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Abstract. The study was to investigate the changes in biochemical properties of activated mature CD8+ T cells related to apoptosis at a molecular level. We confirmed the activation and apoptosis of CD8+ T cells by fluorescence-activated cell sorting and atomic force microscopy and then performed Raman spectral measurements on activated mature CD8+ T cells and cellular deoxyribose nucleic acid (DNA). In the activated mature CD8+ T cells, there were increases in protein spectra at 1002 and 1234 cm^{-1} . In particular, to assess the apoptosis-related DNA spectral signatures, we investigated the spectra of the cellular DNA isolated from resting and activated mature CD8+ T cells. Raman spectra at 765 to 786 cm^{-1} and 1053 to 1087 cm^{-1} were decreased in activated mature DNA. In addition, we analyzed Raman spectrum using the multivariate statistical method including principal component analysis. Raman spectra of activated mature DNA are especially well-discriminated from those of resting DNA. Our findings regarding the biochemical and structural changes associated with apoptosis in activated mature T cells and cellular DNA according to Raman spectroscopy provide important insights into allospecific immune responses generated after organ transplantation, and may be useful for therapeutic manipulation of the immune response. © The Authors. Published by SPIE under a Creative Commons Attribution 3.0 Unported License. Distribution or reproduction of this work in whole or in part requires full attribution of the original publication, including its DOI. [DOI: [10.1117/1.JBO.20.7.075001](https://doi.org/10.1117/1.JBO.20.7.075001)]

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1 Introduction

T cell activation is an essential event in immune responses. The process of proper T cell activation is rigorously monitored and regulated by apoptosis. Specifically, apoptosis of an activated T cell has an important role in eliminating unwanted lymphocytes and maintaining T cell homeostasis after fighting infections.¹ Therefore, numerous studies have been performed to understand the mechanisms by which apoptosis is regulated during T cell activation. Activation-induced cell death (AICD) is one of the major mechanisms by which the programmed death of activated T cells is achieved. Fas, the well-known AICD receptor, has been shown to regulate immune homeostasis in mutational, transcriptional and clinical studies.^{2–5} Following infection, Fas is rapidly expressed on the surfaces of activated T cells. However, these T cells are resistant to apoptosis for some days after activation. It has been shown that T cells only acquire sensitivity to Fas-mediated apoptosis at a few days after antigen-specific activation.^{6–8} Thus, only activated mature T cells gain sensitivity to apoptosis and begin to undergo cell death. During this process, activated mature T cells rapidly exhibit classic characteristics of

apoptosis such as membrane blebbing, chromatin condensation and formation of deoxyribose nucleic acid (DNA) fragments.^{6,9} Although the process of T cell activation is being widely studied in the immunological and biochemical fields, the change in biochemical properties at a molecular level is still unknown due to the lack of a sensitive quantitative technique.

Raman spectroscopy has attracted great interest as a powerful analytical tool for detecting changes in the chemical structure and composition of a substance at the molecular level^{10–12} together with high sensitivity and selectivity. This technology has several additional advantages in that it is non-invasive, allows for rapid detection and does not require the use of labels to study biologically relevant molecules. Indeed, intracellular information about nucleic acids, proteins and other components, as well as their conformation, can be determined by Raman spectroscopy using variations in spectral shape and intensity.^{13–16}

In this study, we investigated the identification and quantification of biochemical properties related to apoptosis of activated mature CD8+ T cell and cellular DNA using Raman spectroscopy and multivariate statistical methods. Quantitative analysis on biochemical and structural changes in activated mature CD8+ T cells would be helpful in the early diagnosis and treatment of immune disorders associated with T cells.

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2 Materials and Methods

2.1 Animals

C57BL/6 mice (6 to 8 weeks of age, weighing 20 to 25 g) were purchased from Orient Bio Korea (Seoul, Republic of Korea). All animal use procedures were approved by the Ethical Committee of the Kyung Hee University [IRB; KHUASP(SE)-11-010] and were in strict accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals.

2.2 CD8+ T Cell Isolation

CD8+ T cells were highly purified from the spleens of C57BL/6 mice using magnetic bead separation (CD8+ cell isolation kit; Miltenyi Biotec, Bergisch-Gladbach, Germany). In brief, spleens from male C57BL/6 mice were removed and disrupted over wire mesh screens. Red blood cells were lysed in 0.85% NH_4 in Tris-HCl buffer. Isolated CD8+ T cells were incubated with antimouse CD8a PE (eBioscience, San Diego, California) for 30 min at 4°C in the dark. CD8+ T cells were washed three times, resuspended in flow cytometry staining buffer (eBioscience, San Diego, California), and the percentage of CD8+ T cells stained with specific reagents was determined by FACSCalibur and FlowJo software (Tree Star Inc., Ashland, Oregon). The purity of populations was determined by flow cytometric analysis and routinely reached >95%.

2.3 Preparation of Activated Mature CD8+ T Cells

To activate CD8+ T cells, the isolated CD8+ T cells were resuspended in RPMI 1640 (GIBCO, Grand Island, New York) supplemented with 10% fetal bovine serum, 50 IU/ml penicillin, and 50 lg/ml streptomycin (Hyclone, Logan, Utah) to the desired cell density (2×10^5 cells/48 well) on plates coated with anti-CD3 antibody (eBioscience, San Diego, California) and soluble anti-CD28 antibody (eBioscience, San Diego, California). After three days, CD8+ T cells were treated with anti-CD25 antibody (eBioscience, San Diego, California), resuspended in flow cytometry staining buffer, and immediately subjected to flow cytometric analysis. To confirm the presence of activated mature CD8+ T cells, some three-day old CD8+ T cells were treated with anti-CD25 antibody/anti-Fas antibody (eBioscience, San Diego, California) and anti-CD25 antibody/anti-Annexin-V antibody (Sigma Aldrich, St. Louis, Missouri) for 30 min. Flow cytometric data were acquired using a FACSCalibur flow cytometer.

2.4 Atomic Force Microscopy Measurements

Noncontact mode atomic force microscopy (AFM) images were obtained using a NANOS N8 NEOS (Bruker, Herzogenrath, Germany) equipped with a $42.5 \times 42.5 \times 4 \mu\text{m}^3$ XYZ scanner and two Zeiss optical microscopes (Epiplan 200× and 500×). External noise was eliminated by placing the AFM on an active vibration isolation table (Table Stable Ltd., Surface Imaging Systems, Herzogenrath, Germany) inside a passive vibration isolation table (Pucotech, Seoul, Republic of Korea). Resting and activated mature CD8+ T cells were scanned at a resolution of 512×512 pixels at a scan rate of 0.6 lines/s. Cell shape parameters, including perimeter and volume, and roughness parameters, including roughness average (Sa) and root mean square (Sq), were measured from topographic images using

a scanning probe imaging processor (SPIP, Image Metrology, Hørsholm, Denmark). The Sa was defined as the arithmetic mean of the deviations in height from the mean value, while Sq was the root mean square. A total of 50 different randomly selected $1 \times 1 \mu\text{m}^2$ sections of the cell membrane were analyzed. A statistical analysis was performed to compare the surface roughness between resting and activated mature CD8+ T cells using a two-tailed Student's *t*-test. *p*-Values less than 0.05 were regarded as statistically significant.

2.5 Isolation of Deoxyribonucleic Acids from Resting and Activated Mature CD8+ T cells

Resting and activated mature CD8+ T cells were harvested and washed once in phosphate-buffered saline (PBS). DNA preparation was performed using a High Pure PCR Template Preparation Kit (Indianapolis, Indiana). Briefly, 200 μl of sample material was added to 200 μl of binding buffer and 40 μl proteinase K. The resulting mixture was incubated at 70°C for 10 min. After adding 100 μl isopropanol, the sample was loaded into high filter tubes. After centrifugation, 500 μl inhibitor removal buffer was added. The samples were centrifuged and washed twice with 500 μl wash buffer. Prewarmed elution buffer was added in order to elute the DNA. The concentration of DNA was calculated using a Nano-100 Micro-spectrophotometer (Allsheng, Hangzhou city, China).

2.6 Raman Spectroscopic Measurements and Data Analysis

For Raman analysis of T cells, resting and activated mature CD8+ T cells were attached in gold-coated substrates using Cytospin Cyto centrifuge (Thermo Scientific, Waltham, Massachusetts). The T cells were washed twice with PBS and fixed for 20 min in 4% paraformaldehyde at 4°C, followed by two final washes with PBS. For Raman analysis of DNA, DNA (350 ng/5 μl) solution isolated from resting and activated mature CD8+ T cells was dropped on gold-coated substrates and then dried in air. We used gold-coated substrate to minimize spectral contributions from the glass substrate. Raman spectra were acquired using the SENTERRA confocal Raman system (Bruker Optics Inc., Billerica, Massachusetts) equipped with a 785-nm diode laser source (100 mW before objective) at a resolution of 3 cm^{-1} . A 100× air objective (MPLN N. A. 0.9, Olympus), which produced a laser spot size of $\sim 1 \mu\text{m}$, was used to focus the laser on samples and collect Raman signals. Raman spectra of cell and cellular DNA were calculated as the average of 15 measurements. All experiments were performed in triplicate. The Raman spectra of the cell and cellular DNA associated with the autofluorescence background were displayed on a computer in real time and saved for further analysis. An automated algorithm for autofluorescence background removal was applied to the measured data to extract pure sample Raman spectra. Baseline correction was performed by the rubber-band method, which was used to stretch between the spectrum endpoints. Baseline corrected spectra were intensity normalized to 1448 cm^{-1} (CH deformation) and 1092 cm^{-1} (PO_2^- stretching) for cell and cellular DNA, respectively. All Raman measurements were recorded with an accumulation time of 60 s in the 600 to 1700 cm^{-1} range, and Raman spectral acquisition and preprocessing of preliminary data such as baseline subtraction, smoothing and spectrum analysis were carried out

using the OPUS software (Bruker Optics Inc., Billerica, Massachusetts).

For statistical analysis, Raman spectra datasets obtained from cell and cellular DNA consist of 30 and 18 samples measured at different Raman wave numbers (600 to 1750 cm^{-1}) and each dataset has the same ratio of resting to active mature CD8+ T cell samples. For principal component analysis (PCA), the top two principal components explaining most of the total variance were extracted and the discriminant function was plotted to provide the best separation between the two matures based on the PCA scores obtained from PCA.

3 Results

3.1 Isolation CD8+ T Cells and Confirmation of Activated Mature CD8+ T Cells

CD8+ T cells were isolated from splenocytes by magnetic bead separation. The purity of the population was determined by flow cytometric analysis and routinely reached $>95\%$ [Fig. 1(a)]. Activated T cells express a number of specific surface receptors including CD25 (IL-2 receptor) and CD71 (transferrin receptor). To confirm that anti-CD3/28 antibody stimuli activated isolated

CD8+ T cells, we measured CD25 expression on cell surfaces after three days [Fig. 1(b)]. According to a previous paper, expression of apoptotic proteins (Fas, Annexin-V) appeared to match the peak of activation protein (CD25) at activated mature T cells.^{5,17,18} To confirm the presence of activated mature CD8+ T cells, CD8+ T cells incubated for three days were simultaneously stained with an activation marker (CD25) and apoptosis markers (Fas, Annexin-V) and analyzed by flow cytometry. Approximately 25% of activated cells exhibited high expression of Fas and Annexin-V, while none of the resting cells expressed Fas or Annexin-V [Figs 2(a) and 2(b)].

In addition, we observed the morphological changes in activated mature CD8+ T cells using AFM. AFM, which is a type of high-resolution scanning probe microscopy, is a powerful tool for imaging at the nanometer level and for observing cellular ultrastructures.^{19–21} Figure 3 shows representative AFM images, line profiles and histograms of single resting and activated mature CD8+ T cells. There were significant structural changes in activated mature CD8+ T cells. Specifically, the resting CD8+ T cells had an elliptical shape with a central hunch, relatively smooth surface and height of $1.71 \pm 0.60\text{ }\mu\text{m}$ ($n = 10$) [Figs. 3(a)–3(e)]. However, activated mature CD8+ T cells

Fig. 1 (a) Purity of CD8+ T cells populations after magnetic bead isolation. Mouse splenocytes before (left) and after (right) separation of CD8+ T cells using CD8+ T Cell Isolation Kit. The population purified of CD8+ T cells was determined by flow cytometry analysis and routinely reached $\geq 95\%$. (b) Confirmation of CD8+ T cells activation after anti-CD3/CD28 antibody stimulation. The surface marker CD25 was analyzed in activated CD8+ T cells by flow cytometry analysis.

Fig. 2 Confirmation of activated mature CD8+ T cells. After stimulation for three days, CD8+ T cells were incubated with (a) anti-CD25/anti-Fas antibody and (b) anti-CD25/anti-Annexin-V antibody and analyzed by flow cytometry.

exhibited increased cell size, surface roughness and irregularity [Figs. 3(f)–3(j)]. The height of activated mature CD8+ T cells was not statistically different from that of resting CD8+ T cells. As shown in the magnified image in Fig. 3(i) and the histogram in Fig. 3(j), the membranes of activated mature CD8+ T cell were much rougher than those of resting CD8+ T cells. Likewise, we observed several surface clusters that were much denser than those of resting CD8+ T cells. To identify the morphological changes between resting and activated mature CD8+ T cells, changes in cell volume, perimeter and surface roughness were evaluated. Figure 4(a) shows that the cell volume of activated mature CD8+ T cells increased significantly from $12.80 \pm 2.44 \mu\text{m}^3$ (resting CD8+ T cells) to $28.50 \pm 7.98 \mu\text{m}^3$ (activated mature CD8+ T cells) ($p = 0.0001$, $n = 10$). The cell perimeter of activated CD8+ T cells was also increased compared to that of cells in a resting state ($19.14 \pm 2.52 \mu\text{m}$ versus $35.70 \pm 5.59 \mu\text{m}$, $p < 0.0001$, $n = 10$) [Fig. 4(b)]. Additionally, the surface roughness parameters of activated mature CD8+ T cells were significantly increased to $29.52 \pm 14.80 \text{ nm}$ for Sa ($p < 0.001$, $n = 50$) and $37.58 \pm 18.97 \text{ nm}$ for Sq ($p < 0.005$, $n = 50$) compared with those of resting CD8+ T cells ($20.68 \pm 7.93 \text{ nm}$ for Sa and $26.98 \pm 10.68 \text{ nm}$ for Sq) (Table 1). Taken together, these results indicate that the isolated cell population consisted of activated mature CD8+ T cells.

3.2 Analysis of Raman Spectra from Activated Mature CD8+ T Cells and Cellular Deoxyribose Nucleic Acid

The averaged Raman spectra of resting and activated mature CD8+ T cells are presented in Figure 5(a) (blue line: resting, red line: activated mature and black line: the difference between the spectra of resting and activated mature). The chemical assignments for those Raman spectra at different wave numbers are given in Table 2. It is evident that both the resting and activated mature CD8+ T cells exhibit spectra corresponding to molecular vibrations of all cellular components, including nucleic acids, proteins, lipids, and carbohydrates.^{13,23,24} In order to quantitatively identify the effect of activation maturation on the CD8+ T cells, we selected some specific Raman spectra and compared the changes in their spectral intensities [Fig. 5(b)]. The main changes related to the protein vibration can be observed at 1002 cm^{-1} (symmetric ring stretching phenylalanine), and 1234 cm^{-1} (amide III β -sheet of protein). The changes of Raman spectra intensity corresponded to DNA vibration at 725 cm^{-1} (adenine), 778 cm^{-1} (cytosine/thymine ring breathing of the DNA/RNA), and 1096 cm^{-1} (phosphodioxo groups, PO_2^- , of the DNA backbone).

On examination of apoptosis-related DNA spectral signatures, we investigated the Raman spectra of the DNA directly.

Fig. 3 (a)–(e) Representative atomic force microscopy (AFM) images of a single resting CD8+ T cells. (a) Three-dimensional (3-D) image ($10\ \mu\text{m} \times 10\ \mu\text{m}$), (b) AFM topographical image ($10\ \mu\text{m} \times 10\ \mu\text{m}$), (c) line profile generated along the white dashed line on b, (d) magnified image of the yellow square in b ($2\ \mu\text{m} \times 2\ \mu\text{m}$), (e) histogram of the cell surface of d. (f)–(j) Representative AFM images of a single activated mature CD8+ T cell. (f) 3-D image ($10\ \mu\text{m} \times 10\ \mu\text{m}$), (g) AFM topographical image ($10\ \mu\text{m} \times 10\ \mu\text{m}$), (h) line profile generated along the white dashed line on g, (i) magnified image of the yellow square in g ($2\ \mu\text{m} \times 2\ \mu\text{m}$), (j) histogram of the cell surface in i.

DNA was isolated from the resting and activated mature CD8+ T cells, respectively. Figure 6(a) shows the Raman spectra obtained from resting DNA (blue line) and activated mature DNA (red line). The difference between the spectra of resting and activated mature DNA is shown in black line. Peak assignments at different wave numbers are given in Table 3.^{23,25,26} The spectra at 683 and $727\ \text{cm}^{-1}$ were assigned to guanine and adenine, respectively. The broad band at 765 to $786\ \text{cm}^{-1}$ represented cytosine, thymine and O—P—O in the DNA backbone. The band at 1053 to $1087\ \text{cm}^{-1}$ corresponded to vibrations in C—O stretching and phosphodioxy groups (PO_2^-) in the DNA backbone. Lastly, bands at 890 , 1142 , and $1463\ \text{cm}^{-1}$ were

assigned to deoxyribose. We investigated specific Raman spectra and compared the changes in their spectral intensities [Fig. 6(b)]. Raman intensities of activated mature DNA were decreased compared with those of resting DNA.

To discriminate the difference between the resting and activated mature CD8+ T cells, PCA was employed. PCA transforms a set of correlated high dimensional variables into a set of uncorrelated lower dimensional components. The small number of components (i.e., PCs) obtained from PCA explain much of variability of the original variables. Therefore, the small number of PCs can replace the large number of original variables without much loss of information. To compress the Raman

Fig. 4 Quantitative analysis of (a) cell volume and (b) perimeter of resting and activated CD8+ mature T cells (** $p = 0.0001$, *** $p < 0.0001$, $n = 10$ per group).

Table 1 Surface roughness analysis of resting and activated mature CD8+ T cells. Data are from 50 randomly selected $1 \mu\text{m} \times 1 \mu\text{m}$ sections of the cell membrane.

Roughness parameters (nm)	CD8+ T cell		p Value
	Resting ($n = 50$)	Activated mature ($n = 50$)	
S_a	20.68 ± 7.93	29.52 ± 14.80	<0.001
S_q	26.98 ± 10.68	37.58 ± 18.97	<0.005

spectra datasets, PCA was conducted and then two PCs explaining most of total variance were selected. The lines based on two PCs give the best separation between two samples. Figure 7 shows the plots of two samples obtained by projecting them onto the two principal components. Raman spectra of cell [Fig. 7(a)] and DNA [Fig. 7(b)] both have the capability of detecting differences between resting and activated mature CD8+ T cells.

4 Discussion

In this study, we sought to identify resting and activated mature CD8+ T cells at a molecular level. Activated mature T cells showed biochemical and morphological changes both inside the cell and on the cell surface. Nanoscale morphological changes in CD8+ T cells were investigated using AFM. AFM is a powerful nanotechnology tool that can identify surface properties, as well as changes to mechanical properties of cell membranes.^{27–29} This technique also allows for the quantitative analysis of the biophysical properties of T cell activation. It was confirmed that the activated mature CD8+ T cells result in an increased cell volume and cell perimeter (that is, a more irregular rim shape) over that observed in resting CD8+ T cells (Fig. 3). Cell membrane integrity is vital for life as it forms a barrier between the cell and the external environment and acts as an exchange interface for materials inside and outside of the cell.³⁰ The cell membrane also plays key roles in the physiological processes of cells, such as cell adhesion, migration, signal transduction, ion channel conductance, cellular transport, and cell-surface recognition.³¹ Therefore, any change in the cell membrane structure can be a sensitive indicator of the state of a cell, including normal growth conditions and death. With respect to the morphological changes associated with cellular apoptosis,²² we inferred that the increased roughness was likely due to membrane damage incurred by apoptosis.

Raman spectroscopy was used to detect and identify the change in cellular components related to the apoptosis of activated mature CD8+ T cells. Raman spectra of proteins (phenylalanine at 1002 cm^{-1} and amide III at 1234 cm^{-1}) were increased in activated mature CD8+ T cells. This phenomenon has been previously described as increases in the protein and lipid content of activated T cells.^{32,33} Also, it has been known that these peaks are very sensitive to the death of cells and changes in the structure of the protein.^{13,23}

However, recent studies have shown that T cell activation state is mainly related to the changes in Raman spectra

Fig. 5 (a) Averaged Raman spectra of CD8+ T cells: resting (blue line) and activated mature (red line). The spectrum (black line) shows the spectral differences of resting and activated mature CD8+ T cells. (b) Relative intensities of Raman spectra for resting and activated mature CD8+ T cells.

Table 2 Peak assignment of the Raman spectra of CD8+ T cells.

Peak (cm ⁻¹)	Assignment ^a			
	DNA/RNA	Proteins	Lipids	Carbohydrates
621		C—C twist Phe		
642		C—C twist Tyr		
666	T, G		CN ⁺ (CH ₃) ₃ · str.	
725	A			
778	U, C, T ring br.			
825	O—P—O asym. str.	Ring br. Tyr		
852		Ring br. Tyr		
932		C—C bk str. a-helix		C—O—C glycos
1002		Sym. ring br. Phe		
1030		C—H in-plane Phe		
1097	PO ₂ ⁻ str.		Chain C—C str.	C—O, C—C str.
1172		C—H Tyr, Phe		
1234		Amide III, b-sheet		
1329		CH def		
1449	G, A	CH def	CH def	CH def
1570	G, A			
1659		Amide I, a-helix	C=C str.	

^aAbbreviations: A, adenine; U, uracil; G, guanine; C, cytosine; T, thymine; Phe, phenylalanine; Tyr, tyrosine; Trp, tryptophan; br, breathing; bk, backbone; def, deformation vibration; str, stretching; sym, symmetric; asym, asymmetric; tw, twist.

associated with DNA, not proteins.^{32,33} In general, a significant proportion of activated mature T cells undergo apoptosis when triggered through the CD3/T cell receptor complex. This process is rapid and is accompanied by the degradation of chromosomal DNA in most cases. Deletion of T cells by DNA degradation has an important role in regulating autoreactive T cells in the thymus.⁹ We observed reductions in Raman spectra intensities corresponding to DNA for activated mature CD8+ T cells such

as 768, 1071 and 1463 cm⁻¹. These changes in intensity may have been due to the destruction of the ring structure, indicating disintegration of DNA related to apoptosis.^{24,34} A previous Raman spectral analysis of cells undergoing drug-induced apoptosis showed decreases in the DNA spectral peak at 768 cm⁻¹, suggesting the breakdown of phosphodiester bonds and DNA bases.³⁵ More recently, Ong et al.³⁶ reported the ability to discriminate between apoptosis and necrosis using Raman

Fig. 6 (a) Averaged Raman spectra of deoxyribose nucleic acid (DNA): resting (blue line) and activated mature (red line). The spectrum (black line) shows the spectral differences of resting and activated mature DNA. (b) Relative intensities of Raman spectra for resting and activated mature DNA.

Table 3 Peak assignments for DNA Raman spectra.

Peak (cm ⁻¹)	Assignment ^a
668	G, T
683	G
727	A
765 to 786	C, T, bk: O—P—O
890	Deoxyribose
1053 to 1087	C—O str. PO ₂ ⁻ str.
1142	Deoxyribose, phosphate
1246	C, A
1339	A
1374	T, A, G
1463	Deoxyribose
1576	G, A

^aAbbreviations: A, adenine; G, guanine; C, cytosine; T, thymine; str, stretching vibration; bk, backbone.

spectroscopy. In particular, apoptosis-related Raman DNA spectra changes were observed in O—P—O in the DNA backbone (the region around 780 to 800 cm⁻¹) and in PO₂⁻ in the DNA backbone (the region around 1053 to 1087 cm⁻¹).³⁶ It has been suggested before that the decrease of the region may correlate with the progress of internucleosomal DNA cleavage.^{37,38} Together, our results indicate that the decreases in Raman intensities of activated mature DNA are related to apoptosis. These findings also suggest that Raman spectroscopy can be used as a label-free and noninvasive optical technique to determine the status of activated mature CD8+ T cells.

The differences between resting and activated mature CD8+ T cells in the Raman spectra of cells and DNA were statistically investigated, respectively. PCA, which is a powerful multivariate statistical tool used to reduce the dimensionality of a large number of correlated variables, was conducted and then the discriminant functions (i.e., black line) between two T cells were obtained by linear discriminant analysis (LDA). LDA helps to

classify data by maximizing the ratio of between-group and within-group variances.³⁹ The activated mature CD8+ T cells and DNA were significantly different from those of resting T cells and DNA. As shown in [Figs 7(a) and 7(b)], a clear separation can be seen between resting and activated mature CD8+ T cells. In particular, the Raman spectra of activated mature DNA are well-discriminated from those of resting DNA. This result implies that changes in Raman spectra associated with DNA can be used as a useful determining factor when detecting activated mature CD8+ T cells.

5 Conclusion

In conclusion, we sought to improve understanding about apoptosis during the process of T cell activation. Our findings regarding the biochemical and structural changes observed in activated mature CD8+ T cells by Raman spectroscopy will provide new information in the area of nanomedicine for the treatment of T cell related immunity. Because the activation process of T cells is a key stage in T cell mediated immune response, the identification and quantification of the biochemical properties of activated mature CD8+ T cells might lead to further understanding of the mechanism of the immune response. Additionally CD8+ T cells' activation rejects allografts or plays a role in the progression of the rejection process. Therefore, the success of the transplant is determined by monitoring for the prevention of the activation and proliferation of CD8+ T cells. Further, CD8+ T cells' deficiencies are known to be involved in the pathogenesis of many autoimmune diseases. Monitoring of CD8+ T cells in autoimmune diseases can be important factor for diagnosis and therapy. As far as we know, this is the first study to identify apoptosis-related molecular changes to the state of activated mature CD8+ T cells. This method might be a valuable tool for the diagnosis and monitoring of allograft rejection and autoimmune diseases.

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Fig. 7 Principal component analysis of resting and activated mature CD8+ T cells: (a) resting and activated mature CD8+ T cells and (b) resting and activated mature DNA.

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