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Transvaginal fast-scanning optical-resolution photoacoustic endoscopy

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Yuan Qu,a,b,† Chiye Li,a,b,† Junhui Shi,c,† Ruimin Chen,d Song Xu,e Hasan Rafsanjani,e Konstantin Maslov,c Hannah Krigman,c,† Laura Garvey,c Peng Hu,a,b,‡ Peinan Zhao,a Karen Meyers,a Emily Diveley,a Stephanie Pizzella,a Lisa Muench,a Nina Punyamurthy,a Naomi Goldstein,a Oji Onwumere,a Mariana Alisio,a Kaytelyn Meyenburg,a Jennifer Maynard,a Kristi Helm,a Janessia Slaughter,a Sabrina Barber,a Tracy Burger,a Christine Kramer,a Jessica Chubiz,a Monica Anderson,a Ronald McCarthy,a Sarah K. England,a George A. Macones,a Qifa Zhou,d K. K. Kirk Shung,d Jun Zou,d Molly J. Stout,a,‡ Methodius Tuuli,a,* and Lihong V. Wangc,*

aWashington University in St. Louis, Department of Obstetrics and Gynecology, St. Louis, Missouri, United States
bWashington University in St. Louis, March of Dimes Prematurity Research Center, Department of Obstetrics and Gynecology, St. Louis, Missouri, United States
cCalifornia Institute of Technology, Caltech Optical Imaging Laboratory, Andrew and Peggy Cheng Department of Medical Engineering and Department of Electrical Engineering, Pasadena, California, United States
dUniversity of Southern California, NIH Ultrasonic Transducer Resource Center, Department of Biomedical Engineering, Los Angeles, California, United States
eTexas A&M University, Department of Electrical and Computer Engineering, College Station, Texas, United States
fWashington University in St. Louis, Department of Pathology and Immunology, St. Louis, Missouri, United States

Abstract. Photoacoustic endoscopy offers in vivo examination of the visceral tissue using endogenous contrast, but its typical B-scan rate is ~10 Hz, restricted by the speed of the scanning unit and the laser pulse repetition rate. Here, we present a transvaginal fast-scanning optical-resolution photoacoustic endoscope with a 250-Hz B-scan rate over a 3-mm scanning range. Using this modality, we not only illustrated the morphological differences of vasculatures among the human ectocervix, uterine body, and sublingual mucosa but also showed the longitudinal and cross-sectional differences of cervical vasculatures in pregnant women. This technology is promising for screening the visceral pathological changes associated with angio genesis. © The Authors. Published by SPIE under a Creative Commons Attribution 3.0 Unported License. Distribution or reproduction of this work in whole or in part requires full attribution of the original publication, including its DOI. [DOI: 10.1117/1.JBO.23.12.121617]

Keywords: optical-resolution photoacoustic endoscopy; fast scanning; microelectromechanical system scanning mirror; cervical imaging.

Vasculatures enable nutrient transportation, waste disposal, and immune surveillance. Due to the diverse functions of blood vessels, abnormally morphological vascular changes are often associated with the development of various diseases, including tumor growth and metastasis, inflammatory disorders, and pulmonary hypertension to name just a few. Many models linking vascular morphogenesis to the development of a particular disease have been developed for prognosis, diagnosis, or disease management. To apply these models in clinical assessment, however, a tissue biopsy from the lesion is needed. Because tissue biopsy is invasive and often not clinically feasible, technologies that provide in vivo noninvasive examination of vascular networks are clinically useful but generally do not have enough resolution and specificity to resolve microcirculation vessels.

Optical-resolution photoacoustic microscopy using endogenous optical absorption contrast enables in vivo vascular imaging with a capillary-level spatial resolution, and it has emerged as a major tool for inspecting morphological changes in the vascular network. Photothermal imaging (PAE), by miniaturizing the tabletop setup of photoacoustic microscopy, can reach organs in body cavities and noninvasively acquire visceral vascular images. These endoscopic devices use rotary scanners, which enable a large angular field of view, up to ~310 deg, but also constrain the B-scan rate to ~10 Hz. As a result, motion artifacts due to the natural in vivo movement of tissue (breathing movement, peristalsis, etc.) often appear in the endoscopic images. Thus, the development of new PAE systems with higher imaging speeds is a top priority to broaden its clinical application. Microelectromechanical system (MEMS) scanning mirrors have demonstrated their superior scanning speed, high accuracy, and simple system design in various biomedical imaging modalities. A water-immersible version with a small footprint has the potential to increase the imaging speed of PAE by an order of magnitude.

Here, we present a fast-scanning optical-resolution PAE (fsOR-PAE) that uses a custom-designed MEMS scanning mirror. The B-scan rate can reach 250 Hz over a 3-mm range, faster than the previous device by a factor of 10. This imaging speed allowed us to acquire visceral vascular images in humans in vivo, with a volumetric imaging speed of 0.75 Hz.

Figure is a schematic of our fsOR-PAE system. The system [Fig. 1(a)] is controlled by a custom-designed program written in LabVIEW (National Instruments). A fiber laser (V-Gen, VPFL-G-20) operates at 532-nm wavelength with a 500-kHz pulse repetition rate. We control the laser pulse energy by tuning a variable neutral density filter so that the optical fluence on the tissue surface is ~17 mJ/cm², below the American National Standards Institute safe exposure limit. A photodetector (Thorlabs, PDA36A) detects the light reflected from the neural density filter, and a voltage comparator connected to the photodetector generates a trigger for each laser pulse to synchronize the whole system. The laser beam is spatially filtered by a 50-μm diameter pinhole (Thorlabs, P500CH) before being coupled into a
single-mode optical fiber (Thorlabs, S405-XP). The fiber guides the light to the fsOR-PAE probe with an insertion tube 20 cm in length and 20 mm in diameter [Fig. 1(b)].

In the probe, the laser beam from the single-mode fiber is focused by a set of doublets (Thorlabs, AC064-015-A) and then transmitted through the center of a custom-designed focused ultrasonic ring transducer (40-MHz central frequency), achieving an acoustic-optical coaxial confocal alignment [Fig. 1(c)]. To optimize the optical and acoustic transmittances through the imaging window, a polymethylpentene membrane (CS Hyde, 33-3F-24) seals the imaging window, preventing leakage when the chamber of the probe is filled with distilled water for ultrasound coupling. A MEMS scanning mirror drives the scanning parallel to the cylindrical axis. AW, acoustic wave; LB, laser beam; MEMS, microelectromechanical system scanning mirror; SMF, single-mode fiber; UT, ultrasonic transducer.

To test the performance of the fsOR-PAE system, we imaged various human tissues to demonstrate the imaging capability of fsOR-PAE. All the human experiments followed protocols approved by the Institutional Review Board administered by the Human Research Protection Office at Washington University in St. Louis.

In an ex vivo demonstration, we imaged a uterus obtained from hysterectomy. Figures 4(a) and 4(b) show the vascular networks in the ectocervix and the serosal layers of the uterine body, respectively. A volume-rendered image is shown in Fig. 5 (Video 2). Viewed as a projection on the coronal plane, the blood vessels in the ectocervix are more likely to have a small aspect ratio and to be oriented toward the sagittal plane. In addition, the morphology of the vascular network clearly varies from one tissue to another. For example, blood vessels longer than 2 mm are absent in the ectocervix [Fig. 4(a)], but these long blood vessels can be easily found in the human edge spread function, the line spread function was computed and found to have a full width at half maximum of 3.1 μm, which represents the lateral resolution [Fig. 3(a)]. The axial resolution was estimated to be 46.5 μm, based on the photoacoustic signal detected from a tungsten wire (diameter: 14 μm) [Fig. 3(b)]. A metal grid (127-μm pitch and 37-μm bar width) [Fig. 3(c)] was imaged [Fig. 3(d)], and the average signal-to-noise ratio (SNR) was 33.2 dB. Figure 3(e) is a B-scan image in the plane highlighted by the dashed line in Fig. 3(d). Because the angular scanning of fsOR-PAE maps the detected photoacoustic signal in polar coordinates, we transform the data to Cartesian coordinates in image reconstruction. These results suggest that the fsOR-PAE system is capable of imaging structures on the micrometer scale.

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To test the performance of the fsOR-PAE system, we imaged tissue-mimicking phantoms. The lateral resolution of fsOR-PAE was quantified by imaging the edge of a sharp blade. From the edge spread function, the line spread function was computed and found to have a full width at half maximum of 3.1 μm, which represents the lateral resolution [Fig. 3(a)]. The axial resolution was estimated to be 46.5 μm, based on the photoacoustic signal detected from a tungsten wire (diameter: 14 μm) [Fig. 3(b)]. A metal grid (127-μm pitch and 37-μm bar width) [Fig. 3(c)] was imaged [Fig. 3(d)], and the average signal-to-noise ratio (SNR) was 33.2 dB. Figure 3(e) is a B-scan image in the plane highlighted by the dashed line in Fig. 3(d). Because the angular scanning of fsOR-PAE maps the detected photoacoustic signal in polar coordinates, we transform the data to Cartesian coordinates in image reconstruction. These results suggest that the fsOR-PAE system is capable of imaging structures on the micrometer scale.

In an ex vivo demonstration, we imaged a uterus obtained from hysterectomy. Figures 4(a) and 4(b) show the vascular networks in the ectocervix and the serosal layers of the uterine body, respectively. A volume-rendered image is shown in Fig. 5 (Video 2). Viewed as a projection on the coronal plane, the blood vessels in the ectocervix are more likely to have a small aspect ratio and to be oriented toward the sagittal plane. In addition, the morphology of the vascular network clearly varies from one tissue to another. For example, blood vessels longer than 2 mm are absent in the ectocervix [Fig. 4(a)], but these long blood vessels can be easily found in the human edge spread function, the line spread function was computed and found to have a full width at half maximum of 3.1 μm, which represents the lateral resolution [Fig. 3(a)]. The axial resolution was estimated to be 46.5 μm, based on the photoacoustic signal detected from a tungsten wire (diameter: 14 μm) [Fig. 3(b)]. A metal grid (127-μm pitch and 37-μm bar width) [Fig. 3(c)] was imaged [Fig. 3(d)], and the average signal-to-noise ratio (SNR) was 33.2 dB. Figure 3(e) is a B-scan image in the plane highlighted by the dashed line in Fig. 3(d). Because the angular scanning of fsOR-PAE maps the detected photoacoustic signal in polar coordinates, we transform the data to Cartesian coordinates in image reconstruction. These results suggest that the fsOR-PAE system is capable of imaging structures on the micrometer scale.

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sublingual mucosa. Additionally, we carefully investigated the imaged tissue to demonstrate the safety of fsOR-PAE. Standard hematoxylin and eosin stain on the imaged area after fsOR-PAE imaging showed no evidence of tissue damage, necrosis, or heat injury. After we validated the imaging capability and safety of fsOR-PAE, we tested this imaging modality on human subjects. Previous studies found that cervical remodeling during pregnancy was associated with increased vascularity. We enrolled two pregnant women and imaged the anterior surface of the ectocervix for our study. The first pregnant woman was imaged at 32 weeks of gestation and again at 36 weeks of gestation. In this subject, we did not observe a perceptible change of vascular aspect ratio or blood vessel orientation over this time frame. This patient is 30 years old, had two prior deliveries, and had an operative vaginal delivery for nonreassuring fetal status at 39 weeks of gestation in our study. We imaged a second subject to perform a between-subject comparison and noted that blood vessels in the ectocervix of subject 2 had a smaller aspect ratio than in subject 1 at the same gestational age (36 weeks). This patient is 24 years old, had one prior delivery, and labored at 38 weeks of gestation in our study.

To explore what physiological features can be quantified from the fsOR-PAE images, we extrapolate from the two vascular parameters that could have close relationships with cervical remodeling: (1) the microvessel density (the number of vessels per unit area) and (2) total microvascular area (the percentage of area occupied by blood vessels) as shown in Fig. Each parameter was calculated from five images measured from different areas. In the analysis, the blood vessels were segmented in three-dimensional (3-D) space, using a threshold set at three times the noise level, estimated as the standard deviation of the background signal outside the imaged region. The segmented outcomes were visually inspected and corrected if necessary. Our results show that the microvessel density is the more promising parameter for identifying the progress of cervical remodeling. The total microvascular area, however, is a more discriminatory parameter for classifying the type of tissue. Of course, these conclusions require validation in larger, blinded preclinical studies.

In summary, we have developed an fsOR-PAE system that can achieve a 250-Hz B-scan rate over a 3-mm scanning range. This research presents the first high-resolution imaging of the vascular network in the human cervix, and its...
capillary-level spatial resolution is beyond the scope of current clinical methods. Furthermore, with the development of artificial intelligence, emerging classification models may divulge latent information which is beyond human recognition, but more valuable for diagnosis than the conventional histomorphological quantities in the fsOR-PAE images.

Disclosures

K. Maslov has a financial interest in Microphotoacoustics, Inc. L. V. Wang has a financial interest in Microphotoacoustics, Inc., CalPACT, LLC, and Union Photoacoustic Technologies, Ltd., which, however, did not support this work.

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