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Abstract. An enhanced minimum mean-square-error (MMSE) frequency-domain (FD) fractionally spaced equalizer (FSE) for polarization demultiplexing is proposed in the presence of colored noise. The 2-norm of the estimated channel matrix and polynomial fitting of equalization coefficients are introduced to mitigate the colored noise without requiring knowledge of the optical and electrical filtering. Simulation results show that ~3-dB improvement of equalization performance is achieved compared to conventional MMSE FD-FSE in an 8 × 112-Gbit/s wavelength-division multiplexing polarization-division multiplexing-quadrature phase shift keying transmission system over a 1200-km single mode fiber link. © The Authors. Published by SPIE under a Creative Commons Attribution 3.0 Unported License. Distribution or reproduction of this work in whole or in part requires full attribution of the original publication, including its DOI: [DOI: 10.1117/1.OE.56.6.066116]

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1 Introduction
Polarization-division multiplexing (PDM) and wavelength-division multiplexing (WDM) have enabled high spectrum efficiency and channel capacity in optical transmission systems.1-3 In coherent optical transmission systems, polarization multiplexed signals are usually demultiplexed by using coherent detection and further recovered through digital signal processing (DSP). Due to its low computational complexity, frequency-domain equalizer (FDE) has been widely employed in digital coherent receivers.4-6 Considering the time-varying channel induced by the transmission link, channel estimation before performing FDE is usually required, and one of the most effective estimation approaches is periodical transmission of known training sequences (TSs). 7 Therefore, the FDE algorithms assisted by data-aided channel estimation, such as zero-forcing (ZF) equalizer and minimum mean-square-error (MMSE) equalizer, have attracted increasing interests. ZF equalizer can eliminate the crosstalk based on a weighted matrix. Such a method is relatively simple but does not consider the channel noise. Therefore, MMSE equalizer is proposed considering the channel noise, and a better equalization performance is obtained.8

Generally, the noise processed by the MMSE frequency-domain (FD) fractionally spaced equalizer (FSE) is assumed as additive white Gaussian noise (AWGN). However, due to the suppression of filters, the noise transmitted into the MMSE FD-FSE is no longer white but colored.9,10 In this case, the conventional MMSE FD-FSE based on AWGN would degrade the system performance. Therefore, an auto-correlation matrix of filtered noise is introduced into MMSE FDE to cope with colored noise in a known channel.11 On the other hand, MMSE FD-FSE for an unknown channel is studied as well by introducing knowledge of the optical and electrical filtering at the receiver.12

In this paper, an enhanced MMSE FD-FSE for the PDM coherent optical transmission system is proposed in the presence of colored noise. The 2-norm of the estimated channel matrix and polynomial fitting of equalization coefficients are introduced to mitigate the colored noise without requiring knowledge of the optical and electrical filtering. The proposed scheme is demonstrated in an 8 × 112-Gbit/s WDM PDM-quadrature phase shift keying (QPSK) transmission system over a 1200-km single-mode fiber (SMF) link. Simulation results show that ~3-dB improvement of equalization performance is achieved compared to conventional MMSE FD-FSE at the bit error rate (BER) of 10^-3.

2 System Model
PDM is an effective way to improve the transmission capacity, which makes the coherent optical transmission system equivalent to a 2 × 2 multiple-input multiple-output system13 as shown in Fig. 1.

Typically, the transmitted channel that is assumed to be linear or weakly nonlinear can be described by a matrix $H$. $H$ is dependent on the transfer functions of the pulse shaper, chromatic dispersion (CD) effect, polarization mode dispersion (PMD) effect, polarization-dependent loss (PDL) effect, optical and electrical filtering, etc.12 Usually, the channel matrix $H$ contains four submatrices (i.e., $H_{xx}$, $H_{xy}$, $H_{yx}$, and $H_{yy}$), and each submatrix is an $N \times N$ diagonal matrix. The diagonal elements of submatrices denote the transfer function of the corresponding channel.

In addition to the linear and nonlinear distortions of the channel, the transmitted signals could also be deteriorated by channel noise that is assumed as AWGN.14 Therefore, the received signals in FD can be expressed as

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where \( Y = HX + n \),

\[
Y = HX + n, \quad (1)
\]

where \( X^T = [X_x^T \ X_y^T] \) and \( Y^T = [Y_x^T \ Y_y^T] \). \( X \) and \( Y \) represent \( N \)-point fast Fourier transform (FFT) of the blocks of the time-domain transmitted signals and received signals, respectively. \( [\hat{n}]^T \) transposes the transpose of the matrix. \( n \) indicates the FD noise of the X-polarization and Y-polarization, which has been filtered by optical and electrical filters. Both \( X, Y \) and \( n \) are \( 2N \times 1 \) matrices.

Typically, optical and electrical filters are widely employed to reduce noise. In this case, the filtered noise \( n \) at the input of the MMSE FD-FSE is no longer white but colored. To accurately describe such filtered noise \( n \), the frequency response of filtering is also applied to the noise, and \( n \) can be expressed as

\[
n = K\hat{n}, \quad (2)
\]

where \( K = \begin{bmatrix} H_{RX} & 0_{N\times N} \\ 0_{N\times N} & H_{RY} \end{bmatrix} \), \( \hat{n} = [N_x^T \ N_y^T] \), where \( 0_{N\times N} \) denotes the \( N \times N \) null matrix. Submatrix \( H_{RX} \) is an \( N \times N \) diagonal matrix and its diagonal elements denote the frequency response of optical and electrical filtering. \( \hat{n} \) is the FD channel noise of the X-polarization and Y-polarization after filtering, which is usually assumed as AWGN.

The equalized FD signal \( \hat{X}_0 \) can be obtained by employing FDE and expressed as

\[
\hat{X}_0 = WY = \begin{bmatrix} W_{xx} & W_{xy} \\ W_{yx} & W_{yy} \end{bmatrix} \begin{bmatrix} Y_x \ Y_y \end{bmatrix}, \quad (3)
\]

where \( W \) is the equalization matrix that contains four submatrices (i.e., \( W_{xx}, W_{xy}, W_{yx}, \) and \( W_{yy} \)) and all of the submatrices are \( N \times N \) diagonal matrices, in which each diagonal element denotes the equalization coefficient of the corresponding frequency component. After equalization, \( \hat{X}_0 \) is converted into a time-domain signal by inverse FFT. Finally, the transmitted signals can be reconstructed by using carrier phase recovery and decision.

### 3 Enhanced Fractionally Spaced Equalization

As is well known, the FSE can realize low-timing phase sensitivity and reduce noise enhancement over symbol spaced ones.\(^9\) The enhanced MMSE FD-FSE is designed based on the detected signal\(^{12} \) \( \hat{X} \) that can be expressed as

\[
\hat{X} = \frac{1}{2} (X_0 + X_{\theta(\pi/2)}) = \frac{1}{2} (E^T G X + E^T \Omega \Psi), \quad (4)
\]

where \( E^T = [W \ W_{\pi/2}] \), \( G^T = [H^T \ H_{\pi/2}] \), \( \Psi^T = [\hat{n}^T \ \hat{n}_{\pi/2}^T] \)

\[
\Omega = \begin{bmatrix} H_{RX} & 0_{N\times N} & 0_{N\times N} \\ 0_{N\times N} & H_{RX} & 0_{N\times N} \\ 0_{N\times N} & 0_{N\times N} & H_{RY(\pi/2)} \end{bmatrix},
\]

where \([\cdot]_{\pi/2}^T\) expresses the aliasing terms that appear due to downsampling and means that the first and second half diagonal elements of the submatrix have been mutually exchanged.

MMSE FD-FSE is usually utilized to minimize the value of mean-square-error, and the error \( e \) between the transmitted signal and the detected signal is given as

\[
e = \hat{X} - X.
\]

Therefore, the cost function based on \( E \) containing equalization matrix \( W \) can be defined as

\[
J(E) = e^H e = 1 \quad \frac{1}{4} e^H (G^H E^* - 2I_{2N}) (E^T G - 2I_{2N}) X + \Psi^H \Omega^H E^* E^T \Omega \Psi + \Psi^H \Omega^H E^* (E^T G - 2I_{2N}) X.
\]

\[
J(E) = \frac{1}{4} \sigma_X^2 \cdot \text{tr}[(G^H E^* - 2I_{2N}) (E^T G - 2I_{2N})] + \frac{1}{4} \sigma_N^2 \cdot \text{tr}[\Omega^H E^* E^T \Omega],
\]

where \( \text{tr}[\cdot] \) denotes the trace of the matrix, \( \sigma_X^2 \) is the signal power, and \( \sigma_N^2 \) is the channel noise power.

To obtain the MMSE solution of \( E \), gradient calculation is defined by the partial derivative of the cost function as

\[
\nabla J(E) = 2 \frac{dJ(E)}{dE^*}.
\]

By setting the partial derivative of the cost function to zero, the matrix \( E \) can be written as

\[
E = 2\sigma_X^2 (\sigma_K^2 G^* G^{-1} + \sigma_N^2 \Omega^H \Omega)^{-1} G^*,
\]

where \([\cdot]^{-1}\) represents the inverse of the matrix.

After matrix operation, the MMSE fractionally spaced equalization matrix for each frequency tone \( k \) \((k = 1, 2, \ldots, N)\) can be calculated as

\[
W[k] = 2 \left\{ \frac{H[k]^H H[k]}{\Theta[k]} + \frac{H[k]^H H[k'] H[k']^H H[k]}{\Theta[k']^2} + \frac{1}{\text{SNR}} I_z \right\}^{-1} \frac{H[k]^H}{\Theta[k]},
\]

---

**Fig. 1** Block diagram of the PDM system.
where $\Theta[k] = H_{RX}[k]H_{RX}^*[k] = |H_{RX}[k]|^2$, $k' = \begin{cases} N \quad \text{if } k = N/2 \\ (k + N/2)_{\text{mod}N} \quad \text{otherwise} \end{cases}$. $H_{RX}[k]$ is the frequency response of the optical and electrical filtering for each frequency tone, SNR represents the signal-to-noise ratio, $| \cdot |$ indicates the absolute value operation, and $H[k]$ is a $2 \times 2$ channel matrix for frequency tone $k$.

To simplify the equalization matrix, the term $H[k]^H H[k']^H H[k']^H H[k]^H $ in Eq. (10) can be approximately replaced by $H[k']^H H[k']^H$. In this case, the equalization matrix $W[k]$ can be rewritten as

$$W[k] = 2 \left\{ \frac{H[k]^H H[k]}{\Theta[k]} + \frac{H[k']^H H[k']}{{\Theta[k']}} + \frac{1}{\text{SNR}^{-1}} \right\}^{-1} H[k]^H \Theta[k],$$

(11)

where $\Theta[k]$ would require the knowledge of the optical and electrical filtering, which is hard to obtain in practical systems. Actually, the norm of the channel matrix is approximated to the frequency response of the optical and electrical filtering. Thus, the equalization matrix $W[k]$ can be defined as

$$W[k] = 2 \left\{ \frac{H[k]^H H[k]}{\Phi[k]} + \frac{H[k']^H H[k']}{{\Phi[k']}} + \frac{1}{\text{SNR}^{-1}} \right\}^{-1} H[k]^H \Phi[k],$$

(12)

where $\Phi[k] = \|H[k]\|_2 = \sqrt{\text{max eigenvalue of } H[k]^H H[k]}$, which is the 2-norm of the channel matrix.

The derivation of Eq. (12) is based on the fact that the channel matrix is irrelevant to the channel noise. However, in practical systems, the estimated channel matrix is distorted by channel noise. Furthermore, the 2-norm of the estimated channel matrix is also affected. Especially in the high-frequency component (corresponding to the stopband of filters), the value of $\Phi[k]$ is too small and leads to enlargement of the noise effect. Therefore, we introduce polynomial fitting to mitigate the noise effect to equalization coefficients.

The polynomial fitting of equalization coefficients $W_{ij}[k]$ is shown in Fig. 2, with the blue dots being the calculated equalization coefficients corresponding to variable $k$ before fitting and the red curve being the polynomial fitting. The transmission distance is 1200 km and the optical SNR (OSNR) is 17 dB. Since the equalization coefficients are complexes, the real and imaginary parts of the equalization coefficients are fitted, respectively. The coefficients of $p$-order polynomial with variable $k$ are discovered to close to $W_{ij}[k]$ (i.e., $i, j = x, y$) in the sense of least squares. For Fig. 2, the order and points of polynomial fitting are 5 and 512, respectively. When the coefficients of the polynomial are discovered, the equalization coefficients of $W_{ij}[k]$ corresponding to variable $k$ can be obtained from the fitted polynomial, and then the noise effect can be effectively mitigated.

### 4 Simulation and Results

Figure 3 shows the simulation setup for an 8×112 Gbit/s WDM PDM-QPSK coherent optical transmission system using a VPI platform. Throughout the simulations, eight external cavity lasers with 100-kHz linewidth are operated on a 100-GHz frequency grid extending from 1550.4 to 1556 nm. The QPSK signal is generated by driving the IQ modulator with a binary 28-Gbaud electrical signal. The transmission link is composed of $M \times 80$ km (i.e., $M = 15$) spans of SMF that have dispersion parameter of $D = 16 \text{ ps/nm/km}$, PMD parameter of $D_{\text{PMD}} = 0.1 \text{ ps/km}^{1/2}$, attenuation of $\alpha = 0.2 \text{ dB/km}$, and nonlinear coefficient of $\gamma = 1.267 \text{ km}^{-1} \text{W}^{-1}$. The fiber loss of each span is completely compensated using an erbium-doped fiber amplifier. At the receiving end, eight channels are separated by WDM demultiplexer, and the fourth channel is utilized to evaluate the system performance. The signal and the local oscillator (LO) are combined at the polarization diversity hybrid and then photodetected by the balanced photodetector. The wavelengths of LO are identical with the lasers at the transmitting end. After filtering by low-pass filters (i.e., Bessel filter, fifth order, 19 GHz), the electrical signals are digitized to two samples per symbol and processed by off-line DSP module.

At first, CD compensation is implemented by the FD dispersion equalization. Subsequently, channel estimation is applied based on TS. The TS consists of two sequences $S_1$ and $S_2$ for $X$-polarization (or $S_1$ and $S_2$ for $Y$-polarization), each of which has 256 Golay symbols, as inserted in Fig. 3. After each periodically transmitted TS, 12,288 information symbols are followed. As the channel estimation is accomplished, FD-FSE for polarization demultiplexing is employed. The FFT size $N$ of the equalizer is 512, and a 50%...
overlap save method is used. Finally, carrier phase recovery and symbol demapping are applied.

To evaluate the influence of fitting order, the equalization performances of proposed scheme with different fitting orders in QPSK system after 1200-km transmission are shown in Fig. 4. A low-order polynomial (i.e., 3-order) cannot accurately fit the equalization coefficients, thus the equalization performance obviously declines. As the fitting order is increased, the equalization performance is promoted accordingly. When the fitting order rises to 5, the equalization coefficients are fitted accurately, and similar equalization performance is obtained compared to the 10-order and 15-order fittings, respectively. However, the polynomial fitting would slightly increase computational complexity. The computation complexity caused by polynomial fitting is \( N(16p + 20) \) real multiplications and \((8p + 8)(N - 1) + 4N(2p + 1)\) real additions, respectively. \( p \) is the polynomial order. Considering the trade-off of computational complexity and equalization performance, a 5-order polynomial fitting is adopted, and about two real multiplications and two real additions per symbol for each frame are increased, respectively.

The equalization performances with different equalization schemes in a QPSK system after 1200-km transmission are calculated in Fig. 5. To suppress the noise effect, a simple and normally used approach is the linear averaging over several received training headers, which requires repeating the same TS and, therefore, further increases the overhead ratio. To evaluate the equalization performances with different equalization schemes, conventional MMSE FD-FSE with 4-time and 8-time averaging of channel estimation is simulated as a reference. With the same TS size, the proposed scheme (i.e., 5-order and 512-points fitting) can obtain \( \sim 3\text{-dB} \) improvement of equalization performance compared to conventional MMSE FD-FSE with one-time channel estimation at the BER of \( 10^{-3} \). Meanwhile, the equalization performance of the proposed scheme outperforms that of the conventional MMSE FD-FSE with 8-time averaging of channel estimation, and 87% of the overhead is reduced.

The tolerance curves with respect to the residual CD of the proposed scheme are shown in Fig. 6. The residual CD leads to fluctuation of equalization coefficients. Therefore, a low-order fitting cannot completely match with the larger fluctuation of equalization coefficients when the residual CD increased. As shown in Fig. 6, higher-order polynomial fitting can obtain better tolerance with residual CD since the fluctuation has been matched. With the same required optical signal-to-noise ratio (ROSNR), the tolerable residual CD (i.e., ROSNR is 14.25 dB) of the 5-order and 20-order are 100 and 640 ps/nm, respectively. However, when the residual CD is small, a too high-order fitting would excessively track local variations of equalization coefficients caused by noise.
Therefore, the equalization performance of the proposed scheme would slightly degrade. For the 20-order and 512-point polynomial fitting, about seven real multiplications and seven real additions per symbol for each frame are increased, respectively.

The tolerance curves with respect to PMD of the proposed scheme are shown in Fig. 7. Analogous to residual CD, PMD also causes the fluctuation of equalization coefficients, and higher-order polynomial fitting can obtain better tolerance with differential-group delay (DGD). For a 5-order fitting, the proposed scheme can tolerate 15-ps DGD (i.e., ROSNR is 14.25 dB). Meanwhile, the tolerable DGDs for 10-, 15-, and 20-order fittings are 42, 59, and 72 ps, respectively. For both residual CD and DGD, since the fluctuation of equalization coefficients has been basically matched, the improvements of tolerance are limited when the fitting order rises to 25.

Figure 8 shows the tolerances with respect to PDL of the proposed scheme with different fitting orders. For a PDM signal, the worst and best performance degradations occur when a PDM signal is 0 deg and 45 deg aligned to the axes of a PDL element, respectively. Therefore, to comprehensively investigate the effect of PDL on the proposed scheme, both the worst and best cases are considered. Since PDL does not cause fluctuation of equalization coefficients, similar equalization performances are obtained by different fitting orders. With a 5-dB PDL value, the OSNR penalty is about 1.4 and 2.6 dB in the best and worst cases, respectively.

From the above analysis, only residual CD and PMD cause fluctuation of equalization coefficients. In fact, the DGD in long-haul coherent optical system is relatively small and can be tolerated by lower-order fitting. The order of fitting is mainly determined by residual CD. For system compensating CD well, a lower-order fitting is enough otherwise a higher-order fitting is required.

With an identical overhead ratio, a longer TS would obtain a better equalization performance since it has more accurate channel estimation and equalization. However, the polarization tracking capability declines result from the longer length of the frame. In contrast, a shorter TS leads to a decreased equalization performance and better polarization tracking capability. To investigate the effect of polarization rotation speed, 64, 128, 256, and 512 Golay symbols are considered. Corresponding information symbols are adjusted to ensure identical overhead ratio. It should be noted that the TS consists of two Golay sequences for each polarization.

Fig. 6 Tolerance with respect to residual CD of proposed scheme with different fitting orders.

Fig. 7 Tolerance with respect to PMD of proposed scheme with different fitting orders.

Fig. 8 Tolerance with respect to PDL of proposed scheme with different fitting orders.

Fig. 9 Tolerance with respect to SOP rotation of proposed scheme with different TS size.
Tolerances with respect to the state of polarization (SOP) rotation of the proposed scheme with different TS sizes are shown in Fig. 9. The order of fitting is 5. When the SOP rotation is 100 krads, the best equalization performance is obtained by the proposed scheme with 256 Golay symbols, and a 0.3-dB improvement is achieved compared to the 64 Golay symbols case. Because the maximum polarization rotation speed in a commercial system is 1 krads/z, the polarization tracking performance of the proposed scheme with 256 Golay symbols can satisfy most coherent optical transmission systems. Considering the trade-off of equalization performance and polarization tracking capability, 256 Golay symbols are the optimum selection. For the system where the SOP changes ultrafast, the proposed scheme with 64 Golay symbols can be adopted since it has excellent polarization tracking capability. It should be noted that conventional MMSE FD-FSE with a shorter TS would also lead to a slight equalization performance degradation.

5 Conclusion

An enhanced MMSE FD-FSE with 2-norm of the estimated channel matrix and polynomial fitting has been proposed and investigated in an 8 x 112 Gbit/s WDM PDM-QPSK transmission system in the presence of colored noise. Simulation results show that ~3-dB improvement of equalization performance is achieved compared to conventional MMSE FD-FSE.

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References


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