Journal of Biomedical Optics

SPIEDigitalLibrary.org/jbo

Intravascular near-infrared fluorescence catheter with ultrasound guidance and blood attenuation correction

Adam J. Dixon
John A. Hossack

Intravascular near-infrared fluorescence catheter with ultrasound guidance and blood attenuation correction

Adam J. Dixon and John A. Hossack

University of Virginia, Department of Biomedical Engineering, P.O. Box 800759, Charlottesville, Virginia 22908

Abstract. Intravascular near-infrared fluorescence (NIRF) imaging offers a new approach for characterizing atherosclerotic plaque, but random catheter positioning within the vessel lumen results in variable light attenuation and can yield inaccurate measurements. We hypothesized that NIRF measurements could be corrected for variable light attenuation through blood by tracking the location of the NIRF catheter with intravascular ultrasound (IVUS). In this study, a combined NIRF-IVUS catheter was designed to acquire coregistered NIRF and IVUS data, an automated image processing algorithm was developed to measure catheter-to-vessel wall distances, and depth-dependent attenuation of the fluorescent signal was corrected by an analytical light propagation model. Performance of the catheter sensing distance correction method was evaluated in coronary artery phantoms and *ex vivo* arteries. The correction method produced NIRF estimates of fluorophore concentrations, in coronary artery phantoms, with an average root mean square error of 17.5%. In addition, the correction method resulted in a statistically significant improvement in correlation between spatially resolved NIRF measurements and known fluorophore spatial distributions in *ex vivo* arteries (from $r = 0.24$ to 0.69 , $p < 0.01$, $n = 6$). This work demonstrates that catheter-to-vessel wall distances, measured from IVUS images, can be employed to compensate for inaccuracies caused by variable intravascular NIRF sensing distances. © The Authors. Published by SPIE under a Creative Commons Attribution 3.0 Unported License. Distribution or reproduction of this work in whole or in part requires full attribution of the original publication, including its DOI. [DOI: [10.1117/1.JBO.18.5.056009](https://doi.org/10.1117/1.JBO.18.5.056009)]

Keywords: atherosclerosis; multimodality; image processing; fluorescence; ultrasound; catheter; intravascular; molecular imaging.

Paper 12707RR received Oct. 31, 2012; revised manuscript received Apr. 5, 2013; accepted for publication Apr. 8, 2013; published online May 9, 2013.

1 Introduction

Acute coronary events are primarily caused by thrombogenesis following vulnerable atherosclerotic plaque rupture and are the leading cause of sudden cardiac death in the United States.¹ Recent advances in intravascular imaging techniques have provided new insights into the mechanisms underlying the development of unstable atherosclerotic lesions, however, these studies have not produced systematic approaches capable of identifying high-risk plaques prior to rupture.² It is increasingly probable that combined information on anatomical and physiological parameters is required to determine whether a specific lesion is susceptible to rupture, and several of these parameters may be evaluated through catheter-based intravascular imaging approaches.^{3–6}

Intravascular ultrasound (IVUS) has been widely adopted by the clinical community and is capable of assessing tissue properties within the vessel wall through IVUS elastography and virtual histology techniques.^{4,6} Optical coherence tomography provides a resolution of 10 to 15 μm , approximately five times better than 40 MHz IVUS, and can evaluate clinically important plaque structural features such as the thickness of fibrous caps and the presence of a necrotic core or lipid deposits.⁷ While these approaches have demonstrated potential for systematically characterizing the structural components of atherosclerotic plaque, they often fail to provide insight into physiological and biochemical processes that may be precursors

to plaque rupture.^{8–12} To address this deficiency, fluorescence, photoacoustic, and spectroscopic catheters have been developed to optically detect the molecular signatures of vulnerable plaque.^{13–16} Plaque characterization, via these optical techniques, relies on the detection of endogenous molecules within the plaque or exogenous probes that are either targeted to extracellular ligands or are activated by physiological processes within the vessel wall.^{17–19} Both approaches enable direct monitoring of physiological function rather than anatomical structure which is hypothesized to further improve the detection and specialized treatment of vulnerable atherosclerotic plaque.²⁰

Intravascular near-infrared fluorescence (NIRF) imaging has emerged as a robust approach for molecular imaging of atherosclerosis due to continued development of targeted imaging agents, high inherent detection sensitivities (nM), relatively low light attenuation through blood, and low background fluorescence from endogenous molecules in the vessel wall.^{18,21} NIRF catheters have been employed to study animal models of atherosclerosis and have demonstrated the capacity to identify regions of atheroma formation using FDA-approved exogenous fluorophores.¹⁹ However, intravascular NIRF acquisition systems cannot acquire anatomical images of the vessel wall and lack a direct means of correcting for light attenuation through unknown quantities of luminal blood. Together, these limitations compromise the accuracy of diagnostic conclusions regarding the risk of vulnerable plaque and are an impediment to future clinical translation of the technique.

Interpretation of NIRF measurements is complicated by the distance-dependent attenuation of light through blood. Catheter-to-vessel wall distances cannot be determined directly from NIRF measurements, but they can be estimated from

Address all correspondence to: Adam J. Dixon, University of Virginia, Department of Biomedical Engineering, P.O. Box 800759, Charlottesville, Virginia 22908. Tel: 434 243 5866; Fax: 434 982 3870; E-mail: ajd3ng@virginia.edu

coregistered IVUS images if NIRF and IVUS capabilities are integrated into a single catheter. Precedence exists for using ultrasound ranging data to detect optical sensing distances and, while other multimodality catheters have been presented in the literature, none have demonstrated the capacity to acquire coregistered imaging data for the purposes of correcting for random catheter positioning within the vessel lumen.^{10,22–24}

In this work, we describe the design of a combined NIRF-IVUS catheter for the correction of distance dependent attenuation of light through luminal blood. IVUS and NIRF components are rotated independently of one another, which allows for coincident acquisition of high frame rate IVUS images and long exposure NIRF measurements. Spatial registration of NIRF-IVUS data is achieved by image postprocessing steps that map NIRF measurements to discrete sections of the vessel wall. Catheter-to-vessel wall distance is estimated from IVUS data and is incorporated into a light propagation model in order to correct NIRF measurements for variable sensing distances. In this study, we demonstrate the use of this instrument to correct for variable catheter sensing distances in coronary vessel phantoms and *ex vivo* porcine arteries using the exogenous fluorophore 1,1'-dioctadecyl-3,3,3',3'-tetramethylindotricarbocyanine iodide (DiR) as a NIRF imaging agent.

2 Materials and Methods

2.1 Combined NIRF-IVUS Catheter

Light from a 750 nm CW laser (BWF1-750, B&W Tek, Newark, Delaware) was focused into the proximal end of a 200 μm diameter, 0.22 NA, multimode optical fiber (AFS200/220A, Fiberguide Industries, Stirling, New Jersey) and was reflected at a 90 deg angle from the fiber axis by an aluminum-coated micropism (NT66-768, Edmund Optics, Barrington, New Jersey). Fluorescence emission was collected by the same side-viewing optical fiber and was passed through a 770 nm dichroic mirror and a 750 nm band-stop filter to attenuate residual 750 nm excitation light (Iridian Spectral Optics, Ottawa, Ontario, Canada). Emission channel leakage was approximately 2% to 4% of excitation power and was caused primarily by back-reflection of excitation light from the proximal face of the optical fiber. Emission light was passed through a prism-based spectrophotometer to improve detection sensitivity by separating fluorescence signal from residual excitation light and was detected by a CCD camera (C4742-95, Hamamatsu, Bridgewater, New Jersey). A separate photodiode monitored laser power in order to correct NIRF measurements for deviations in excitation power.

A schematic of the NIRF-IVUS catheter is shown in Fig. 1(a). The NIRF optical fiber was bound to the sheath of a commercially available IVUS catheter and extended 1 mm beyond the single-element ultrasound transducer (Revolution 45 MHz, Volcano Corp., San Diego, California). Adjustment of the NIRF field-of-view was achieved by rotating the IVUS catheter sheath, in discrete increments, with a separate rotation motor as shown in Fig. 1(b). The position of the NIRF optical fiber, at the time of NIRF sensing, was determined by tracking the center of an acoustic reverberation artifact caused by the optical fiber within the IVUS field-of-view. The NIRF field-of-view was fixed at a 30-deg angle relative to an imaginary line drawn between the centers of the IVUS and optical fiber [Fig. 1(b)]. The IVUS element was rotated within the catheter sheath by a Volcano In-Vision Gold 3 imaging device. The

Fig. 1 (a) Schematic of the prototype near-infrared fluorescence (NIRF)-intravascular ultrasound (IVUS) imaging system. The IVUS element is rotated by rotation motor R1. The IVUS sheath and NIRF optical fiber are rotated by rotation motor R2. Optical components are abbreviated as follows: PD, photodiode; DM, dichroic mirror; F, filter; AP, aperture; P, prism. (b) The IVUS element rotates about its axis and the optical fiber is advanced to new angular sensing positions as the catheter sheath is rotated by rotation motor R2.

combined NIRF-IVUS catheter had an outer diameter of 1.4 mm (4.2 French).

IVUS images were captured at frame rates exceeding 30 frames per second with a 4 mm radial imaging depth. NIRF measurements were acquired with 50 ms exposure times with 7 mW power. IVUS images were downloaded from the IVUS imaging system to a PC, and were processed in conjunction with NIRF measurements using custom algorithms written in MATLAB (Mathworks Inc., Natick, Massachusetts).

2.2 Analytical Light Propagation Model and Fluorescence Estimation

A two-layer analytical model of light propagation was developed to correct NIRF measurements for variable sensing distances through blood. The geometry of the two-layer model is illustrated in Fig. 2. Light propagation through blood was modeled by the following equation, which was originally derived by Twersky, and has proven accurate across physiological ranges of hematocrit and blood oxygenation:^{25–27}

$$P = P_0 e^{-\mu_a d} [e^{-sH(1-H)d} + q(1 - e^{-sH(1-H)d})], \quad (1)$$

where P is the transmitted power, P_0 is the excitation power, μ_a is the absorption coefficient of hemoglobin, d is the propagation distance of light, H is the fractional hematocrit, and s and q are constants related to scattering and detection geometry. This framework resolves the total attenuation from blood into two

Fig. 2 One-dimensional (1-D) model of light propagation. Subscripts denote excitation power, P , at the beginning of each layer and cumulative fluorescence intensity, F , sensed by the optical fiber. Attenuation through blood is governed by Eq. (1) and fluorescence emission from the vessel wall is estimated by Eq. (2).

distinct parts which are absorption caused by hemoglobin and light attenuation due to scattering. Hemoglobin-specific attenuation (μ_a) was calculated using the extinction coefficient of hemoglobin, scattering is a function of H , which is known, and s and q which are determined by fits to experimental data.²⁸

Emitted fluorescence was modeled by Eq. (2), which is derived from one-dimensional (1-D) diffusion theory by using the Eddington approximation to model fluorescence emission from a homogenous, semiinfinite, and turbid medium:²⁹

$$F(\lambda_x, \lambda_m) = \int_0^{\infty} \mu_{a,f,x} \cdot \Phi \cdot C(\lambda_m) \cdot e^{-\mu_{\text{eff}}(\lambda_m)z} \cdot \{[4\pi A(\lambda_x) + P] \cdot e^{-\mu_t(\lambda_x)z} + 4\pi \cdot C_2(\lambda_x) e^{-\mu_{\text{eff}}(\lambda_x)z}\} dz, \quad (2)$$

where $\mu_{a,f,x}$ is the absorption coefficient of the fluorophore, Φ is the fluorophore quantum yield, $\mu_{\text{eff}} = [3 \cdot \mu_a \cdot (\mu_a + \mu'_s)]^{1/2}$, P is the power of the excitation light incident on the vessel wall, $A(\lambda)$ and $C_2(\lambda)$ are the general and particular solutions of the diffusion equation,³⁰ μ_t is the total extinction coefficient ($\mu_t = \mu_a + \mu_s$), and

$$C(\lambda_m) = 3 \cdot \left[\frac{\mu_a(\lambda_m) + \mu'_s(\lambda_m)}{3 \cdot [\mu_a(\lambda_m) + \mu'_s(\lambda_m)] + 2 \cdot \mu_{\text{eff}}(\lambda_m)} \right]. \quad (3)$$

In Eqs. (2) and (3), the subscripts x and m refer to excitation and emission wavelengths, respectively, and μ'_s is the reduced scattering coefficient [$\mu'_s = \mu_s \cdot (1 - g)$ where g is the optical scattering anisotropy]. Optical parameters at excitation and emission wavelengths were assumed to be equal in Eq. (2). Equation 2 models attenuation of the excitation light, fluorescence conversion, and attenuation of fluorescence emission within the vessel wall. The fluorescence intensity sensed by the optical fiber is approximated by multiplication with a constant related to the acceptance angle of the optical fiber.³¹

Fluorescence intensity is related to fluorophore concentration by the absorption coefficient, $\mu_{a,f,x}$, and the quantum yield, Φ , such that values of $\mu_{a,f,x} \cdot \Phi$ scale linearly with changes in fluorophore concentration if no quenching occurs. Thus, relative

fluorophore concentration is proportional to the magnitude of $\mu_{a,f,x} \cdot \Phi$, which can be determined using an inverse-estimation approach when solving Eq. (2) and assuming that all other parameters in Eqs. (1) and (2) are known. In inverse estimation, the value of $\mu_{a,f,x} \cdot \Phi$ that best fits the mathematical model to experimental NIRF data is determined in an iterative least-squares optimization process. A trust-region-reflective algorithm was used in this work. After calibration to known fluorophore concentrations in tissue-mimicking phantoms, estimated values of $\mu_{a,f,x} \cdot \Phi$ can be used to determine the concentration of unknown fluorescent samples.³²

2.3 NIRF-IVUS Phantom Studies

Four concentrations of the fluorophore DiR (excitation: 750 nm, emission: 780 nm) were prepared in a tissue mimicking medium comprised of 3.5% v/v Intralipid and 0.05% v/v India Ink ($\mu_a = 2 \text{ cm}^{-1}$, $\mu_s = 150 \text{ cm}^{-1}$, $g = 0.85$).³³ The optical parameters of the tissue-mimicking medium were intended to model the intimal layer of the vessel wall.³⁴ DiR samples were placed in cuvettes of varying thickness and were surrounded by whole bovine blood with fractional hematocrits of 0.40, 0.45, and 0.50. Hematocrit was measured by centrifugation of heparinized blood. Coregistered NIRF and IVUS measurements were acquired at increasing sensing distances from the fluorescent samples. Sensing distances, measured manually from the IVUS images, were validated against ground-truth sensing distances provided by a calibrated motion stage.

2.4 NIRF-IVUS Catheter Validation

The NIRF-IVUS catheter was validated in an *in vitro* vessel phantom. A transparent PTFE tube, with a 3.1 mm inner diameter and 100 μm thick walls, served as the vessel lumen and was filled with whole bovine blood with 0.40, 0.45, or 0.50 fractional hematocrit. Four borosilicate glass tubes, filled with DiR in the tissue-mimicking medium, were placed around the circumference of the PTFE tube to simulate discrete fluorescent targets within the phantom. Fluorophore concentrations were estimated for each sample of DiR from rotational NIRF-IVUS measurements acquired within the vessel phantom. All data is reported as mean $\pm$ standard error of the mean. Paired two-sample *t*-tests were performed to determine whether the NIRF correction method produced a statistically significant improvement in fluorophore concentration estimation for each concentration tested.

2.5 Image Processing

The vessel wall was segmented using an active contours segmentation framework (Fig. 3).³⁵ IVUS images were preprocessed using a two-dimensional (2-D) bilateral filter to suppress speckle and by a Sobel operator to detect the edges of the vessel wall.³⁶ It was assumed that there was a sufficient difference in image contrast between the blood-filled lumen and the vessel wall to enable robust edge detection. Iterative gradient vector flow was performed on the edge-enhanced image to produce an external force term to guide contour evolution.³⁷ A circular contour was initialized in the center of the IVUS image and iteratively evolved until a minimum energy condition was reached that preferentially guided the contour to the edges of the vessel wall.

Fig. 3 Image processing steps employed to measure NIRS sensing distances from IVUS data. The top path shows intermediate images formed to produce external energy images, F_x and F_y , for the active contours algorithm. The initial contour is seeded around the circumference of the null space in the IVUS image and evolves until the termination condition is met. The bottom path shows thresholding and morphological steps used to isolate the reverberation artifact caused by the optical fiber.

The location of the optical fiber was automatically determined through a series of thresholding steps that segmented the acoustic reverberation artifact caused by the optical fiber from the dark background of the blood-filled vessel. NIRS catheter-to-vessel wall distances were measured, automatically, by finding the intersection of the contour outlining the vessel wall and the line depicting the NIRS field-of-view.

2.6 Ex Vivo Artery Studies

Ex vivo porcine carotid arteries, ranging in size between 3 and 5 mm in internal diameter, were acquired from a local abattoir. The arteries were harvested proximal to the carotid bifurcation and were immediately stored in a physiological saline solution at 4°C.³⁸ DiR (100 μ M) was applied to one section of the vessel wall to simulate a nonuniform fluorescent target within each artery. DiR was selected for use in this study due to its low toxicity and propensity to integrate directly into cell membranes without migrating from cell to cell.³⁹ Thus, once applied to a specific region of the vessel, DiR does not disperse to label other sections of the vessel. Furthermore, the quantum yield of DiR significantly increases following incorporation into lipid bilayers which ensures low background fluorescence from DiR that may have remained in solution following staining. Carbocyanine dyes, like DiR, have been used extensively in preclinical animal models, and DiR exhibits comparable fluorescence excitation and emission spectra to indocyanine green, an FDA approved fluorophore.^{39–41}

NIRS-IVUS measurements were acquired at multiple axial positions along the length of each artery to simulate a catheter pull-back procedure. Following NIRS-IVUS imaging, each artery was cut open and laid flat on a microscope slide (*en face*). *En face* fluorescence microscopy images of the inner vessel wall supplied relative estimates of local fluorophore spatial distributions within the artery. Accurate registration of fluorescence microscopy images and NIRS-IVUS catheter measurements was achieved by using needles to mark axial locations where NIRS-IVUS imaging was performed.

3 Results

3.1 NIRS-IVUS Phantom Studies

Four parameters must be determined to model light attenuation through blood using Eq. (1) (μ_a , H , s , and q). Values of μ_a used to model hemoglobin absorption at 750 nm (excitation) and 780 nm (fluorescent emission) are shown in Table 1 and are derived from measurements made by Cope.²⁸ Estimates of s and q , from Eq. (1), were determined by measuring the transmission of 750 nm light through blood at three hematocrit levels (0.40, 0.45, and 0.50) and fitting the results to Eq. (1) via least-squares optimization. In the fitting process, it was assumed that the value of q ranged between 0 and 0.2, as q broadly describes the fraction of scattered photons that are received by the NIRS optical fiber and has been previously shown to fall within this range.^{25–27} The value of s was allowed to assume any nonnegative value and it was assumed that the values of q and s did not vary within the narrow wavelength range considered in this work.

Similarly, the transmission of 750 nm light was measured through the tissue-mimicking medium. Values of μ_a , μ'_s , and g , for the tissue-mimicking phantom, were taken from the literature³³ and resulted in a theoretical value of 27.6 cm^{-1} for μ_{eff} . The experimentally determined value of μ_{eff} as calculated by Beer's Law ($P = P_0 e^{-\mu_{\text{eff}} d}$) was $29.4 \pm 0.87 \text{ cm}^{-1}$.

Four known concentrations of DiR, in the tissue-mimicking medium, were imaged with the NIRS-IVUS catheter through three different whole blood samples with fractional hematocrits of 0.40, 0.45, and 0.50. NIRS measurements were acquired at increasing sensing distances, and the experimental results

Table 1 Parameters for model fit to Eq. (1).

Hematocrit	$\mu_{a,750} (\text{cm}^{-1})$	$\mu_{a,780} (\text{cm}^{-1})$	H	s	q
0.40	2.48	3.30	0.40	29.7	0.126
0.45	2.77	3.71	0.45	29.7	0.126
0.50	3.08	4.13	0.50	29.7	0.126

Fig. 4 Light propagation model fits to NIRF measurements from four different concentrations of DiR imaged through whole bovine blood with (a) 0.40, (b) 0.45, and (c) 0.50 fractional hematocrit. The dashed line represents the approximate noise floor of the NIRF instrumentation. (d) Light propagation model fits to NIRF measurements of DiR samples of different thicknesses. (e) Calibration curve (linear fit) derived from experimental NIRF measurements relating model estimates of $\mu_{a,f,x} \cdot \Phi$ to known concentrations of DiR. (f) Estimated DiR concentration of a 10 μM sample of DiR imaged through whole bovine blood with 0.45 fractional hematocrit.

and light propagation model fits are shown in Fig. 4(a)–4(c) ($R^2 = 0.92$). NIRF sensing distances were measured manually on IVUS images and resulted in a 3.9% root mean square error (RMSE) when compared to ground-truth sensing distances provided by a calibrated motion stage. The same DiR samples were placed in cuvettes of different thicknesses and were measured from a constant NIRF sensing distance of 500 μm through whole blood with a fractional hematocrit of 0.45. The majority of the fluorescent light was generated within the first 200 μm of the sample. Experimental results and light propagation model fits are shown in Fig. 4(d) ($R^2 = 0.96$).

A calibration curve showing the relationship between values of $\mu_{a,f,x} \cdot \Phi$ estimated by the light propagation model and DiR concentrations sensed through the three different whole blood samples is presented in Fig. 4(e). Values of $\mu_{a,f,x} \cdot \Phi$ scaled linearly with increasing DiR concentration between 0.1 μM and 10 μM ($R^2 = 0.91$) and varied only slightly with changes in the fractional hematocrit (differences were not significant, $p > 0.05$). The calibration curve was used to map estimates of $\mu_{a,f,x} \cdot \Phi$ derived from raw NIRF measurements to DiR concentrations in subsequent vessel phantom experiments.

An example result of the concentration estimation procedure is shown in Fig. 4(f). The fluorescence from a 10 μM sample of

DiR was measured with the NIRF-IVUS catheter at increasing sensing distances through whole blood with 0.45 fractional hematocrit. Values of $\mu_{a,f,x} \cdot \Phi$ were derived by the light propagation model for each data point using the optical parameters that were previously determined. The values of $\mu_{a,f,x} \cdot \Phi$ were used to estimate DiR concentrations using the calibration curve in Fig. 4(e). DiR concentrations were estimated with an RMSE of 6.3%.

3.2 NIRF-IVUS Validation in Vessel Phantoms

Coregistered NIRF-IVUS imaging was performed in vessel phantoms [Fig. 5(a)] and catheter-to-vessel wall distances for each NIRF acquisition were measured manually on IVUS images. The measured catheter-to-vessel wall distances supplied the value for d within Eq. (1) of the light propagation model and the value of $\mu_{a,f,x} \cdot \Phi$ was calculated for each NIRF-IVUS measurement taken within the vessel phantom.

NIRF sensing distances for a complete 360-deg acquisition in the 3.1 mm diameter vessel phantom are shown in Fig. 5(b). The average NIRF sensing distance for the single trial, presented in Fig. 5(b), was 540 μm with a minimum and maximum of 305 and 785 μm , respectively. Minimum and maximum NIRF sensing

Fig. 5 (a) Axial schematic of the vessel phantom. Whole bovine blood was placed within the 3.1 mm diameter lumen and four different concentrations of DiR were placed in tubes surrounding the vessel lumen. (b) NIRF sensing distances as measured manually on IVUS images for a single 360-deg acquisition within a vessel phantom. (c) Raw fluorescence intensities and estimates of DiR concentration for each fluorescent target within the vessel phantom for the same 360 deg NIRF-IVUS acquisition presented in (b). (d) Estimated concentrations of fluorescent targets within the vessel phantom at three different blood hematocrits. The NIRF correction method resulted in a statistically significant improvement in fluorophore concentration estimates for each concentration tested ($p < 0.05$).

distances, for all trials performed, were 220 and 1210 μm . Raw fluorescence intensities and estimated fluorophore concentrations, for the same 360-deg acquisition, are presented in Fig. 5(c). Each fluorescent target produced a fluorescence intensity peak with a full-width-half-maximum of approximately 50 deg.

A comparison between estimated and known concentrations, for each DiR sample within the vessel phantom, is presented in Fig. 5(d). RMSE for concentration estimates derived by the light propagation model were 16.5, 17.0, 19.0, and 45.4% for the 100, 10, 1, and 0.1 μM DiR samples, respectively. These RMSE values are compiled from all measurements taken through whole blood with hematocrits of 0.40, 0.45, and 0.50. Differences in RMSE, between the three different hematocrit values, were not statistically significant ($p > 0.05$), thus, demonstrating the ability of the model to correct for variable catheter sensing distances through whole blood with varying hematocrit. Measurements of the 0.1 μM DiR sample were obscured by sensitivity limits of the NIRF instrumentation and were excluded from further analysis.

In addition, DiR concentration estimates were made using raw fluorescence intensities by normalizing each uncorrected NIRF measurement to the average fluorescence intensity of the 10 μM DiR sample. RMSE for these concentration estimates with no corrections were 92%, 41.6%, 138%, and 272% for the 100, 10, 1, and 0.1 μM DiR samples, respectively. These large and unpredictable errors are the result of random sensing distances within the vessel phantom which significantly limits the usefulness of conclusions drawn from uncorrected NIRF measurements.

3.3 Fluorescence Estimation in Ex Vivo Arteries

Ex vivo arteries were stained with DiR and underwent NIRF-IVUS imaging. Representative results of the automated image processing algorithm are shown in Fig. 6(a). The outline of the vessel wall was generated using an active contours segmentation algorithm and the position of the NIRF optical fiber was determined by tracking its acoustic reverberation artifact.^{35,37} A comparison of manually and automatically measured NIRF sensing distances is shown in Fig. 6(b) for a single 360 degree NIRF-IVUS acquisition. Average RMSE between manual and automated measurements was 8.2%, which suggests that the proposed NIRF correction can be performed automatically with minimal user interaction.

Coregistered NIRF-IVUS data was acquired from two *ex vivo* arteries with inner diameters of 3.9 and 4.3 mm. NIRF-IVUS acquisitions were captured at different axial locations along the length of each artery to simulate a pullback procedure. Representative fluorescence microscopy results for two locations in the 3.9 mm artery, *i* and *ii*, are shown in Fig. 6(c) and 6(d). Robust DiR staining was localized to approximately one-third of the vessel circumference at depths up to 50 μm , as determined by confocal microscopy. Accordingly, optical parameters of the intima were used to model the vessel wall in the light propagation model ($\mu_a = 2 \text{ cm}^{-1}$, $\mu_s = 150 \text{ cm}^{-1}$, $g = 0.84$).³⁴

Figure 6(c) and 6(d) shows relative DiR concentrations derived from fluorescence microscopy, uncorrected NIRF, and corrected NIRF measurements for axial locations *i* and *ii*. Spatial correlation coefficients between fluorescence microscopy

Fig. 6 (a) IVUS image of an *ex vivo* porcine carotid artery with coregistered NIRF overlay. The NIRF optical fiber caused an acoustic reverberation artifact marked by the white arrow. The white double-headed arrow shows the NIRF sensing distance, d . Colorbar corresponds to normalized relative fluorescence sensed by NIRF catheter. (b) Comparison between manual and automatic measurement of NIRF sensing distances for a single 360-deg NIRF-IVUS acquisition. (c, d) (top) Two rows, *i* and *ii*, of fluorescence microscopy images of an *ex vivo* artery stained with DiR (scale bar = 1 mm). (Bottom) Relative fluorescence intensities measured from fluorescence microscopy and NIRF across rows *i* and *ii*.

and NIRF estimates of DiR spatial distributions improved from 0.34 to 0.66 for location *i* and from 0.13 to 0.73 for location *ii* following correction of the NIRF measurements.

Spatial correlation between NIRF and fluorescence microscopy results was assessed for all artery locations examined by the NIRF-IVUS catheter ($n = 6$). Correlation coefficients were transformed into a new variable, the Fisher Z value, in order to calculate average correlation coefficients and 95% confidence intervals for uncorrected and corrected NIRF measurements.⁴² The average correlation coefficient between uncorrected NIRF and fluorescence microscopy measurements was 0.24 with a 95% confidence interval between 0.19 and 0.30. The average correlation coefficient between corrected NIRF and fluorescence microscopy measurements was 0.69 with a 95% confidence interval between 0.67 and 0.72. These results demonstrate that correcting NIRF measurements for variable catheter-to-vessel wall sensing distances resulted in a statistically significant improvement ($p < 0.01$, $n = 6$) in the correlation between NIRF-IVUS and fluorescence microscopy estimates of local fluorescence intensities in *ex vivo* arteries.

4 Discussion

A combined NIRF-IVUS catheter was developed to provide intravascular anatomical and molecular imaging of the vessel wall and to determine whether correcting for variable catheter-to-vessel wall sensing distances could improve the accuracy of NIRF measurements. As expected, NIRF imaging sensitivity decreased with increasing blood hematocrit, with maximal sensing distances of the $0.1 \mu\text{m}$ DiR sample of 1.2 and

0.9 mm at hematocrits of 0.40 and 0.50, respectively. Blood attenuation correction of NIRF measurements acquired beyond these sensitivity limits could not recover accurate fluorophore concentration estimates. This sensitivity is in good agreement with other NIRF imaging catheters described in the literature, but it should be noted that detection sensitivity is also modulated by varying optical properties of the vessel wall tissue, which was not explored in this work.^{15,43}

The least-squares optimization routine resulted in a good fit of Eqs. (1) and (2) to the experimental data ($R^2 = 0.92$), but because the system is over-determined, the solution used in this work is not unique. However, the solution provided an accurate fit to blood attenuation across three hematocrit levels and enabled accurate blood attenuation correction in the phantom studies. An advantage of the analytical light propagation model over Monte Carlo-based approaches is that the analytical model can estimate relative fluorophore concentrations from NIRF data in real-time during a catheterization procedure. While a Monte Carlo formulation may improve the accuracy of light attenuation estimates, it is not capable of producing real-time results on the standard computer hardware typically employed within catheterization laboratories.

Model-based correction of NIRF concentration estimates in vessel phantoms reduced average RMSE from 90.5% to 17.5%, comparing well to the results of other analytical models cited in the literature. Diffusion models of light propagation have demonstrated average RMSE between 5% and 25% when measuring fluorescence from tissue-mimicking phantoms, and a similar 1-D formulation demonstrated less than 10% RMSE when

assessing fluorescence from epithelial and stromal tissues within the human cervix.^{29,31,32,44} A limitation of these approaches is the reliance on *a priori* knowledge of the optical properties of the tissues being studied. The attenuation of whole blood can be measured prior to an imaging procedure, but the optical properties of the vessel wall cannot. Nevertheless, significant effort has been devoted to modeling the optical characteristics of both whole blood and atherosclerotic lesions.^{34,45–48} Furthermore, a variety of techniques for quantitatively measuring fluorophore concentrations, with and without *a priori* knowledge of tissue optical properties, have been developed for noncatheter based applications. However, it remains to be seen whether these methods are compatible with intravascular imaging through blood and whether they can be integrated into the small form factor of a catheter.^{49–56}

As demonstrated in Fig. 6, the model-based corrections resulted in a statistically significant improvement in fluorophore spatial distribution estimates in *ex vivo* arteries when compared to relative fluorescence as measured by fluorescence microscopy. While fluorescence microscopy does not provide a quantitative measure of local fluorophore concentration, it does provide an independent measure of relative fluorescence that is unaffected by attenuation of intraluminal blood. The accuracy of the model-based correction technique relies upon accurate catheter-to-vessel wall distance measurements derived from IVUS images, which exhibited a 3.9% RMSE in phantom studies, however, they were greater in the *ex vivo* studies due to inferior delineation of the soft vessel wall. This source of measurement error and possible variation in the optical properties of the vessel wall could be limiting factors that reduced the correlation between the two measures of relative fluorescence. Nevertheless, the model-based blood attenuation correction approach improved the correlation of NIRF measurements to fluorescence microscopy in all samples tested.

Temporary vessel occlusion followed by saline flushes or deflection of the catheter towards the vessel wall during NIRF sensing may also improve the accuracy of NIRF measurements, however, neither of these approaches are complete solutions.^{23,57} Saline flushes are not appropriate for patients who are sensitive to increases in blood volume and precise control of the catheter tip is difficult to achieve *in vivo*. The approach demonstrated here is not constrained by these limitations and enables new capabilities. First, independent rotation of the IVUS and NIRF elements enables different IVUS and NIRF acquisition speeds. Conventional IVUS catheters are rotated in excess of 1500 rotations per minute to enable real-time imaging and to reduce nonuniform rotational distortion, however, NIRF sensing requires longer, variable exposure times to optimize fluorescence signal-to-noise ratios.^{49,58} Second, this method of NIRF-IVUS integration does not require significant modifications to existing IVUS instrumentation and can be made more robust through the use of a double lumen catheter.

5 Conclusions

A combined NIRF-IVUS catheter was developed to acquire coregistered molecular and anatomic images of the vessel wall. NIRF-IVUS measurements were corrected for inaccuracies caused by variable catheter-to-vessel wall distances through the use of a light propagation model. The NIRF correction method resulted in an average RMSE of 17.5% when estimating known fluorophore concentrations in vessel phantoms compared

to an average RMSE of 90.5% without correction. Furthermore, the NIRF correction method resulted in a statistically significant improvement in correlation between spatially resolved NIRF measurements and known fluorophore distributions in *ex vivo* arteries ($p < 0.01$, $n = 6$). Future studies are required to determine whether such corrections will enable semiquantitative assessment of exogenous NIRF fluorophores targeted to biomarkers associated with atherosclerosis and whether such techniques can inform clinical treatment decisions or aid in the study of disease progression in preclinical models.

Acknowledgments

The authors would like to thank Dr. William Guilford for assistance with optical design and Dr. Song Hu for careful review of this manuscript. This work was supported in part by the National Institutes of Health NHLBI under Grant No. HL090700 to JAH and Virginia Commonwealth and National Science Foundation Graduate Research Fellowships to AJD. The content is solely the responsibility of the authors and does not necessarily represent the official views of the NIH.

References

1. M. Naghavi and E. Falk, "From Vulnerable Plaque to Vulnerable Patient," Chapter 2, in *Asymptomatic Atherosclerosis: Pathophysiology, Detection and Treatment*, M. Naghavi, Ed., pp. 13–38, Humana Press, Totowa, New Jersey (2010).
2. Z. A. Fayad and V. Fuster, "Clinical imaging of the high-risk or vulnerable atherosclerotic plaque," *Circ. Res.* **89**(4), 305–316 (2001).
3. M. Takano et al., "In vivo comparison of optical coherence tomography and angiography for the evaluation of coronary plaque characteristics," *Am. J. Cardiol.* **101**(4), 471–476 (2008).
4. J. A. Schaar et al., "Characterizing vulnerable plaque features with intravascular elastography," *Circulation* **108**(21), 2636–2641 (2003).
5. P. R. Moreno et al., "Detection of lipid pool, thin fibrous cap, and inflammatory cells in human aortic atherosclerotic plaques by near-infrared spectroscopy," *Circulation* **105**(8), 923–927 (2002).
6. A. Nair et al., "Coronary plaque classification with intravascular ultrasound radiofrequency data analysis," *Circulation* **106**(17), 2200–2206 (2002).
7. H. Yabushita et al., "Characterization of human atherosclerosis by optical coherence tomography," *Circulation* **106**(13), 1640–1645 (2002).
8. C. L. de Korte et al., "Characterization of plaque components with intravascular ultrasound elastography in human femoral and coronary arteries *in vitro*," *Circulation* **102**(6), 617–623 (2000).
9. A. Katouzian et al., "Challenges in atherosclerotic plaque characterization with intravascular ultrasound (IVUS): from data collection to classification," *IEEE Trans. Inform. Technol. Biomed.* **12**(3), 315–327 (2008).
10. J. Yin et al., "Novel combined miniature optical coherence tomography ultrasound probe for in vivo intravascular imaging," *J. Biomed. Opt.* **16**(6), 060505 (2011).
11. F. D. Kolodgie et al., "Localization of apoptotic macrophages at the site of plaque rupture in sudden coronary death," *Am. J. Pathol.* **157**(4), 1259–1268 (2000).
12. G. M. Sangiorgi et al., "Plaque vulnerability and related coronary event prediction by intravascular ultrasound with virtual histology: 'it's a long way to tipperary'?", *Catheter. Cardiovasc. Interv.* **70**(2), 203–210 (2007).
13. A. B. Karpiouk, B. Wang, and S. Y. Emelianov, "Development of a catheter for combined intravascular ultrasound and photoacoustic imaging," *Rev. Sci. Instrum.* **81**(1), 014901 (2010).
14. C. M. Gardner et al., "Detection of lipid core coronary plaques in autopsy specimens with a novel catheter-based near-infrared spectroscopy system," *JACC Cardiovasc. Imag.* **1**(5), 638–648 (2008).
15. F. A. Jaffer et al., "Two-dimensional intravascular near-infrared fluorescence molecular imaging of inflammation in atherosclerosis and stent-induced vascular injury," *J. Am. Coll. Cardiol.* **57**(25), 2516–2526 (2011).

16. L. Marcu et al., "Discrimination of human coronary artery atherosclerotic lipid-rich lesions by time-resolved laser-induced fluorescence spectroscopy," *Arterioscler. Thromb. Vasc. Biol.* **21**(7), 1244–1250 (2001).
17. K. Jansen et al., "Intravascular photoacoustic imaging of human coronary atherosclerosis," *Opt. Lett.* **36**(5), 597–599 (2011).
18. R. Weissleder et al., "In vivo imaging of tumors with protease-activated near-infrared fluorescent probes," *Nat. Biotechnol.* **17**(4), 375–378 (1999).
19. C. Vinegoni et al., "Indocyanine green enables near-infrared fluorescence imaging of lipid-rich, inflamed atherosclerotic plaques," *Sci. Transl. Med.* **3**(84), 1–20 (2011).
20. F. A. Jaffer and R. Weissleder, "Molecular imaging in the clinical arena," *J. Am. Med. Assoc.* **293**(7), 855–862 (2005).
21. F. A. Jaffer et al., "Real-time catheter molecular sensing of inflammation in proteolytically active atherosclerosis," *Circulation* **118**(18), 1802–1809 (2008).
22. S. Warren et al., "Combined ultrasound and fluorescence spectroscopy for physico-chemical imaging of atherosclerosis," *IEEE Trans. Biomed. Eng.* **42**(2), 121–132 (1995).
23. D. N. Stephens et al., "Intraluminal fluorescence spectroscopy catheter with ultrasound guidance," *J. Biomed. Opt.* **14**(3), 030505 (2009).
24. S. Liang et al., "Intravascular atherosclerotic imaging with combined fluorescence and optical coherence tomography probe based on a double-clad fiber combiner," *J. Biomed. Opt.* **17**(7), 070501 (2012).
25. V. Twersky, "Absorption and multiple scattering by biological suspensions," *J. Opt. Soc. Am.* **60**(8), 1084–1093 (1970).
26. N. M. Anderson and P. Sekelj, "Light-absorbing and scattering properties of non-haemolysed blood," *Phys. Med. Biol.* **12**(2), 173–184 (1967).
27. J. M. Steinke and A. P. Shepherd, "Role of light scattering in whole blood oximetry," *IEEE Trans. Biomed. Eng.* **33**(3), 294–301 (1986).
28. M. Cope, "The application of near infrared spectroscopy to non invasive monitoring of cerebral oxygenation in the newborn infant," PhD Thesis, Appendix B, pp. 316–323, University College London (1991).
29. J. Wu, M. S. Feld, and R. P. Rava, "Analytical model for extracting intrinsic fluorescence in turbid media," *Appl. Opt.* **32**(19), 3585–3595 (1993).
30. A. Ishimaru, "Diffusion of light in turbid material," *Appl. Opt.* **28**(12), 2210–2215 (1989).
31. S. K. Chang et al., "Analytical model to describe fluorescence spectra of normal and preneoplastic epithelial tissue: comparison with Monte Carlo simulations and clinical measurements," *J. Biomed. Opt.* **9**(3), 511–522 (2004).
32. K. R. Diamond, M. S. Patterson, and T. J. Farrell, "Quantification of fluorophore concentration in tissue-simulating media by fluorescence measurements with a single optical fiber," *Appl. Opt.* **42**(13), 2436–2442 (2003).
33. J. R. Cook, R. R. Bouchard, and S. Y. Emelianov, "Tissue-mimicking phantoms for photoacoustic and ultrasonic imaging," *Biomed. Opt. Express* **2**(11), 3193–3206 (2011).
34. M. Keijzer et al., "Fluorescence spectroscopy of turbid media: autofluorescence of the human aorta," *Appl. Opt.* **28**(20), 4286–4292 (1989).
35. M. Kass et al., "Snakes: active contour models," *Int. J. Comput. Vis.* **1**(4), 321–331 (1988).
36. L. Alvarez, P.-L. Lions, and J.-M. Morel, "Image selective smoothing and edge detection by nonlinear diffusion. II," *SIAM J. Numer. Anal.* **29**(3), 845–866 (1992).
37. C. Xu and J. L. Prince, "Snakes, shapes, and gradient vector flow," *IEEE Trans. Image Process.* **7**(3), 359–369 (1998).
38. A. V. Patil et al., "A real-time technique for improving molecular imaging and guiding drug delivery in large blood vessels: *in vitro* and *ex vivo* results," *Mol. Imaging* **10**(4), 238–247 (2011).
39. Y. Li et al., "Direct labeling and visualization of blood vessels with lipophilic carbocyanine dye DiI," *Nat. Protoc.* **3**(11), 1703–1708 (2008).
40. L. C. Phillips et al., "Focused ultrasound-mediated drug delivery from microbubbles reduces drug dose necessary for therapeutic effect on neointima formation—brief report," *Arterioscler. Thromb. Vasc. Biol.* **31**(12), 2853–2855 (2011).
41. I. Texier et al., "Cyanine-loaded lipid nanoparticles for improved *in vivo* fluorescence imaging," *J. Biomed. Opt.* **14**(5), 054005 (2009).
42. R. R. Sokal and F. J. Rohlf, *Biometry*, 4th ed., pp. 551–602, W. H. Freeman, New York (2012).
43. M. A. Caffon et al., "Intravascular near-infrared fluorescence molecular imaging of atherosclerosis: toward coronary arterial visualization of biologically high-risk plaques," *J. Biomed. Opt.* **15**(1), 011107 (2010).
44. K. R. Diamond, T. J. Farrell, and M. S. Patterson, "Measurement of fluorophore concentrations and fluorescence quantum yield in tissue-simulating phantoms using three diffusion models of steady-state spatially resolved fluorescence," *Phys. Med. Biol.* **48**(24), 4135–4149 (2003).
45. A. Roggan et al., "Optical properties of circulating human blood in the wavelength range 400–2500 nm," *J. Biomed. Opt.* **4**(1), 36–46 (1999).
46. M. Meinke et al., "Optical properties of platelets and blood plasma and their influence on the optical behavior of whole blood in the visible to near infrared wavelength range," *J. Biomed. Opt.* **12**(1), 014024 (2007).
47. G. van Soest et al., "Atherosclerotic tissue characterization *in vivo* by optical coherence tomography attenuation imaging," *J. Biomed. Opt.* **15**(1), 011105 (2010).
48. F. J. van der Meer et al., "Localized measurement of optical attenuation coefficients of atherosclerotic plaque constituents by quantitative optical coherence tomography," *IEEE Trans. Med. Imaging* **24**(10), 1369–1376 (2005).
49. R. Upadhyay et al., "Quantitative real-time catheter-based fluorescence molecular imaging in mice," *Radiology* **245**(2), 523–531 (2007).
50. R. A. Sheth et al., "Quantitative endovascular fluorescence-based molecular imaging through blood of arterial wall inflammation," *Radiology* **251**(3), 813–821 (2009).
51. P. A. Valdés et al., "Quantitative, spectrally-resolved intraoperative fluorescence imaging," *Sci. Rep.* **2**, 798 (2012).
52. P. A. Valdés et al., "Quantitative fluorescence in intracranial tumor: implications for ALA-induced PpIX as an intraoperative biomarker," *J. Neurosurg.* **115**(1), 11–17 (2011).
53. R. B. Saager et al., "Quantitative fluorescence imaging of protoporphyrin IX through determination of tissue optical properties in the spatial frequency domain," *J. Biomed. Opt.* **16**(12), 126013 (2011).
54. R. S. Bradley and M. S. Thorniley, "A review of attenuation correction techniques for tissue fluorescence," *J. R. Soc. Interface* **3**(6), 1–13 (2006).
55. D. E. Hyde et al., "A diffusion theory model of spatially resolved fluorescence from depth-dependent fluorophore concentrations," *Phys. Med. Biol.* **46**(2), 369–383 (2001).
56. E. Hull et al., "Noninvasive, optical detection of diabetes: model studies with porcine skin," *Opt. Express* **12**(19), 4496–4510 (2004).
57. J. G. Fujimoto et al., "High resolution *in vivo* intra-arterial imaging with optical coherence tomography," *Heart* **82**(2), 128–133 (1999).
58. E. M. Tuzcu, O. Bayturan, and S. Kapadia, "Invasive imaging: coronary intravascular ultrasound: a closer view," *Heart* **96**(16), 1318–1324 (2010).