removing nonfluorescent scattering below 387 nm. Similar to aforementioned LED/first dichroic stage, the emission light was directed onto two other dichroics at the prescribed longpass wavelengths. Each of the subsequent three wavelength bands was then focused by an aspherical condenser lens onto a fast, PIN photodiode. The complete list of optical and electronic components is described in Table 1.

2.2 Custom Built Optomechanics

To house the optical system, a tube was designed as two halves split down the center of its vertical orientation, with several joints added on to provide the mating surface [Fig. 3(a)]. The three dichroics dividing the system into four stages were designed with minimal distance from each other, allowing several millimeters for LED, heatsink, PIN photodiode alignment, and mounting only. The shorter component distances, common axis, and free space design of the micro-optics system ensure minimal coupling loss in a miniaturized package.

The coupling of the system can be interpreted by the optical power measured at various stages in the micro-optics system. A cellulose-based paper business card was used for coupling measurements due to its similarity in excitation/emission wavelengths as collagen and its strong fluorescence (Table 2). The power of the LED module going into the optics and the resultant power at the sample plane were measured as \( I_0 \) and \( I_{\text{coupled}} \), respectively, for the excitation stage. The resultant fluorescence from the paper was then measured with a calibrated spectrometer at their appropriate wavelengths. The \( I_{\text{coupled}} \) for each band was then measured after the appropriate dichroics and lenses, at the respective photodiode positions.

2.3 Thermal and Mechanical Finite Element Analysis

The design of the 3-D printed optomechanical system was evaluated by both thermal and mechanical analyses using a 3-D CAD model of the device and FEA. Initially, a 3-D model of the micro-optics system was constructed in CAD software (Inventor, Autodesk Inc.). The model was then discretized into a mesh geometry that was constrained and joined by nodes. The mesh model was then applied in the thermal and mechanical analyses with appropriate governing equations.

Table 2 Measured coupling at different stages of the micro-optics system.

<table>
<thead>
<tr>
<th>Stages</th>
<th>( I_0 ) (( \mu )W)</th>
<th>( I_{\text{coupled}} ) (( \mu )W)</th>
</tr>
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<tbody>
<tr>
<td>Excitation</td>
<td>19.9</td>
<td>16.2</td>
</tr>
<tr>
<td>Paper$^a$</td>
<td>400 nm</td>
<td>0.16</td>
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<tr>
<td></td>
<td>420 nm</td>
<td>0.12</td>
</tr>
<tr>
<td></td>
<td>&gt;430 nm</td>
<td>0.11</td>
</tr>
</tbody>
</table>

$^a$Paper as a fluorescent sample, 350 mA amplitude LED excitation.

Fig. 3 3-D optomechanics system and FEA parameters. (a) The gray components represent the optical tube mounts and LED/photodiode adapters that were 3-D printed. The blue and gold colored filters represent the % longpass dichroics at prescribed wavelengths. The transparent orange shapes are 10-mm condenser lenses to provide the focusing and collimation for each stage. The overall dimension of the tube, not including the adapters, is around 1.5 in. × 3 in. (b) Device thickness was varied in simulation. (c) Mechanical loading on device was modeled after normal gripping (162 N) and adequate contact on sample/skin (25 N).
3-D thermal strain was computed by specifying the thermal properties of the material (such as specific heat and thermal conductivity) and applied conditions (such as heat flux and temperature boundary conditions). In addition to stress and strain, the 3-D temperature distribution was also obtained. FEA for both transient thermal and steady state thermal analyses was conducted using ANSYS. Similar to the thermal analysis, external mechanical loads from device handling were applied to the discretized finite element mesh in combination with defined material properties, to allow for numerical determination of strain at each elemental node and the stresses within each element. The deformations subsequent to both thermal and applied mechanical loading were determined for several combinations of structural and material considerations.

2.4 Finite Element Analysis Parameters Investigated

The primary heating load for the device came from the LED that generated the incident light prior to contacting the tissue. The LED was obtained from Digikey (537-1092-1-ND) capable of 1 A current at 4.1 V. Based on our system coupling characterizations and typical tissue fluorescence emission (Table 2), we designed the LED with a maximum modulation of 200 mA to maintain photodiode intensities around a fraction of μW. Since current LED efficiency peaked at 40% especially for blue wavelengths, the joule heating was estimated at 0.5 W. Thus the analysis was carried out by applying a heating load of 0.5 W to all surfaces directly exposed to the LED. Various structural thicknesses were investigated using this thermal modeling [Fig. 3(b)].

Contrary to the single thermal load, the detection system was subject to multiple mechanical loads. The device is to be held by a clinician, which is translated into two forces applied perpendicular to both sides of the device. Based on studies of hand-held device in “Key Pinch” positions, right-handed males at 20 to 24 years of age had an average key pinch strength of 36.5 lbf or 162 N (90th percentile of this demographic). Thus, we simulated a load of 162 N to both sides of the device [Fig. 3(c)]. Additionally, the device was designed to come into contact with the patient’s body during normal operation. Therefore, it was assumed that the frontal load on the device would be no more than 15% of the gripping strength, or 25 N applied at the front of the device [Fig. 3(c)]. Various thicknesses were investigated using this mechanical loading model.

Our stereolithography technique is limited by its print material, unlike the array of available plastics in extrusion-based 3-D printing techniques. To investigate whether material choice is a factor in our printed geometry, we simulated the structure using three different materials—VisiJet® Green, polyactic acid (PLA), and acrylonitrile butadiene styrene (ABS). VisiJet is the material used in our stereolithography printer, while PLA and ABS are available in extrusion-based 3-D printers. Along with the variation of the material type, four wall thicknesses—2.54, 3.175, 3.81, and 4.45 mm (0.1 in., 0.125 in., 1.5 in., and 1.75 in.)—were also investigated to determine the optimal dimension for each material.

2.5 Optical Ray Tracing

The ray tracing program TracePro (Lambda Research) was used to model the light propagation in the device and demonstrate the feasibility of optical system. This was done on a geometry with the optimal wall thickness as characterized from the thermal and mechanical FEAs. Due to the common path of the fluorescence excitation and emission employed in this design, the ray tracing was broken into two parts—excitation and emission geometries. Only the geometric optics without scattering or multiple reflections were modeled. Four wavelengths—one excitation and three for each emission bands—were simulated separately in the ray tracing. The positions of the optics and the optimal material thickness from FEA were adjusted to optimize the ray tracing toward the smallest spot sizes to ensure maximum coupling.

2.6 Frequency Domain Method

The prototype was applied to the detection of collagen I and III samples (dried fiber from bovine origin obtained from Sigma Aldrich, catalog numbers C9879-1G and C0078 for type I and III, respectively). During data acquisition, the raw emission signals from the photodiodes were digitized by the USB oscilloscope. To remove nonlinear DC offsets from different scaling and frequencies of the raw signals, offsets from dark readings (LED turned off) at specific measurement conditions were subtracted from the raw data before fitting and data processing. This process allowed more accurate calculations of the phase shift angles and modulation depths, without peak uncertainties, amplitude drifts, and waveform asymmetries from one part of the raw data to another. Raw data of 2 × 10⁴ points were acquired by the oscilloscope, segmented into 1250 points strings, and averaged together to provide a working data length. This self-averaging allowed for faster data acquisition while averaging over data jitters. FFT was done on this data length to extract the phase and modulation components at the particular frequency that was scanned. Frequencies at 10, 20, 30, 40, 50, and 60 MHz were scanned, and 10 sets of frequency scans were done for each sample being measured. All of the data acquisition and signal analysis were done within MATLAB® (Mathworks, Inc.) with vendor supplied hardware drivers.

After the phase angles and modulation depth ratios were calculated from 10 through 60 MHz, the data were fitted to a multieponential model, where the fluorescence impulse response function was described in Eq. (1). Thus, the fractional intensity observed in the usual steady-state measurement due to each component in the multieponential decay is

\[
f = \frac{\alpha_i \tau_i}{\sum_j \alpha_j \tau_j},
\]

where \(\sum f_i = 1\). Lifetime can be finally calculated as

\[
\tau = \sum f_i \tau_i.
\]

2.7 Electronics and Data Acquisition

The optoelectronics and data acquisition of the system were designed to achieve optimal portability. A custom LED driver circuit and switchable photodiode transimpedance amplifier were initially designed for the micro-optics system. However, both prototype boards were too large at 1 in. × 3 in. dimensions and not suitable for integration. Therefore, the biophotonics results were finally obtained by guiding an LED source modulated at 10 to 60 MHz (Thorlabs DC3100-365) to the micro-optics system via a 0.22-NA 600-μm UV solarized fiber
cable (Stellarnet). Similarly, the emissions after each dichroic were manually guided to an avalanche photodiode (Thorlabs APD120A2) with $2.5 \times 10^3$ V/W gain via 600-μm fiberoptics.

Digitization of both the LED trigger signal and photodiode signal was provided by USB DSO (Virtins DSO-2820R). $2 \times 10^5$ sample data at 2 GS/s were acquired within the DSO’s software. Raw data were imported into MATLAB® for FFT analysis and calculation of the fitted two exponential decay models as described earlier. All computer controls were performed on a Dell Venue 8 Pro tablet running Windows 10. The entire portable package, including the computing unit, battery, and micro-optics, weighed less than 4 pounds and can fit in a small suitcase (Fig. 1).

3 Result and Discussion

Thermal and mechanical FEA were conducted before the devices were printed. Both models showed negligible deformations, which did not lead to loss of optical performance. The geometry was further optimized with ray tracing to form the final 3-D printed structure. After calibration of the devices, lifetimes of type I and III collagens in the three wavelength bands were measured and calculated.

3.1 Thermal Finite Element Analysis Results Indicate Negligible Strain

As stated earlier, the thermal analysis was carried out with the assumption that all surfaces exposed to the LED underwent a heat flow of 0.5 W. All temperature gradients were localized near the LED emitter, as the plastic material is expected to have low thermal conductivity. A temperature probe was placed on the cylinder surface below the LED emitter and its readings were plotted for the different materials in Fig. 4(a). During our modeling, temperature distributions remained within 2.54 mm of the wall thickness. Thus, thermal analyses were only carried out at a wall thickness of 2.54 mm for each material.

A clear difference in the materials’ response to the heating load can be observed. Over a period of 60 s, VisiJet® FTX Green was clearly the superior choice in terms of heat dissipation. Furthermore, ABS was the most inferior material with respect to thermal performance, reaching a temperature over 110°C after 60 s. The device is expected to be operated in short measurement durations, e.g., several seconds each for the three channels and dark noise readings, totaling up to 10 s or so of continuous operation. At these conditions, the PLA and VisiJet temperatures stayed below the typical scalding temperatures for contact, which would be reached at 60°C after 20 s. Thus, by considering only the thermal characteristics, it is evident that PLA and VisiJet® FTX Green were comparable options for the device’s structural material. It should be noted that all materials showed negligible thermal strain for their respective maximum temperatures reached. Therefore, the thermal characteristics of various materials were only considered from an operator’s safety and comfort perspective rather than the functional optomechanics perspective.

3.2 Mechanical Finite Element Analysis Results are Comparable to Other 3-D Printings

On the other hand, the device was subject to the mechanical loading conditions described in the FEA parameters section. The device experienced deformation along multiple axes during the simulation. However, only the deformation that occurred normal to the main optical axis of device appeared to be significant. Deformation along other axes of the device were minute and evenly distributed, so any lateral distortions to the optical mounts and dichroic were negligible. To compare the various materials, the maximum interior deformations of the device were plotted for various wall thicknesses in Fig. 4(b). All three materials observed the same amount of deformation for wall thicknesses of 2.54 and 3.175 mm. When the wall thickness increased beyond 3.175 mm, a noticeable difference across the various materials occurred. Notably, all materials had deformation that leveled out at thickness above 3.81 mm. Based on lowest stress-strain curve, PLA was the ideal choice for the structural components, followed by ABS and then VisiJet® FTX Green. In addition, 3.81 mm was the optimal thickness for PLA and ABS, while no improvements were observed for VisiJet with thickness above 3.175 mm for the designed optomechanics geometry.

Post-FEA, all subsequent designs and builds using our Projet 1200 stereolithography printer adopted a 3.175-mm thickness.

![Fig. 4](https://www.spiedigitallibrary.org/journals/Journal-of-Biomedical-Optics Vol. 21(7) July 2016 • 075001-6)

**Fig. 4** Thermal and mechanical FEA for wall thickness and materials in 3-D printing. To compare the materials between stereolithography and extrusion-based 3-D printing, ABS, PLA, and VisiJet Green (3-D Systems) were investigated for thermal distribution and mechanical deformation in the designed geometry. (a) Temperature gradient localized around the LED emitter showed that ABS developed higher temperatures than PLA or VisiJet Green. Temperature measured in VisiJet material remained below 60°C after 20 s of typical LED operation. (b) Maximum deformation inside the micro-optics housing is plotted at different wall thicknesses for the three printing materials. All materials have similar deformations below 3.175 mm, while ABS maintains the lowest deformation at higher wall thicknesses.
3.3 Ray Tracing for Optical Optimization

At the optimal wall thickness modeled in the thermal and structural analyses of the photonic reader device, there were no observable effects upon the ray tracing performance of the device. The deformations of the housing and the subsequent relative motions of the optical components still resulted in appropriate optical quality and performance, as simulated through the optical ray tracing. Furthermore, to ensure minimal coupling losses, the distances between parts were optimized to produce ray tracing with the smallest spot sizes.

Ray tracing of the excitation stage was modeled separately from the rest of the system to simplify the common axis for fluorescence in the optomechanical design [Fig. 5(a)]. A 365-nm light from the LED passed through an excitation filter and a condenser lens, reflected from a 45-deg dichroic, and was focused on a sample through a second condenser lens. Due to the finite size of the LED emitter (2.3 mm), its image at the sample was adjusted relative to the focal length of the condenser lens in order to achieve a focused spot of 2.6 mm [Fig. 5(b)].

Next, the emission stages corresponding to the three detection bands were modeled in ray tracing using 400, 420, and 435 nm wavelengths [Fig. 6(a)]. The resultant intensity showed spot sizes of 1.8, 1.5, and 1.5 mm diameters at the detector planes of the 400, 420, and >435 nm stages, respectively [Fig. 6(B)]. After the ray tracing analysis, the CAD design was updated for 3-D printing. The final 3-D printed geometry represented the optimized structure that provided the smallest spot size via ray tracing.

3.4 Frequency Domain Phase Shift Results

For both collagen samples measured, the phase shift angles rose with increasing frequency with an inverse tangent profile, Figs. 7(a) and 7(b), consistent with Eq. (2). Higher phase shift denotes to longer lifetime at a particular frequency. Upon closer examination of the differences between the three channels, the first channel always resulted in the lowest phase shift. At higher frequencies, 420-nm band phase shift rose above that of the >435 nm band for collagen I, but the two bands overlapped across frequencies for collagen type III.

3.5 Frequency Domain Demodulation Results

For both collagen samples measured, the modulation depth ratios decreased with increasing frequency following a decay profile [Figs. 7(c) and 7(d)], which was consistent with Eq. (3). At a particular frequency, deeper demodulation generally denotes a longer lifetime. As a trend, collagen I had

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Fig. 5 Optical ray tracing simulation of the excitation stage. Excitation ray tracing is simulated from the LED source through filter, lenses, dichroic, and finally the sample. (a) Profile view of the ray tracing for the excitation stage. (b) Total irradiance map on the surface of sample. The light spot is around 2.6 mm × 2.6 mm, which is close to the size of LED light source of 2.3 mm, represented by the square box.

Fig. 6 Optical ray tracing simulation of the emission stages. Emission ray tracing is simulated from the sample, through the optical system and to target photodiodes for each detection band. (a) Profile of ray tracing with the diameter of fluorescence light source at 2.6 mm. (b–d) represent the total radiance on photodiodes, which have size of 1.8, 1.5, and 1.5 mm, respectively. The circles provide references to the actual photodiode sensor area.
shallower demodulation than collagen III. Specifically, modulation depth ratios showed more separation between 400 and 435 nm bands, as the measurements showed consistent, smaller standard deviations.

### 3.6 Frequency Domain Lifetime

To differentiate the lifetimes of type I versus type III collagen for the three spectral channels, phase and demodulation data were fitted in a two-exponential decay model and tabulated in Table 3.

In the table, $\tau_\phi$ is the phase shift lifetime, $\tau_m$ is the demodulation lifetime, and $\tau$ is the apparent lifetime. Apparent lifetimes were calculated using a minimization function that weighted both phase and demodulation data according to their standard deviations. Spectral-lifetime results in Table 3, which ranged between 2 and 4 ns for type I and 3 and 5 ns for type III, compared well with lifetime measurements from other collagen autofluorescence reports.\textsuperscript{16–18,46,47}

Lifetimes increased from 400 nm, to 420 nm, and to above 435 nm for both collagens. Collagen III had a longer lifetime compared to collagen I.

![Graphs showing frequency domain results for spectral-fluorescence separation of collagen I/III.](image)

**Fig. 7** Frequency domain results for spectral-fluorescence separation of collagen I/III. Collagen I results are shown in the left hand column (a and c), while collagen III results are shown in the right (b and d). For both the phase (top row) and modulation (bottom row) graphs, the 400, 420, and >435 nm bands are plotted as blue, green, and red, respectively. 400 nm bands showed phase and modulation results consistent with shorter lifetimes for both types of collagen. Phase results for collagen I, (a), are smaller than that of collagen III, (b), but collagen III flattens out above 30 MHz. Similarly, modulation results for collagen I, (c), are shallower than that of collagen III, (d). Generally, bands for collagen type I are further separated, while collagen type III has more overlaps and crossovers.

### Table 3 Calculated lifetimes for collagen I and III at multiple bands.

<table>
<thead>
<tr>
<th>Type</th>
<th>Lifetime</th>
<th>400 nm</th>
<th>420 nm</th>
<th>&gt;435 nm</th>
<th>TD Ref.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Col I</td>
<td>$\tau_\phi$ (ns)</td>
<td>2.2767 ± 0.0442</td>
<td>2.9151 ± 0.0516</td>
<td>2.8211 ± 0.0430</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$\tau_m$ (ns)</td>
<td>3.0007 ± 0.1769</td>
<td>3.8135 ± 0.2552</td>
<td>4.4541 ± 0.0955</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$\tau$ (ns)\textsuperscript{a}</td>
<td>2.6484 ± 0.0599</td>
<td>3.4559 ± 0.1116</td>
<td>4.1067 ± 0.1310</td>
<td>~3 ns</td>
</tr>
<tr>
<td>Col III</td>
<td>$\tau_\phi$ (ns)</td>
<td>2.3380 ± 0.0926</td>
<td>2.7091 ± 0.1024</td>
<td>2.9145 ± 0.0544</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$\tau_m$ (ns)</td>
<td>4.3116 ± 0.3625</td>
<td>4.9300 ± 0.1649</td>
<td>5.6041 ± 0.1655</td>
<td></td>
</tr>
<tr>
<td></td>
<td>$\tau$ (ns)\textsuperscript{a}</td>
<td>3.2600 ± 0.1462</td>
<td>4.8088 ± 0.1954</td>
<td>5.3316 ± 0.1626</td>
<td>~4 ns</td>
</tr>
</tbody>
</table>

Note: Time domain (TD) references provided for comparison.

\textsuperscript{a}Apparent lifetimes via two-exponential fitting.
than collagen I. In our results, both spectral intensities and lifetimes contribute to the separation of the collagen I versus III. A 400-nm band had higher signal intensities in general, but smaller lifetime differences between the collagen types, while 420-nm band had lower signal intensities but greater lifetime differences. In the application of wound healing monitoring, where closed wound undergoes collagen remodeling from type III to type I collagens, the emission intensity will be reduced, and 400-nm band should provide an important measurement due to its higher intensity. However, 420-nm band should provide a better lifetime contrast despite its lower intensity. By leveraging both channels for spectral-lifetime detection, more precise differentiation, and thus accurate monitoring of tissue collagen can be achieved.

4 Future Works

Despite efforts to miniaturize the optomechanics structure, the prototype LED driver and photodiode transimpedance amplifier circuitry still required significant space. Additional embedded solutions are needed to provide further electronics integration. Moreover, data acquisition was done manually with DS0’s software and imported into MATLAB. A simple graphical user interface should make system operation user-friendly and less prone to errors. Additional structural mechanics such as the handle housing and wiring have yet to be implemented as well. The low intensity in actual tissue applications may require the use of avalanche photodiodes, which require higher bias voltages. Finally, multiple excitation wavelengths may be possible in the same optical train by the use of multicolored LED diodes, which may broaden the available tissue fluorophores to detect, e.g., nicotinamide adenine dinucleotide.

The collagens used in this article are purified fibrous proteins and intended as a proof of concept of the miniaturized probe. We have noticed different sources of proteins, e.g., skin and tendon, as well as different preparations and solutions greatly affect collagen autofluorescence lifetimes. An extensive tissue-based study is necessary to provide confidence in the frequency-domain technique as a diagnostic tool, similar to efforts in time-domain studies. In clinical applications, we envision the probe to be calibrated for individual patient’s baselines, e.g., a person’s normal skin versus healing wound. The relative differences of tissue collagens for that patient will then be the measurement instead of an absolute lifetime value, where the dynamics of the measurements over time provide diagnostic information rather than static snapshots.

In this study, the miniature spectra-lifetime system was applied to the detection of type I versus III collagen, which are the major parameters of tissue remodeling in a closed wound. In the future, such portable spectral-lifetime system can be applied to clinical detection of advanced glycation end-products in diabetic skin, tissue fibrosis, and scarring in wounds, and collagen/elastin compositions in aging skin, among others.

5 Conclusion

A miniaturized optical system was designed for spectral-lifetime measurements of collagens I and III. The system was comprised of a small tablet and USB DS0, LED, photodiode elements, and a 3-D printed optomechanic structure, well-suited to portable detection applications. Thermal and mechanical FEA demonstrated negligible deformations during expected operation and handling of the device. Ray tracing further optimized the 3-D printed optomechanics structure. Type I and III collagen lifetimes were measured across three spectral bands with our device and were distinguished from each other. We found that 400 nm band gave higher signal intensity while the 420 nm band provided greater lifetime differences between collagen I and III. In tissue applications where low autofluorescence is combined with minute differences in collagen composition, multiple spectral channels with lifetime measurements may allow better collagen detections than either one along. The 3-D prototyped miniature system has the potential to provide clinicians with a useful yet simple to use device for tissue collagen detections.

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