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Abstract. Choroid thickness and volume estimated from optical coherence tomography (OCT) images have emerged as important metrics in disease management. This paper presents an automated three-dimensional (3-D) method for segmenting the choroid from 1- μm wide-view swept source OCT image volumes, including the Bruch's membrane (BM) and the choroidal-scleral interface (CSI) segmentation. Two auxiliary boundaries are first detected by modified Canny operators and then the optical nerve head is detected and removed. The BM and the initial CSI segmentation are achieved by 3-D multiresolution graph search with gradient-based cost. The CSI is further refined by adding a regional cost, calculated from the wavelet-based gradual intensity distance. The segmentation accuracy is quantitatively evaluated on 32 normal eyes by comparing with manual segmentation and by reproducibility test. The mean choroid thickness difference from the manual segmentation is $19.16 \pm 4.32 \mu\text{m}$, the mean Dice similarity coefficient is $93.17 \pm 1.30\%$, and the correlation coefficients between fovea-centered volumes obtained on repeated scans are larger than 0.97. © 2016 Society of Photo-Optical Instrumentation Engineers (SPIE) [DOI: 10.1117/1.JBO.21.12.126017]

Keywords: choroid segmentation; swept source optical coherence tomography; graph search; gradual intensity distance.

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1 Introduction

The human choroid is a complex vascular structure lying between the retina and the sclera. It provides oxygen and nourishment to the outer layers of the retina, including the photoreceptor cells crucial to visual function.¹ The choroid morphology is relevant to many factors, such as age, gender, axial length, and intraocular pressure in healthy eyes.^{2,3} Changes in the choroid, often manifested as changes in thickness and volume, are also associated with various ocular disorders, such as glaucoma,⁴ high myopia,⁵ age-related macular degeneration,⁶ central serous chorioretinopathy,⁷ and Vogt-Koyanagi-Harada disease.⁸ Accurate quantification of the choroid thickness or volume is of great interest in pathophysiology studies of these diseases.

Recent development of optical coherence tomography (OCT) has made several techniques available for high-speed and *in vivo* cross-sectional imaging of the choroid structure. The enhanced depth imaging OCT (EDI-OCT) obtains high signal strength by placing the “zero delay line” near the outer retina and choroid and enhances the signal-to-noise ratio (SNR) by averaging high number of B-scans.⁹ High-definition OCT (HD-OCT) can also be achieved by averaging selected high-quality B-scans in conventional 840-nm spectral domain OCT.³ However, in both EDI-OCT and HD-OCT, the requirement of averaging limits the number of B-scans finally obtained. Therefore, the choroid volume cannot be accurately calculated. Another recently introduced technique is the swept-source OCT (SS-OCT) with a central wavelength near 1 μm .¹⁰ The longer wavelength allows better penetration through the deeper layers. As a result,

a three-dimensional (3-D) volume showing both the retina and the entire choroid can be obtained. Along with the improved scanning speed, the wide-view scanning can include both the optical nerve head (ONH) and the macula. Two B-scans obtained by 1050-nm SS-OCT are shown in Fig. 1. Compared to EDI-OCT and HD-OCT, the 3-D image has higher level of speckle noise, which poses more difficulty for accurate segmentation.

The goal of automatic choroid segmentation is to delineate the Bruch's membrane (BM) as the upper boundary and the choroidal-scleral interface (CSI) as the lower boundary, as shown in Fig. 1. The BM is the lower boundary of the retinal pigment epithelium (RPE) with high reflectivity, which is often detected by finding the maxima in intensity or gradient. On the contrary, the CSI can only be observed as the boundary between the textured region of choroid and the uniform region of sclera. It is often weak, broken, and open to subjective interpretation. Hence, the segmentation of CSI is far more challenging.

Some studies on automatic choroid segmentation have been carried out based on the aforementioned choroid imaging techniques. For EDI-OCT images, Tian et al.¹¹ detected “valley pixels” as local minima of A-scans and found CSI as the shortest path using Dijkstra's algorithm. Alonso-Caneiro et al.¹² calculated a dual brightness probability gradient following image enhancement, which was used to form the weights to search for the CSI. Vupparaboina et al.¹³ measured the structural dissimilarity between choroid and sclera by structural similarity index and achieved final delineation by thresholding and tensor voting. Danesh et al.¹⁴ employed the wavelet-based features to construct a Gaussian mixture model, which was then used in

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Fig. 1 B-scan of 1050-nm wide-view SS-OCT image: (a) an original B-scan from SS-OCT image volume and (b) the same B-scan with several structure manually labeled.

a graph cut method for segmentation of CSI. Chen et al.¹⁵ used a graph-based method for delineating CSI in which both the searching space and the cost were obtained based on vasculature characteristics. Chen et al.¹⁶ also proposed a method based on gradual intensity distance for choroid segmentation in HD-OCT images. These are all two-dimensional (2-D) methods applied on images with high SNR. No 3-D context is used in segmentation, and most of them do not work well for images with low SNR. Studies on 3-D OCT volumes are limited. Hu et al.¹⁷ applied a 3-D multistage multisurface graph search method for choroid segmentation of highly anisotropic and high-SNR OCT volumes obtained by B-scan averaging. Kajic et al.¹⁸ used a statistical model based on texture and shape to automatically detect the choroid boundaries in the 1060-nm OCT B-scans of both healthy and pathological eyes. However, the method required extensive training. Zhang et al.¹⁹ proposed a 3-D method by which the CSI was identified by fitting a thin plate spline to the lower boundary of segmented choroidal vessels. It was later validated on both EDI-OCT and SS-OCT volumes by Philip et al.²⁰ Zhang et al.²¹ also proposed a method based on combined graph-cut-graph-search method and yielded accurate segmentation results for choroid surface segmentation in SS-OCT volumes. But the 3-D graph construction was complicated and the method was computationally expensive. In addition, manufacturer-provided segmentation software are also available for choroid thickness analysis,²² but failures are often observed²³ and manual correction is needed.

In this paper, we propose a 3-D automatic choroid segmentation method for 1050-nm wide-view SS-OCT volumes. The 3-D context is taken into consideration in the segmentation. A choroid thickness map and the choroid volume can be calculated from the segmentation results. The choroid both below the fovea and near the ONH can be segmented, which gives more information than methods based on the conventional

macula-centered OCT images. The method works with images with relatively high speckle noise level.

In preprocessing, we propose to use linear mapping and a cross bilateral filtering to enhance the image quality. In the segmentation, modified Canny operators are used to detect two auxiliary boundaries. Based on the second boundary, the ONH is detected and the corresponding A-scans are excluded in the following procedures. The 3-D multiresolution graph search method is applied to achieve segmentation of the BM and CSI. For CSI, we propose the wavelet-based gradual intensity distance cost. Combined with the conventional gradient-based cost, accurate segmentation is obtained, even with weak and broken boundaries. The segmentation accuracy is quantitatively evaluated by comparing with manual segmentation and by reproducibility test.

2 Materials and Methods

3-D OCT volumes were acquired using a Topcon Swept Source OCT scanner at 1050 nm (DRI OCT-1 Atlantis, Topcon, Tokyo), with 20- μm lateral resolution and 8- μm axial resolution. The image size is 512(width of B-scans) $\times$ 256(number of B-scans) $\times$ 992(depth of B-scans), which corresponds to a 12 $\times$ 9 $\times$ 2.6 mm³ volume. In this paper, we define x as the width index, y as the B-scan index, and z as the depth index, and a B-scan image is in the $x - z$ plane. Three data groups were constructed. Both eyes from 16 normal subjects were scanned twice within 10-min intervals, and formed groups A and B for reproducibility evaluation. Another 10 eyes from 5 normal subjects were scanned once, and formed group C for parameter optimization. For each image volume in groups A and C, 10 B-scans with even spacing (25 B-scans apart) were manually segmented by two experts. The average position of the manual delineation was used as ground truth (GT) for BM and CSI. The study was approved by the Institutional Review Board of Soochow University, and informed consent was obtained from all subjects.

2.1 Image Enhancement

To work with an image with relatively high speckle noise level, two procedures are used to enhance the image quality.

1. Contrast enhancement by linear mapping. The intensities below a threshold are mapped to 0, and the maximum intensity is mapped to 1. The threshold is set as the mean of the background region, calculated from the image volume with 200 voxels in height in the lower part of the image. This mapping suppresses noise with low intensities and enhances the contrast between the bright layers with the dark background and the choroid vessel regions.
2. Speckle noise reduction by cross bilateral filtering. Bilateral filtering, with its edge-preserving ability, is often used for speckle noise reduction in OCT images.^{24,25} It is essentially a local weighted averaging. The weights are the product of two Gaussian kernels, related to distance and intensity, respectively. The bilateral filtering is computed as follows:²⁶

$$g(i, j) = \frac{\sum_{k,l} f(k, l) \omega(i, j, k, l)}{\sum_{k,l} \omega(i, j, k, l)}, \quad (1)$$

Fig. 2 Part of a B-scan (a) before and (b) after image enhancement and (c) image denoising.

Fig. 3 Detection of two boundaries using modified Canny edge detectors: (a) edge map E_1 to detect surface 1, (b) edge map E_2 to detect surface 2. Note that vertical edges do not present in E_2 . (c) Detection results of surface 1 and 2, shown as red and green curves. Vertical yellow lines indicate the detected ONH region.

Fig. 4 ONH detection: (a) 2-D map obtained from detecting absence of surface 2, (b) after removing small regions and hole filling, and (c) final result obtained using convex hull.

$$\omega(i, j, k, l) = d(i, j, k, l)r(i, j, k, l), \quad (2)$$

$$d(i, j, k, l) = \exp\left[-\frac{(i-k)^2 + (j-l)^2}{2\sigma_d^2}\right], \quad (3)$$

$$r(i, j, k, l) = \exp\left[-\frac{\|f(i, j) - f(k, l)\|^2}{2\sigma_r^2}\right], \quad (4)$$

where f is the original image, g is the filtered image, (i, j) and (k, l) are the pixel coordinates, and σ_d^2 and

σ_r^2 are the variances of Gaussian kernels controlling the smoothness. However, the conventional bilateral filtering is better at removing Gaussian-like noise than the impulse-like noise, i.e., pixel with particularly higher or lower intensities than its neighbors. In the latter case, $r(i, j, k, l)$ will be small, and the total weight $\omega(i, j, k, l)$ will also be small, thus resulting in insufficient averaging. Therefore, we propose to use a cross bilateral filter that incorporates the ability of the median filter in removing impulse noise. Equation (4) is then modified to Eq. (5), where f_M is the result of median filtering of f .

Fig. 5 Illustrations of the WGID cost: (a) the flattened and cropped subimage below BM with segmentation results overlaid. The cyan dotted curve, blue solid curve, and yellow dashed curve are the initial segmentation by gradient-based cost, the final segmentation using both gradient-based and WGID-based cost, and the manual segmentation, respectively. (b) The gradient-based cost image, (c) the WGID-based cost image, (d) an A-scan from (a), whose position is indicated by the red arrow. The black and green curves represent the original signal and the wavelet approximation, respectively. The red dotted, blue solid, and magenta dashed vertical lines indicate the initial segmentation by gradient-based cost, the maximum WGID position and the manual segmentation, respectively. (f) The black signal is the WGID calculated from (e), corresponding to one column in (c). The blue circles represent the local maxima below initial segmentation that form (d).

$$r(i, j, k, l) = \exp \left[-\frac{\|f_M(i, j) - f_M(k, l)\|^2}{2\sigma_r^2} \right]. \quad (5)$$

The median-filter-guided cross bilateral filtering combines the advantage of both filters, which both reduces the speckle noise and preserves the edges.

Here we apply a fast approximation technique,²⁷ where the filter is formulated in a higher dimensional space as convolution followed by simple nonlinear operations.

Part of a B-scan before and after the two-step image enhancement is shown in Fig. 2.

Table 1 The mean and standard deviation of ABD and SBD of BM and CSI, the mean TD, and the mean DSC between initial segmentation results, final segmentation results and GT, and between two observers.

	Initialization versus GT	Proposed versus GT	Obs.1 versus Obs.2	p-value between columns 2 and 3
ABD_BM (μm)	—	8.17 ± 1.80	12.91 ± 2.62	<0.0001
ABD_CSI (μm)	24.66 ± 6.78	19.16 ± 4.32	23.06 ± 4.55	<0.0001
SBD_BM (μm)	—	−2.17 ± 2.62	−0.51 ± 3.99	0.1103
SBD_CSI (μm)	−15.39 ± 9.11	3.62 ± 5.89	−2.91 ± 7.91	0.0015
TD (μm)	23.94 ± 6.79	20.64 ± 4.16	24.10 ± 4.23	<0.0001
DSC (%)	90.74 ± 2.48	93.17 ± 1.30	90.92 ± 1.37	<0.0001

Table 2 Mean and standard deviation of relative choroid volume difference (RVD), CC, and coefficient of determination (R^2) between repeated scans for 1-mm center circle, 1- to 3-mm ring, and 3- to 6-mm ring.

	1 mm	1 to 3 mm	3 to 6 mm
RVD (%)	3.70 ± 3.82	3.29 ± 3.60	2.66 ± 2.21
CC	0.9752	0.9748	0.9803
R^2	0.9510	0.9503	0.9609

2.2 Optical Nerve Head Detection

Inside the ONH, most of the retinal layers, including RPE and CSI, are discontinuous. Therefore we detect the region first and remove it from the volume of interest (VOI). This also involves two steps:

1. Auxiliary boundary detection. We define two auxiliary surfaces. Surface 1 is the inner limiting membrane and also the upper boundary of nerve fiber layer. Surface 2 is the upper boundary of photoreceptor–RPE complex. These are two boundaries with the most notable dark-to-bright transitions. We detect them in each B-scan using two modified Canny edge detectors, according to their different morphologies.

The Canny edge detector calculates the gradient $G = (G_x, G_z)$ in a smoothed image, and uses both the magnitude and direction of G to determine the correct edge points.²⁸ Here, we use two types of modified gradient magnitude for detecting the two boundaries. As both of them are dark-to-bright edges, voxels with negative vertical component G_z are considered. For surface 1, as the boundary drops suddenly in the ONH and G_z will be close to zero, the horizontal component G_x is also needed. Therefore, we use the following calculation for surfaces 1 and 2, respectively, and obtain two edge maps E_1 and E_2 , as shown in Fig. 3.

$$|G|_1 = |G_x| + |\min(0, G_z)|, \quad (6)$$

$$|G|_2 = |\min(0, G_z)|. \quad (7)$$

The modified Canny detectors constrain the type of edges detected and effectively remove interfering edge points. Then, the first edge point in each A-scan of E_1 is detected to form surface 1, for which median filtering is used to remove outliers. The first edge point below surface 1 in each A-scan of E_2 is detected to form surface 2, which will be further processed in the next step. The two edge maps are shown in Figs. 3(a) and 3(b), overlaid on the original B-scan.

2. ONH detection. The absence of edge below surface 1 in E_2 indicates the ONH region. Therefore, considering all the A-scans in the image volume, we can get a 2-D binary map, where white represents the A-scans inside the ONH, as shown in Fig. 4. The holes inside are caused by detection of the horizontal boundary of

lamina cribrosa. Some small regions also appear caused by minor discontinuities in the detected surface 2. Postprocessing, including small region removing and hole filling, is applied to get the ONH, and the convex hull is calculated to smooth the boundary.

Finally, all the discontinuities in surface 2, including ONH, are removed by linear interpolation. This surface, as shown in Fig. 3(c), is used to constrain the BM segmentation in the next section.

2.3 BM and CSI Segmentation

The BM is a boundary with bright-to-dark transition at the bottom of the retina. Although the CSI is not a clear boundary, in most places it appears as the bottom of large choroidal vessels. Therefore, we get the initial segmentation by assuming it as a dark-to-bright boundary. Since the BM and CSI are less notable transitions than surfaces 1 and 2, a 3-D multiresolution graph search method is used for the segmentation. By defining smoothness constraint in both lateral directions and finding the optimal segmenting surface in the whole volume, the 3-D context is fully utilized. This is especially beneficial for CSI with broken and weak boundaries.

The 3-D graph search algorithm for optimal surface segmentation proposed by Li et al.²⁹ and its variations^{30–32} were successfully applied to retinal layer segmentation. The 3-D image volume is mapped into a graph, with each voxel corresponding to a node. Nodes are connected by intracolumn and intercolumn arcs. The smoothing constraints Δ_x and Δ_y controlling the change of surface position between neighboring A-scans are used to construct the intercolumn arcs. A cost function $c(x, y, z)$ inversely related to the likelihood that the voxel belongs to the detected surface is assigned to each voxel, and then converted to the weight of each node. Detecting a surface with minimum total cost is converted into finding a minimum weight closed set in this node-weighted digraph, which can then be solved in polynomial time by computing a minimum s-t cut in a derived arc-weighted digraph.

The multiresolution graph search method²⁴ is used in our algorithm to improve the efficiency. The 3-D OCT scan is down-sampled by a factor of 2 three times in the z -direction to form four resolution levels. The search for the surface in higher resolution is constrained in a subimage near the position of the surface detected in the next lower resolution.

For BM, the cost function $c_{BM}^{\text{grad}}(x, y, z)$ is calculated as the inverse of the 3-D Sobel gradient in the z -direction while for CSI, $c_{CSI}^{\text{grad}}(x, y, z) = -c_{BM}^{\text{grad}}(x, y, z)$ is used. The costs are set to 0 for all A-scans inside the detected ONH region, so that the detected surface near ONH is not affected by the structures inside it. To obtain a smooth surface, the minimal smoothness constraints $\Delta_x = \Delta_y = 1$ are used for all resolutions. The previously detected surfaces are used to constrain the searching space. The BM is detected in a subimage below surface 2. Based on the position of BM, the image is flattened, and the CSI is detected in a subimage below the flattened BM. The segmentation results are smoothed using cubic splines.

2.4 CSI Refinement

By using the gradient-based cost, the BM can be successfully segmented, but the results of CSI are not accurate enough. Due to the complex structure of choroidal vessels, the detected

surface may be attracted by vessel edges inside the choroid. Therefore the initial detection results tend to locate above the true boundary. In this section, we propose to incorporate a region-based cost into the graph search and refine the CSI segmentation.

The gradual intensity distance measure was first proposed by Chen et al.¹⁶ for segmenting CSI in 2-D HD-OCT images. It was observed that below the CSI, the intensity level of sclera decreased gradually. Hence the position where this decreasing started could be marked as the CSI. However, this measure is not

directly applicable for 3-D SS-OCT volumes, because the high-level noise destroys the monotonic decreasing pattern of sclera intensity. Nevertheless, we find that the general trend of decreasing can be recovered to some extent using wavelet approximations and propose a wavelet-based modified gradual intensity distance (WGID) cost for the refinement of CSI segmentation.

Define the VOI of CSI segmentation as the subimage below BM in the flattened image excluding the ONH. Use $A(z)$ as a simplified notation of an A-scan in the VOI. Its discrete wavelet transform can be written as

Fig. 6 The Bland–Altman charts and the linear regression charts for repeated volume quantifications: (a, b) for 1-mm center circle, (c, d) for 1- to 3-mm ring, and (e, f) for 3- to 6-mm ring.

$$A(z) = \sum_k a_{J,k} \phi_{J,k}(z) + \sum_{j=1}^J \sum_k d_{j,k} \psi_{j,k}(z), \quad (8)$$

where $\phi_{J,k}(z)$ and $\psi_{j,k}(z)$ are the scaling function and wavelet function, respectively, j and k are the scaling and translation parameters, respectively, $a_{J,k}$ and $d_{j,k}$ are the corresponding approximation coefficients and detail coefficients, and J is the decomposition level. The wavelet approximation of $A(z)$ is obtained by setting all the detail coefficients $d_{j,k} = 0$, so that

$$A_0(z) = \sum_k a_{J,k} \phi_{J,k}(z). \quad (9)$$

As the scaling function is designed to be a low-frequency smooth function, and the wavelet function is a high-frequency function that oscillates around zero, $A_0(z)$ is a smoothed approximation of $A(z)$, that keeps the general trend and removes the fluctuations of the signal, as shown in Fig. 5(e). The smoothness is affected by the type of wavelet used and the decomposition level J . In this paper, we choose the wavelet from the biorthogonal wavelet family with linear-phase filters, which is often used in image processing. The wavelet “bior5.5” and $J = 4$ are chosen by minimizing the average difference between the maximum position of WGID and the GT in data group C.

Assuming $z = 0$ at the bottom of the image, the WGID for an A-scan is calculated as

$$\text{WGID}(z) = \begin{cases} 0 & \text{if } z=0 \text{ or } A_0(z) < A_0(z-1) \\ \text{WGID}(z-1) + 1 & \text{if } A_0(z) \geq A_0(z-1) \end{cases}. \quad (10)$$

The WGID of a B-scan is shown in Fig. 5(c). To improve robustness, instead of only picking the value at the maximum position as the cost, as proposed in Ref. 16, we retain all the local maxima below the initial detected CSI to form the WGID-based cost. By definition, the local maximum is the point where the WGID changes from positive values to zero, as shown in Fig. 5(f). Therefore for an A-scan at (x, y)

$$c_{\text{CSI}}^{\text{WGID}}(x, y, z) = \begin{cases} -\text{WGID}(z) & \text{if } \text{WGID}(z) > \text{WGID}(z+1) \\ 0 & \text{if } \text{WGID}(z) \leq \text{WGID}(z+1) \end{cases}. \quad (11)$$

The WGID-based cost is combined with the gradient-based cost in graph search for refinement of the CSI.

$$c_{\text{CSI}}(x, y, z) = c_{\text{CSI}}^{\text{grad}}(x, y, z) + w \cdot c_{\text{CSI}}^{\text{WGID}}(x, y, z). \quad (12)$$

The weight is set as $w = 0.5$, which is optimized by minimizing the average absolute distance between detected CSI and the GT in data group C.

The initial and final segmentation results of CSI for a B-scan are shown in Fig. 5(a). The gradient-based cost and the WGID-based cost for the B-scan are shown in Figs. 5(b) and 5(d),

Fig. 7 Segmentation results of an eye with thick choroid. Green and red curves refer to BM and CSI. Blue curves refer to the initialization of CSI. Yellow vertical lines refer to start and end of ONH. First column: original B-scans. Second and third columns: two manual segmentations. Fourth column: automatic results.

Fig. 8 Segmentation results of an eye with thin choroid. Green and red curves refer to BM and CSI. Blue curves refer to the initialization of CSI. Yellow vertical lines refer to start and end of ONH. First column: original B-scans. Second and third columns: two manual segmentations. Fourth column: automatic results.

respectively. Note that the gradient-based cost is weak and noisy, so that the initial segmentation deviates from the true boundary while the WGID-based cost is strong near the true boundary.

2.5 Evaluation Metrics

For images from the 32 eyes from 16 normal subjects in data group A, two trained experts manually delineated the BM and CSI in the B-scans using the ITK-SNAP Software.³³ The experts might refer to adjacent B-scans when they were unsure about the position. The average position of the two manual delineations is used as GT. The absolute boundary difference (ABD) and signed boundary difference (SBD) of BM and CSI, the thickness difference (TD), and the Dice similarity coefficient (DSC), computed as in Eq. (13), are calculated. The errors of the automatic segmentation are compared with the interobserver variability. Paired t-tests are conducted and $p < 0.05$ is considered statistically significant.

$$\text{DSC} = 2 \frac{|CH_{\text{auto}} \cap CH_{\text{gt}}|}{|CH_{\text{auto}}| + |CH_{\text{gt}}|}, \quad (13)$$

where CH_{auto} and CH_{gt} refer to the set of choroid voxels of automatic segmentation results and the GT, and $|\cdot|$ means the size of voxel set.

Reproducibility of the volume quantification is conducted between data groups A and B for the 32 eyes. The (x, y) position

of the fovea is automatically detected by finding the lowest point of surface 1 in the flattened image, within a certain range of the center of detected ONH. We define three circles with 1, 3, and 6 mm diameters centered at the fovea, as in the early treatment diabetic retinopathy chart.³⁴ The choroid volumes in the center circle and the two rings, calculated from the same eye, are compared. The correlation coefficient (CC), the coefficient of determination of linear regression (R^2), and the relative volume difference (RVD), calculated as

$$\text{RVD} = \frac{|V_A - V_B|}{(V_A + V_B)/2}, \quad (14)$$

are used for quantitative evaluation of reproducibility. The Bland-Altman charts are also plotted to show the agreement between two groups of results.

3 Results and Discussion

3.1 Quantitative Evaluation

The mean and standard deviation of ABD and SBD of BM and CSI, the mean TD, and the mean DSC between final segmentation results and GT are shown in Table 1, and compared with those of the initial segmentation results and the interobserver variability. The mean ABD of BM is $8.17 \pm 1.80 \mu\text{m}$, and the mean ABD of CSI is $19.16 \pm 4.32 \mu\text{m}$. The ABD of BM is smaller than that of CSI, for both automatic and manual

segmentation, which agrees with the fact that BM is much more distinguishable than CSI. The mean TD is $20.64 \pm 4.16 \mu\text{m}$. The ABD of BM, ABD of CSI, and TD of the automatic segmentation are all smaller than the interobserver difference. The DSC of the automatic segmentation is $93.17 \pm 1.30\%$ and is larger than the interobserver DSC. The p -values of these four metrics show statistical significance. The SBD values suggest the automatic segmentation is slightly above the GT for BM and slightly below the GT for CSI. Compared with the initialization results, all the evaluation metrics are improved by the refinement with WGID-based cost. Especially, the SBD values show that the initialization by gradient-based cost is above the GT but is corrected in the final segmentation. The slightly positive SBD of final segmentation is largely caused by discrepancies with manual delineations in segmenting weak parts of the CSI.

The mean and standard deviation of RVD, the CC, and R^2 of linear regression of the volumes obtained from repeated scans

for the 1-mm center circle, 1- to 3-mm ring, and 3- to 6-mm ring, are shown in Table 2. High agreement can be observed. The RVD values are all smaller than 4%, the CC values are all larger than 0.97, and the R^2 values are all larger than 0.95. The Bland–Altman charts plotted in Fig. 6 also show that the difference between two groups of choroid volumes is small.

3.2 Qualitative Evaluation

Segmentation results overlaid on original B-scans are shown in Figs. 7 and 8 for two eyes, one with thick choroid and the other with thin choroid. Two B-scans with and without the fovea and ONH are shown for each eye. In the weak parts of CSI, as indicated by yellow arrows, both the difference between observers and the difference between automatic and manual segmentations are relatively higher. Compared with initialization results, the final segmentation is more close to the manual delineation.

Fig. 9 Choroid thickness maps obtained by automatic segmentation. The two columns correspond to results of repeated scans. The three rows correspond to three eyes with large, medium, and small choroid thickness.

Choroid thickness maps can be plotted according to automatic segmentation results. Six thickness maps of repeated scans from three eyes with large, medium, and small average choroid thickness are shown in Fig. 9. High resemblance can be observed from maps for the same eye, again proving the reproducibility of the proposed method.

3.3 Comparison to Two-Dimensional Methods

As the existing methods were tested on different datasets with different scanning protocols and imaging resolutions, we are unable to compare with their results based on the reported errors. What is more, the intensity of RPE is usually the highest for EDI-OCT images, while not the case for SS-OCT images, and thus the BM segmentation for EDI-OCT images are not applicable for our dataset. Therefore, we only implemented and tested some 2-D CSI segmentation methods for comparison. As stated before, many methods designed for 2-D EDI-OCT images fail for our dataset with low SNR. For example, by Tian's method,¹¹ the true CSI boundary points will be dominated by the "valley points" caused by noise. Because the method only uses location information but no intensity/gradient information in recovering the shortest path, the results will be much deviated

Fig. 10 Comparison of CSI segmentation results with that of Ref. 15 for two consecutive B-scans. Cyan dotted curves refer to the results of proposed method. Yellow dashed curves refer to the results of Ref. 15. Blue solid curves refer to the GT. Yellow arrows point to the locations where the 2-D method results in errors due to variation between B-scans.

from the true boundary. By Alonso-Caneiro et al.'s method,¹² the image enhancement essential for highlighting the CSI boundary will further magnify the noise, and thus results in very noisy cost functions. By Chen's method,¹⁶ the gradual intensity distance below CSI will be corrupted by noise, as has been shown in Fig. 5(e). One feasible method is that of Ref. 15, designed for EDI-OCT B-scans with five times averaging, which have lower SNR. It is also a graph-based method but with different cost function. In testing, the same VOI undersegmented BM and excluding ONH is used for the searching of CSI. As tested, the 2-D method results in ABD of $22.02 \pm 4.81 \mu\text{m}$, which is statistically significantly larger than the proposed method ($p < 0.0001$). The SBD is $13.86 \pm 7.50 \mu\text{m}$, indicating their results lie in some distance below the GT in general. Figure 10 shows the segmentation results in two consecutive B-scans. Notice that the 2-D method may be accurate in one B-scan, but not so in another. This is caused by the subtle difference between the two consecutive B-scans. While with our 3-D method, the segmentations are accurate in both B-scans, due to the constraints applied to 3-D neighbors.

4 Conclusions

We have presented an automated 3-D choroid segmentation method for 1050-nm wide-view SS-OCT image volumes with low SNR. Effective methods for image quality enhancement and for ONH removal are proposed. Both gradient-based and region-based costs are used in the graph-based multiresolution method to detect the CSI with weak or broken boundaries. Using wavelet approximation, the gradual intensity distance measure originally proposed for high quality HD-OCT image segmentation is adopted to work successfully for SS-OCT images. The segmentation results are evaluated by comparison with manual segmentation and by a reproducibility test. The segmentation error is statistically significantly smaller than the interobserver variability. The reproducibility of volume quantification is high. Both quantitative and qualitative analyses show that the proposed method achieved good segmentation performance. Comparison to existing methods proves the superiority of the proposed method where 3-D context is considered. With the method, choroid thickness and volume both below the fovea and near the ONH can be quantitatively analyzed.

Currently the method is only tested on normal eyes. For eyes with pathology, several complications may add to the challenge of choroid segmentation. First, the RPE may be deformed, and relaxation of the smoothness constraint in graph search may be needed, as suggested in Ref. 24. Second, the CSI boundary may be further weakened. Other large lesions inside the retina and the choroid will also affect the segmentation accuracy. We will test the performance of the proposed method on pathological eyes and investigate the improvement in the future. Another limitation of the method lies in the detection of ONH. The termination in the upper boundary of photoreceptor/RPE complex is slightly different than the definition of neural canal opening (NCO), which is the termination of the RPE. By detecting the NCO, the ONH can be delineated more precisely, which will help both choroid segmentation nearby and other quantifications such as cup-disc ratio calculation.

Disclosures

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