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Abstract. The current study aimed to explore the neural substrate for methylphenidate effects on attentional control in school-aged children with attention deficit hyperactivity disorder (ADHD) using functional near-infrared spectroscopy (fNIRS), which can be applied to young children with ADHD more easily than conventional neuroimaging modalities. Using fNIRS, we monitored the oxy-hemoglobin signal changes of 22 ADHD children (6 to 14 years old) performing an oddball task before and 1.5 h after methylphenidate or placebo administration, in a randomized, double-blind, placebo-controlled, crossover design. Twenty-two age- and gender-matched normal controls without methylphenidate administration were also monitored. In the control subjects, the oddball task recruited the right prefrontal and inferior parietal cortices, and this activation was absent in premedicated ADHD children. The reduced right prefrontal activation was normalized after methylphenidate but not placebo administration in ADHD children. These results are consistent with the neuropharmacological effects of methylphenidate to upregulate the dopamine system in the prefrontal cortex innervating from the ventral tegmentum (mesocortical pathway), but not the noradrenergic system from the parietal cortex to the locus coeruleus. Thus, right prefrontal activation would serve as an objective neurofunctional biomarker to indicate the effectiveness of methylphenidate on ADHD children in attentional control. fNIRS monitoring enhances early clinical diagnosis and the treatment of ADHD children, especially those with an inattention phenotype.

Keywords: cortical hemodynamics; developmental disorder; dorsolateral prefrontal cortex; optical topography; ventrolateral prefrontal cortex; target detection.

In order to confirm the effectiveness of medication treatment, a pharmacological biomarker would be of great use. However, current evaluation methods for ADHD treatment depend on assessment of the degrees of the symptoms listed in the diagnostic criteria. Interview-based measurement requires rating by the parents or teachers of the children and, thus, often entails subjective evaluation. Due to such technical limitations, the more objective approach of using a biological marker to verify effectiveness is desirable in order to supplement the current interview-based evaluation method.

One promising approach to establishing biomarkers for ADHD symptoms is noninvasive functional neuroimaging. A growing body of neuroimaging research has started to explore the neural substrates associated with ADHD. Former functional study funded by the National Institutes of Health (1999) and the American Academy of Pediatrics (AAP) reported that medication treatment was superior to behavioral therapy for school-aged children. According to considerable evidence for medication treatment over several decades, the administration of psychostimulants, such as methylphenidate (MPH), has been recommended to improve ADHD symptoms.

1 Introduction

Attention deficit hyperactivity disorder (ADHD) is one of the most common psychiatric disorders of childhood, with a prevalence rate of 3 to 7%. The behavioral phenotype of ADHD is characterized by inattention, impulsivity, and hyperactivity. These primary symptoms can usually be identified in ADHD children during early elementary school years. ADHD is not limited to childhood, and one third to one half of cases are estimated to extend into adolescence and adulthood. Furthermore, ADHD children often develop comorbidities, including antisocial behavior, substance abuse, and a variety of problems associated with conduct and learning later in life. Therefore, early identification and appropriate treatment is important in order to increase the present and future quality of life of ADHD school-aged children.

Treatment with medication as well as behavioral therapy are recommended in all ADHD clinical guidelines for ADHD children. In addition, the multimodal treatment of ADHD (MTA) was recommended in all ADHD clinical guidelines for ADHD children.

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In order to confirm the effectiveness of medication treatment, a pharmacological biomarker would be of great use. However, current evaluation methods for ADHD treatment depend on assessment of the degrees of the symptoms listed in the diagnostic criteria. Interview-based measurement requires rating by the parents or teachers of the children and, thus, often entails subjective evaluation. Due to such technical limitations, the more objective approach of using a biological marker to verify effectiveness is desirable in order to supplement the current interview-based evaluation method.

One promising approach to establishing biomarkers for ADHD symptoms is noninvasive functional neuroimaging. A growing body of neuroimaging research has started to explore the neural substrates associated with ADHD. Former functional
magnetic resonance imaging (fMRI) studies successfully elucidated neural substrates for ADHD using motor response inhibition tasks, including go/no-go, stop signal, and Stroop tasks. These studies have revealed less prefrontal brain activation before medication compared with control groups, and that this reduced activation is normalized in ADHD subjects after taking MPH.

Functional near-infrared spectroscopy (fNIRS) offers robust advantages, such as its compactness (useful in confined experimental settings), affordable price, tolerance to body motion, and accessibility, which have made it applicable for clinical assessment of ADHD children. Making the best use of the merits of fNIRS, we first reported the clinical feasibility of fNIRS-based assessment on the effects of MPH medication in young ADHD children. In a subsequent study, we reported the pharmacological effects of MPH in a randomized, double-blind, placebo-controlled, crossover design using fNIRS methods. In accordance with former fMRI studies, MPH modulated hemodynamic responses in the right prefrontal cortex during a go/no-go task, while a placebo did not.

While our former studies focused on the effects of inhibitory functions reflected in go/no-go task performance, inhibition alone is insufficient for explaining the overall mechanism of ADHD for the following reasons. First, currently, several groups have reported that children with ADHD may not always develop hyperactive and frenetic behavior; rather, some are more characterized with hypoactivity, sluggishness, and slow response. Second, inattention is considered to represent a distinct neurofunctional impairment in ADHD. Several neuroimaging studies have suggested that ADHD patients who mainly suffer from inattention tend to exhibit dysfunction of the frontal-parietal network, which has been implicated as one of the main neuronal networks for attention (e.g., Refs. 2 to 5). However, ADHD patients with both inhibition and attention deficit would exhibit dysfunction of the dopamine system in the prefrontal cortex innervating from the ventral tegmentum (mesocortical pathway) (e.g., Refs. 6 to 8). Thus, more neurocognitive and pharmacological data for attention function is necessary in order to clarify the pathophysiology of ADHD as well as to set neuropharmacological biomarkers.

To date, only two fMRI studies have performed neuropharmacological assessments of ADHD children during attention tasks, both utilizing a double-blind, placebo-controlled design. They investigated the neural correlates for the effects of MPH associated with selective and divided attention for 15 adolescents with ADHD (ages 14 to 17) and 14 healthy comparison subjects (ages 12 to 20) without MPH administration. The divided attention task evoked significantly less activation in the left ventral basal ganglia and the middle temporal gyrus in unmedicated ADHD subjects than in the healthy comparison subjects. Administration of MPH to ADHD subjects normalized activation of the left ventral basal ganglia, while no effect was observed for the middle temporal gyrus. Rubia et al. examined the effects of MPH on medication-naive children with ADHD during a continuous performance task enrolling 13 right-handed male adolescent boys (10 to 15 years). Under the placebo condition, ADHD children exhibited reduced activation and functional interconnectivity in the bilateral fronto-striato-parieto-cerebellar networks, which were normalized upon medication with MPH. However, the participants of these fMRI studies have been limited to adolescents >10 years. To establish early diagnosis for elementary-school-aged children, introduction of fNIRS diagnosis focusing on attentional function would be beneficial.

Thus, to explore the neural substrate for MPH effects on attentional control in school-aged ADHD children, we conducted the current fNIRS study enrolling 22 school-aged ADHD children (mean age 9.5 years, SD 2.0, range 6 to 14 years) and age- and sex-matched control subjects (mean age 9.8 years, SD 2.0, range 6 to 13 years). Particularly, we focused on the roles of the prefrontal and inferior parietal cortices in the fronto-striato-parieto-cerebellar attention networks. We first explored the neural substrates for attention associated with ADHD across fNIRS data of ADHD and healthy control subjects. Subsequently, utilizing a within-subject, double-blind, placebo design, we examined the pharmacological effects of MPH on the cortical hemodynamics of ADHD children during an oddball task, which is expected to reflect attentional control. The main aim of the current study was to test the following three research questions. First, is there less activation in the prefrontal and inferior parietal cortices in ADHD children than in control subjects? Second, if so, can this be normalized with MPH? Third, as an extension of the second question, is such normalization symmetric between the two regions or asymmetric, normalizing just one component? Considering these questions together, we explore the feasibility of introducing a wider spectrum of fNIRS-based diagnosis of the effects of MPH administration on ADHD children.

## 2 Methods

### 2.1 Subjects

Twenty-two clinically referred, right-handed Japanese children with a mean age of 9.5 years (SD 2.0, range 6 to 14 years) who met the Diagnostic and Statistical Manual of Mental Disorders-IV criteria for ADHD participated in the study (Table 1). The Wechsler Intelligence Scale of Children-third edition full intelligence quotient (IQ) scores of subjects were all >70 (mean 94.4, SD 11.7, range 75 to 121). Demographic and clinical characteristics of the patients are described in Table 1. The subjects had been taking MPH (18 to 45 mg/day) for between 1 week and 5 years. Doses of the drug were adjusted depending on symptomatic responses.

Twenty-two right-handed control subjects were matched with the ADHD subjects according to age (mean 9.8 years, SD 2.0, range 6 to 13 years) and gender (15 boys and 7 girls). IQs of control subjects (mean 108.0, SD 11.4, range 90 to 128) were significantly \( t = 3.90, p < 0.01 \) higher than those of ADHD subjects. Written consent was obtained from the parents of all subjects. The study was approved by the Ethics Committees of Jichi Medical University Hospital and the International University of Health and Welfare. The study was in accordance with the latest version of the Declaration of Helsinki. This study was registered to the University Hospital Medical Information Network Clinical Trials Registry (UMIN-CTR; UMIN000008831) as “Neurophysiological analysis of ADHD: an exploratory neuroimaging study using functional near-infrared spectroscopy (fNIRS).”

### 2.2 Experimental Design

A visual-based oddball task was adopted to represent measures of attention. The task includes detection and response to infrequent (oddball) target events included in a series of repetitive events. This type of task has also been referred to as a response selection task. The effects of MPH while the subjects performed oddball tasks were examined in a randomized,
double-blind, placebo-controlled, crossover study. Experimental procedure is summarized in Fig. 1.

ADHD subjects were examined twice (the times of day for both measurements were scheduled to be as close as possible), at least 4 days apart, but within 30 days.

On each examination day, ADHD subjects underwent two sessions, one before drug (MPH or placebo) administration and the other at 1.5 h after drug administration. Subjects were allowed to take off the probe during the waiting period between the first and second measurements. After ADHD subjects performed the first session, either MPH [Osmotic release oral system-MPH (OROS-MPH) commercially available as Concerta] or a placebo was administered orally. Specific acute doses were the same as the patient’s daily dose as described in Table 1.

MPH has proved to have a predictable rapid onset (1 to 2 h) and a long efficacy (10 to 12 h) after a single administration. A minimum waiting period of 1 h has been adopted in former neuroimaging examinations of acute MPH effects. On the other hand, a sufficient waiting period of 2 h is technically desirable, but its clinical implementation is often difficult. To balance these factors, we set the waiting period to 1.5 h as in our former reports.

Control subjects only underwent a premedication session.

During the session, subjects viewed a series of pictures once every second and responded with a key press to every picture. In the baseline block, subjects were presented one picture and asked to press a blue button on a response box for that picture. Following the baseline block, tiger (standard stimulus, 80% of trials) or elephant (target stimulus, 20% of trials) pictures were presented.
to the subject on a 17-in. desktop computer screen. The distance between the subject’s eyes and the screen was ~50 cm.

### 2.3 Behavioral Data Analysis

The average reaction times (RTs), coefficients of variation (CVs) for accuracy rates of correct trials, omission error rates and commission error rates, and their standard deviations (SDs), were computed for target and standard trials, respectively, in the oddball block for control and ADHD subjects. Mean RT for each participant was calculated by averaging RTs for correct target and standard trials, respectively. Standard deviation of RT (RT-SD) was derived by calculating the SD of each individual’s RTs for correct target and standard trials, respectively. CV for each subject was computed by dividing the RT-SD by the mean RT for target and standard trials, respectively. Commission error rates were computed by dividing the number of commission errors (i.e., subjects pushed the incorrect button) by the total number of target and standard trials, respectively. Omission error rates were computed by dividing the number of omission errors (i.e., subjects failed to push any button) by the total number of target and standard trials, respectively. Accuracy rates were computed by dividing the number of correct trials (i.e., subjects pushed the correct button) by the number of total target and standard trials, respectively. Statistical threshold was set at $p < 0.05$ with the Bonferroni method for multiple-comparison error correction (i.e., significant $p$ was $<0.05/2$).

### 2.4 fNIRS Measurements

We used the multichannel fNIRS system ETG-4000 (Hitachi Medical Corporation, Kashiwa, Japan), using two wavelengths of near-infrared light (695 and 830 nm). We analyzed the optical data based on the modified Beer-Lambert law as previously described. This method allowed us to calculate signals reflecting the oxygenated hemoglobin (oxy-Hb), deoxygenated hemoglobin (deoxy-Hb), and total hemoglobin signal changes, calculated in units of millimolar-millimeters.

Specifically, we used two sets of 3 × 5 multichannel probe holders, consisting of eight illuminating and seven detecting probes arranged alternately at an interprobe distance of 3 cm, resulting in 22 channels (CH) per set (Fig. 3).

The midpoint of a pair of illuminating and detecting probes was defined as a channel location. The bilateral probe holders were attached in the following manner: (1) their upper anterior corners, where the left and right probe holders were connected by a belt, were symmetrically placed across the sagittal midline; (2) the lower anterior corners of the probe holder were placed over the superorbital prominence, the lower edges of the probe holders were attached at the upper part of the auricles (Fig. 3). For spatial profiling of fNIRS data, we employed virtual registration to register fNIRS data to Montreal Neurological Institute (MNI) standard brain space. Briefly, this method allows us to place a virtual probe holder on the scalp by simulating the holder’s deformation and by registering probes and channels onto reference brains in an MRI database. Specifically, the positions for channels and reference points, which consisted of the Nz (nasion), Cz, and left and right preauricular points, are measured using a three-dimensional digitizer in real-world (RW) space. Each RW reference point is affine-transformed to the corresponding MRI-database reference.
point and converted to MNI space. Adopting the same transformation parameters, we obtained the MNI coordinate values for the fNIRS channels to obtain the most likely estimate of the location of given channels for the group of subjects and the spatial variability associated with the estimation (Table 2). Finally, we anatomically labeled the estimated locations using a MATLAB® function that reads anatomical labeling information coded in a macroanatomical brain atlas (LBPA40 and Brodmann67).

2.5 Analysis of NIRS Data

Individual timeline data for the oxy-Hb and deoxy-Hb signals of each channel were preprocessed with a first-degree polynomial fitting and high-pass filter using cutoff frequencies of 0.01 Hz to remove baseline drift, and a 0.8-Hz low-pass filter to remove heartbeat pulsations. Hb signals analyzed in the current study do not directly represent cortical Hb concentration changes, but contain an unknown optical path length that cannot be measured. Since optical path length is known to vary among cortical regions, direct comparison of Hb signals among different channels and regions should be avoided. Therefore, we performed channel-wise statistical analyses. For the six oddball blocks, we monitored the motion of the subjects and removed the blocks with sudden, obvious, discontinuous noise. From the preprocessed time series data, we obtained channel-wise and subject-wise contrasts by calculating the intertrial mean of differences between the peak Hb signals (4 to 25 s after trial onset) and baseline (0 to 10 s before trial onset) periods. The contrasts obtained were subjected to second-level random effects group analyses.

2.6 Statistical Analyses

We performed channel-wise statistical analyses on oxy-Hb signals. Specifically, for control subjects who were examined only once, the oddball versus baseline contrast of the session was generated. For ADHD subjects, the following contrasts were generated: (1) premedication contrasts: oddball versus baseline contrast of the premedication conditions (either placebo or MPH administration) for the first day exclusively; (2) postmedication contrasts: oddball versus baseline contrast of the postplacebo and post-MPH conditions; (3) intramedication contrasts: difference between post- and premedication contrasts for each medication (i.e., intraplacebo and intra-MPH contrasts); and (4) intermedication contrast: difference between intra-MPH and intraplacebo contrasts.

Table 2 Spatial profiles of the channels screened for involvement with oddball tasks.

<table>
<thead>
<tr>
<th>CH</th>
<th>x, y, z (SD)</th>
<th>Macroanatomy</th>
<th>Prob</th>
<th>Brodmann area</th>
<th>Prob</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>48, 41, 30 (15)</td>
<td>R middle frontal gyrus</td>
<td>0.70</td>
<td>Pars triangularis Broca’s area</td>
<td>0.66</td>
</tr>
<tr>
<td></td>
<td></td>
<td>R inferior frontal gyrus</td>
<td>0.31</td>
<td>Dorsolateral prefrontal cortex</td>
<td>0.27</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>9</td>
<td>Dorsolateral prefrontal cortex</td>
<td>0.06</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>44</td>
<td>Pars opercularis, part of Broca’s area</td>
<td>0.01</td>
</tr>
<tr>
<td>22</td>
<td>57, –60, 46 (18)</td>
<td>R angular gyrus</td>
<td>0.99</td>
<td>Angular gyrus, part of Wernicke’s area</td>
<td>0.56</td>
</tr>
<tr>
<td></td>
<td></td>
<td>R supramarginal gyrus</td>
<td>0.01</td>
<td>Supramarginal gyrus part of Wernicke’s area</td>
<td>0.41</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>7</td>
<td>Somatosensory association cortex</td>
<td>0.02</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>22</td>
<td>Superior temporal gyrus</td>
<td>0.01</td>
</tr>
</tbody>
</table>

Data for CH 10 and CH 22 of the right hemisphere. For MNI coordinates, the most likely values are presented with standard deviation (SD) in units of mm. Macroanatomical estimation is based on LBPA40 and Brodmann area estimation is based on MRicro67 SD, standard deviation; Prob, probability.
To screen the channels involved in oddball tasks for control and ADHD contrasts (pre-/postplacebo and pre-/post-MPH conditions), oddball versus baseline contrasts were subjected to paired $t$-test (two-tails). Statistical threshold was set at 0.05 with the Bonferroni method for family-wise error correction. For thus-screened channels, comparisons between control and ADHD were performed for the following two ADHD contrasts: (1) postplacebo and (2) post-MPH. They were subjected to independent two-sample $t$-tests (two-tails) with a statistical threshold of $p < 0.05$.

For examining medication effects on ADHD subjects, comparison between intra-MPH and intraplacebo (i.e., intermedication contrast) for thus-screened channels was subjected to paired $t$-test (two-tails) with a statistical threshold of $p < 0.05$.

All statistical analyses were performed with PASW statistics (version 18 for Windows) (SPSS Inc., Chicago) software.

### 3 Results

#### 3.1 Behavioral Performance

The averages of accuracy rates, RTs, CVs for correct trials, omission error rates, and commission error rates for target and standard trials in the oddball block for control and ADHD subjects and ADHD intermediation (placebo versus MPH) comparison are summarized in Tables 3 and 4.

No differences in accuracy rates for target trials were found between control and post-MPH ADHD subjects (Table 3). For within-ADHD-subject analysis, the intermediation contrast comparing the effect of MPH against the placebo revealed significant differences in CV and commission error rates for target trials (Table 3).

#### 3.2 fNIRS Analyses

We screened for any fNIRS channels involved in the oddball task in control and ADHD contrasts (pre-/postplacebo and pre-/post-MPH conditions; Fig. 3). Significant oxy-Hb increase was found in the right CH 10 (mean 0.059, SD 0.060, $p < 0.05$, Bonferroni-corrected Cohen’s $d = 0.978$) and the right CH 22 (mean 0.056, SD 0.055, $p < 0.05$, Bonferroni-corrected Cohen’s $d = 1.013$) in control subjects. Conversely, in ADHD conditions, only post-MPH showed significant oxy-Hb increase in the right CH 10 (mean 0.047, SD 0.053, $p < 0.05$, Bonferroni-corrected Cohen’s $d = 0.887$). No significant oxy-Hb increase was found in the right CH 22 (mean 0.014, SD 0.104, $p = 0.533$, Bonferroni-corrected Cohen’s $d = 0.134$) in ADHD subjects. Thus, we set the right CH 10 as a region of interest for the rest of the study.

These channels were located in the border region between the right middle frontal gyrus (MFG) and inferior frontal gyrus (IFG) [MNI coordinates $x$, $y$, $z$ (SD): 48,41,30 (15), MFG 69.5%, IFG 30.5%; Table 3] and the right angular gyrus and the right supramarginal gyrus (MNI coordinates $x$, $y$, (SD): 56, 50, 45 (18), angular gyrus 98.8%, supramarginal gyrus 1.2%; Table 4] with reference to macroanatomical brain atlases.

Effects of medications were examined between control and postplacebo ADHD subjects, and between control and post-MPH ADHD subjects (independent two-sample $t$-test, thresholded at $p < 0.05$, Cohen’s $d = 1.019$; Table 3). Oxy-Hb signal in control subjects was significantly higher than in postplacebo ADHD subjects, whereas no significant difference was found for those in control and post-MPH ADHD subjects.

### Table 3 Oddball task performance and functional data for control and ADHD subjects.

<table>
<thead>
<tr>
<th></th>
<th>Control Mean (SD)</th>
<th>Post placebo versus control Mean (SD) $t$ $p$</th>
<th>Post MPH versus control Mean (SD) $t$ $p$</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Reaction times (RTs)</strong> (ms)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Target</td>
<td>492.5 (50.0)</td>
<td>566.0 (78.3) $3.993$ <strong>0.001</strong></td>
<td>572.8 (80.0) $3.993$ <strong>0.000</strong></td>
</tr>
<tr>
<td>Standard</td>
<td>399.2 (59.8)</td>
<td>463.8 (64.9) $3.969$ <strong>0.000</strong></td>
<td>457.5 (71.4) $3.440$ <strong>0.001</strong></td>
</tr>
<tr>
<td><strong>Coefficients of variation (CVs)</strong> (ms)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Target</td>
<td>17.1 (5.0)</td>
<td>18.3 (7.9) $0.593$ <strong>0.556</strong></td>
<td>15.4 (5.8) $1.022$ <strong>0.313</strong></td>
</tr>
<tr>
<td>Standard</td>
<td>25.8 (6.8)</td>
<td>28.3 (10.5) $0.957$ <strong>0.344</strong></td>
<td>27.8 (6.7) $1.015$ <strong>0.316</strong></td>
</tr>
<tr>
<td><strong>Commission error (%)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Target</td>
<td>17.1 (17.2)</td>
<td>25.3 (19.0) $1.499$ <strong>0.141</strong></td>
<td>18.8 (14.0) $0.353$ <strong>0.726</strong></td>
</tr>
<tr>
<td>Standard</td>
<td>3.9 (9.1)</td>
<td>2.9 (3.5) $0.510$ <strong>0.613</strong></td>
<td>1.9 (2.3) $1.002$ <strong>0.322</strong></td>
</tr>
<tr>
<td><strong>Omission error (%)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Target</td>
<td>2.1 (5.4)</td>
<td>9.5 (10.6) $2.936$ <strong>0.005</strong></td>
<td>13.0 (14.7) $3.263$ <strong>0.002</strong></td>
</tr>
<tr>
<td>Standard</td>
<td>1.9 (4.6)</td>
<td>7.8 (9.9) $2.539$ <strong>0.015</strong></td>
<td>8.1 (10.9) $2.449$ <strong>0.019</strong></td>
</tr>
<tr>
<td><strong>Accuracy (%)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Target</td>
<td>80.8 (17.1)</td>
<td>65.6 (24.3) $2.388$ <strong>0.022</strong></td>
<td>67.4 (22.3) $2.226$ <strong>0.031</strong></td>
</tr>
<tr>
<td>Standard</td>
<td>97.1 (5.8)</td>
<td>89.5 (12.0) $2.701$ <strong>0.010</strong></td>
<td>90.1 (12.3) $2.434$ <strong>0.019</strong></td>
</tr>
<tr>
<td><strong>Oxy-Hb (mM · mm)</strong></td>
<td>Right channel (CH) 10</td>
<td>0.059 (0.060) $-0.002$ $0.060$ $3.380$ <strong>0.002</strong></td>
<td>0.047 (0.053) $0.676$ <strong>0.503</strong></td>
</tr>
</tbody>
</table>

Performance data (RT for correct trials, CV for correct trials, commission error, omission error, accuracy) are presented for target and standard trial data from oddball blocks. Oxy-Hb data includes right CH 10. For ADHD subjects, data for postmedication of placebo and MPH are shown. $t$ values, $p$ values, and statistical significance were the results of $t$-tests between control and each ADHD condition. SD, standard deviation; $t$, $t$ value; $p$, $p$ value. Statistical significances are presented as follows: $^{*}p < 0.05$ Bonferroni-corrected; $^{**}p < 0.01$ Bonferroni-corrected; and ns, not significant.
Table 4  ADHD intermedication (MPH\textsubscript{post-pre} versus PLA\textsubscript{post-pre}) comparison.

<table>
<thead>
<tr>
<th></th>
<th>MPH\textsubscript{post-pre} minus PLA\textsubscript{post-pre}</th>
<th>MPH\textsubscript{post-pre} versus PLA\textsubscript{post-pre}</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mean</td>
<td>SD</td>
</tr>
<tr>
<td>RT for correct trials (ms)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Target</td>
<td>(-4.5)</td>
<td>61.0</td>
</tr>
<tr>
<td>Standard</td>
<td>18.4</td>
<td>86.3</td>
</tr>
<tr>
<td>CV for correct trials</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Target</td>
<td>3.6</td>
<td>7.6</td>
</tr>
<tr>
<td>Standard</td>
<td>(-1.6)</td>
<td>9.7</td>
</tr>
<tr>
<td>Commission error (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Target</td>
<td>6.7</td>
<td>14.4</td>
</tr>
<tr>
<td>Standard</td>
<td>0.9</td>
<td>2.7</td>
</tr>
<tr>
<td>Omission error (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Target</td>
<td>(-6.7)</td>
<td>24.4</td>
</tr>
<tr>
<td>Standard</td>
<td>(-0.8)</td>
<td>11.6</td>
</tr>
<tr>
<td>Accuracy (%)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Target</td>
<td>(-3.2)</td>
<td>30.4</td>
</tr>
<tr>
<td>Standard</td>
<td>0.2</td>
<td>11.5</td>
</tr>
<tr>
<td>Oxy-Hb (mM · mm)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Right CH 10</td>
<td>0.065</td>
<td>0.093</td>
</tr>
</tbody>
</table>

Performance data (RT for correct trials, CV for correct trials, commission error, omission error, accuracy) are presented for target and standard trial data from oddball blocks. Data for intermedication comparison (i.e., MPH\textsubscript{post-pre} versus PLA\textsubscript{post-pre}) are shown for ADHD subjects. Mean values were calculated by first subtracting the values of MPH\textsubscript{post-pre} from those of PLA\textsubscript{post-pre} for each subject and then averaging the resulting values across subjects. SD was calculated similarly. \(t\) value and statistical significance were the results of two-sample \(t\) tests between MPH\textsubscript{post-pre} and PLA\textsubscript{post-pre}. Non-IQ-matched ADHD subjects were matched.

For ADHD, the impaired right prefrontal activation was normalized by the MPH administration. We screened for any fNIRS channels involved in the oddball task in control and ADHD contrasts (pre-postplacebo and pre-post-MPH conditions). Significant oxy-Hb increase was found in the right CH 10 (mean 0.066, SD 0.061, paired \(t\)-test, \(t = 4.22\), \(p < 0.05\), Bonferroni-corrected Cohen’s \(d = 1.090\)) and the right CH 22 (mean 0.064, SD 0.058, paired \(t\)-test, \(t = 4.30\), \(p < 0.05\), Bonferroni-corrected Cohen’s \(d = 1.110\)) in control subjects as in the non-IQ-matched control group. Conversely, in ADHD conditions, only post-MPH showed significant oxy-Hb increase in the right CH 10 (mean 0.061, SD 0.052, paired \(t\)-test, \(t = 4.54\), \(p < 0.05\), Bonferroni-corrected Cohen’s \(d = 1.172\)). Significant oxy-Hb increase in the right CH 22 (mean 0.022, SD 0.097, paired \(t\)-test, \(t = 0.89\), \(p = 0.391\), Bonferroni-corrected Cohen’s \(d = 0.228\)) in ADHD subjects. These results were the same as those for the non-IQ-matched ADHD group.

Effects of medications were examined between control and postplacebo IQ-matched ADHD subjects, and between control and post-MPH ADHD subjects. Oxy-Hb signal in control subjects was significantly higher than in postplacebo ADHD subjects (independent two-sample \(t\)-test, \(t = 2.87\), \(p = 0.008\), Cohen’s \(d = 1.047\)), whereas no significant difference was found for those in control and post-MPH ADHD subjects (independent two-sample \(t\)-test, \(t = 0.27\), \(p = 0.790\), Cohen’s \(d = 0.098\)). This suggests that the impaired right prefrontal activation was normalized with MPH administration when IQs were matched.
Fig. 3 The channel location and waveforms of oxy-Hb (red line) and deoxy-Hb (blue line) signals for right CH 10 and right CH 22. The green area indicates the oddball task period. Significant (paired t test, $p < 0.05$) conditions are indicated with asterisks. (a) On-brain channel locations (right hemisphere) are statistically estimated for the group of subjects and exhibited in MNI space. CH 10 and CH 22 are indicated in red. (b) Grand averages for control subjects. Standard deviations among the 22 subjects are exhibited as pale red (oxy-Hb) and blue dotted (deoxy-Hb) areas. Each timeline is adjusted to the average value for a baseline period of zero. Oxy-Hb and deoxy-Hb signals are shown in units of mM·mm. (c) Grand averages for ADHD subjects for pre-/post-placebo/methylphenidate (MPH) conditions are illustrated. (d) Graphs for ADHD individuals for pre-/post-placebo/MPH conditions. Subject 8 is a 6-year-old boy and subject 22 is a 7-year-old boy (corresponding to Table 1).
4 Discussion

The current study aimed to explore the neural substrate for MPH effects on attentional control in school-aged ADHD children using fNIRS, which is applicable to a wider range of ADHD children than are conventional neuroimaging modalities. First, exploration of fNIRS cortical activation data reflecting attentional function in ADHD and healthy control subjects performing oddball tasks revealed the association of the right IFG/MFG as a neural substrate of MPH effects in ADHD children. Second, the reduced right IFG/MFG activation was acutely normalized after MPH administration in ADHD children. This normalized activation was further validated in the intermediate condition comparison. Finally, we revealed that the mode of normalization was asymmetrical in the fronto-parietal attention network. MPH-induced normalization was significant in the right prefrontal cortex. On the other hand, while the inferior parietal lobule (IPL) was recruited during oddball tasks in control subjects, such IPL activation was not observed in any conditions with ADHD children. These results suggest that the normalized right IFG and MFG activation induced by MPH administration during an oddball attention task may serve as a neurobiological marker for fNIRS assessment to determine the effectiveness of MPH on ADHD children.

4.1 Behavioral Performance for Oddball Tasks

For detecting the ability to control attention, one of the most commonly used experimental procedures is an oddball paradigm, in which subjects are generally required to detect an infrequently presented target (oddball) in a sequence of frequently presented standard stimuli. Oddball tasks are considered to entail not only top-down attention regulated toward standard stimuli but also additional selective attention toward deviant events that can interfere with ongoing focused attention. However, after transient disengagement, the top-down attention to the ongoing stimuli should be retrieved after evaluation of the deviant event. Due to the comprehensiveness with which it can be used to evaluate the attentional system, the oddball paradigm has been widely adopted for fMRI, electroencephalography, and event-related potential studies. The oddball paradigm allows the evaluation of detailed aspects of attentional controls reflected in various parameters such as omission errors, or failure to respond to the target, as well as accuracy rates, are generally interpreted as measures of inattention; CV or the standard deviation of the response times for correct responses to the target is considered to provide another measure of inattention; commission errors, or failure to respond appropriately to the nontarget, as well as RT for go responses, are commonly interpreted as measures of impulsivity.

In the current study, we detected normalization of the accuracy rates for target trials in comparison between control and post-MPH ADHD subjects. Also, the CV and commission error rates for target trials in the post-MPH condition were significantly lower than those in the pre-MPH condition, showing upregulation by MPH administration. In related past studies, Shaffritz et al., employing an oddball paradigm, reported that MPH had no effect on task performance. However, Rubia et al., employing the continuous performance test, focused on the examination of omission and commission errors and suggested that the MPH effects were more pronounced for inattention problems (reflected in omission errors) than impulsivity (reflected in commission errors).

There is inconsistency among the results of the three studies, showing the difficulty in interpreting behavioral parameters. Within the current study, MPH normalized the performance deficits in accuracy rates (representing improved attention) and upregulated the CV (representing improved attention) and commission error rates (representing improved impulsivity). The results of normalization were not consistent with those of upregulation. Although behavioral parameters may often well reflect specific cognitive aspects of ADHD symptoms or the effect that MPH has on them, the current study and previous studies could not coherently confirm an effect of MPH on behavioral parameters. Neuroimaging data would preferably be interpreted in support of behavioral data, but in reality, inconsistency of behavioral data renders neuroimaging studies necessary in order to provide alternative physiological measures. In this sense, a neuroimaging examination would be expected to compensate for the insufficiency of conventional behavioral measurement in order to facilitate robust clinical diagnoses.

4.2 fNIRS Examination of Oddball Tasks and MPH Effects

Many studies have explored the neural correlates of attentional control using oddball tasks. It is known that an oddball task recruits several brain regions, including the bilateral superior, inferior, and dorsolateral prefrontal cortices, the supplementary motor area, the anterior cingulate gyrus, the parietal and temporal lobes, the caudate nucleus, and the amygdala (e.g., Refs. [7] and [9]). Among these regions, the current study covered the prefrontal and parietal cortices. Indeed, in the control subjects, we observed cortical activations during oddball tasks on the border of the right MFG/IFG, and in the angular gyrus.

The MFG/IFG together with the angular gyrus are the components of the attentional system, having extensive reciprocal connections. These networks are thought to play an important role in the executive control needed to guide goal-directed and stimulus-driven attention. Moreover, recent fMRI and event-related brain potential studies on healthy adults have provided experimental evidence for involvement of the prefrontal and parietal networks using oddball tasks. Thus, it is relevant that our current fNIRS-based study successfully detected concurrent activations in the attentional network between prefrontal and inferior parietal cortices in the control subjects.

As was expected, activations in the right prefrontal and inferior parietal cortices were not observed in premedicated ADHD children. Our observations are consistent with the results of an fMRI study by Rubia et al. showing reduced activation and functional interconnectivity in bilateral fronto-striato-parieto-cerebellar networks during continuous performance tasks under a placebo condition for children with ADHD. Thus, our results provide further experimental evidence for dysfunction of the attention-associated regions in ADHD children.

Interestingly, MPH administration significantly normalized reduced activation in the right MFG/IFG but not in the angular gyrus. Activation in the right MFG/IFG after MPH administration was also confirmed in comparison with placebo administration.

Thus, the current results suggest that functional normalization of attentional control in ADHD children by MPH administration is associated solely with right prefrontal activation, but does not extend to the inferior parietal cortex to activate wider components of the attention network. This result is slightly different from former fMRI findings by Rubia et al. reporting MPH-mediated normalization of fronto-striato-cerebellar and
parieto-temporal activations and fronto-striatal and fronto-cerebellar connectivity. However, failure to observe activation in the inferior parietal and neighboring regions, including the temporoparietal junction and the caudal part of the temporal lobe, is not limited to the current study. Shafritz et al. reported that the reduced middle-temporal activation in ADHD adolescents compared with control subjects was not normalized with MPH administration.

Given the limited number of experimental studies performed thus far, it is difficult to identify factors that lead to the presence or absence of MPH-induced activation in the inferior parietal region at this stage. Further studies with more variety in subjects and experimental conditions are necessary.

However, the MPH-induced normalization in the right prefrontal cortex appears relevant when considering pharmacological effects of MPH. MPH has been known to affect the noradrenergic (NA) dopaminergic (DA) and serotonergic (5-HT) systems. However, the affinity of MPH to these catecholamine receptors is different: dissociation constant values, or K(i), of MPH to NA, DA, and 5-HT receptors are 339, 34, and >10,000 nM, respectively. Thus, MPH is considered to have by far larger effects on the DA system. Given the predominant distribution of the DA system in the prefrontal cortex innervating from the ventral tegmentum (mesocortical pathway), it is cogent that MPH-induced normalization of cortical activation in ADHD children occurs solely in the right prefrontal cortex. In addition, the inferior parietal cortex is more associated with the locus coeruleus NA system. Thus, given the lower affinity of MPH to the NA receptor, it would also be understandable that normalization of cortical activation in ADHD children may fail to occur in the inferior parietal cortex. In order to elucidate the precise neuropharmacological mechanism underlying asymmetric functional normalization of the attention network components, further investigations are necessary.

4.4 Clinical Utility of fNIRS-Based Examination of ADHD Children

With respect to clinical considerations, the applicability of the current experimental design for examining young ADHD children can be well appreciated given the considerably low postscan data exclusion rate. All data for the 22 ADHD children as well as the 22 healthy control children who participated in the current experiment were available for the current analysis. The examination of children with ADHD often entails a high exclusion rate. For example, one study enrolling a relatively young sample of children (6 years and older) rejected 50% of ADHD subjects and 30% of normal control subjects. In addition, Yerys et al. reported a high exclusion rate for ADHD patient populations in fMRI studies mainly due to motion and lack of compliance. The fNIRS examination used in the current study can be considered ADHD patient friendly as assessed subjectively from the data exclusion rate.

Another problem with ADHD patient examination is lengthy test administration times, which often lead to inflated performance variability due to increased fatigue and/or decreased participant compliance especially when task duration extends beyond 20 min. The oddball task for the current experiment took 6 min, and total measurement time was <15 min (including probe setup and position digitizing). Thus, the current experimental design using fNIRS and an oddball task is suitable for examining young ADHD children.

One merit of using the alternative task paradigm is that baseline blocks can be used as a motor control for oddball blocks. Since the physical motions associated with the oddball task are the same as those for the baseline task, we can equalize the motor loads of baseline and oddball periods. Hence, we can expect an oddball-baseline contrast to rule out motion artifacts. Schecklmann et al. alternated a weekday recitation task and word fluency task and used the weekday recitation task as a baseline to which fNIRS signals during the word fluency task were compared. By using a control condition with a similar motor output, movement and muscle artifacts during a task condition are expected to be cancelled out. Similarly, we utilized a baseline task as the baseline period.

In our current study, this paradigm was implemented primarily because it is extremely difficult for ADHD patients to remain still without performing a task: it may lead to unexpected movements or behaviors. Secondly, we were able to save time by omitting rest blocks: a prolonged experiment time may bore ADHD subjects. Combining these considerations with the desirability of cross-modality comparison, the choice of experimental paradigm in the current study is appropriate.

Another merit of using the oddball paradigm is that it robustly evokes lateralized activation in the right prefrontal inferior parietal cortices in control subjects as shown in the current study. The MPH-induced normalization in the prefrontal cortex (PFC) of ADHD subjects was also lateralized to the right. Lateralization is important if a certain activation pattern is to serve as a biomarker because lateralized activation is expected to be less influenced by scalp hemodynamics and systemic effects which are expected to exhibit little lateralization. Given that the reduction of extracranial signal contamination is still being developed for fNIRS using continuous wave (e.g., Ref.), the use of a task that results in clear lateralization is beneficial.
4.5 Limitations

As discussed above, the current fNIRS-based study has demonstrated the effect of MPH on attention in ADHD children at elementary school ages. However, several issues need to be addressed before establishing its clinical utility.

First, studies of acute dosage provide only a unique probe of brief changes possibly associated with catecholamine modulation that can generate insights into the effects of these brief changes on underlying brain function. The findings of this study, therefore, cannot be transferred to the elucidation of the underlying mechanisms of long-term clinical treatment and are, hence, limited in their applicability to clinical reality. We did not explore the comparison between naïve and medicated patients because these groups were not matched in age. However, the next step is to perform a long-term longitudinal evaluation of the same ADHD patients in order to differentiate brain function between drug-naïve and medicated patients.

Second, the experimental paradigm of a block design used in the current study may not yield optimum specificity and sensitivity for the attention function expected to increase upon MPH treatment with ADHD children. Since the oddball block consisted of 80% standard stimuli and 20% oddball stimuli, the cortical activation does not fully reflect inhibitory control. In order to purify cortical activation exclusively for inhibitory control, an event-related design should be explored in future studies.

Third, we confined our analyses to the oxy-Hb parameter since we failed to find any significantly activated channels with the deoxy-Hb parameter during the screening process performed on control subjects. This is reminiscent of our previous studies employing similar experimental designs. Many fNIRS studies have solely adopted the results of the oxy-Hb parameter, including a previous ADHD study by Negoro et al. While there is a tendency for oxy-Hb to be more sensitive than deoxy-Hb (e.g., Refs. [105] to [107]), the reason for the decreased sensitivity of deoxy-Hb remains unknown. Phenomenologically, Ehlis et al. reported that the behavior of deoxy-Hb was different between ADHD and normal subjects, with deoxy-Hb decreases being larger in ADHD subjects than in normal subjects. Also, even when an increase in the oxy-Hb parameter was detected, the deoxy-Hb parameter either increased, stayed unchanged, or decreased depending on factors including task, region, and age. This suggests difficulty in treating the deoxy-Hb parameter. Further studies are necessary to understand the role and applicability of the deoxy-Hb parameter in analyzing data for ADHD children.

Fourth, while MPH-elicited activation in the right prefrontal cortex was robustly detected in this group study, activation cannot always be detected in such a small region in individual subjects. Rather, activation often expands to a wider region of the right or bilateral PFC. Nevertheless, MPH-elicited right prefrontal activation was consistently detected among ADHD children in the current study, suggesting its potential use as biomarker in individual analysis. Hence, further exploration is necessary to quantify the MPH-elicited activation at an individual level for future clinical application.

![Fig. 4](https://www.spiedigitallibrary.org/journals/Neurophotonics) The cortical activation pattern of (a) control subjects and (b) ADHD subjects shown as t-maps of oxy-Hb signal with significant t-values (paired t-test, p < 0.05, uncorrected) being shown according to the color bar.
5 Conclusion

In the current study examining the effects of MPH administration on attentional control of ADHD children using a double-blind, placebo-controlled, crossover design, we presented the following findings. First, between two activation foci involved in attention networks activated in control subjects performing an oddball task, the right prefrontal, but not inferior parietal, region was considered to be associated with MPH effects in ADHD children. Second, we found acute normalization after MPH administration in ADHD children as reflected in the upregulated right IFG/MFG activation. Finally, MPH effects in ADHD children were limited to the prefrontal cortex: while the IPL was recruited during the oddball task in control subjects, such IPL activation was not observed in any conditions for ADHD children.

These experimental results are consistent with the neuropharmacological effects of MPH to upregulate the DA system in the fronto-striatal pathway, but not the locus coeruleus NA system associated with attentional function in the inferior parietal cortex. These findings led us to conclude that the activation in the right inferior and middle frontal gyri could serve as an objective neurofunctional biomarker to indicate the effectiveness of MPH on ADHD children for attentional control. The low exclusion rate of 0% for school-aged (6 to 14 years) ADHD children indicates that fNIRS-based examination is patient friendly to ADHD children. This promising technique will contribute to the enhancement of early clinical diagnosis and treatment of ADHD children, especially those with an inattention phenotype.

### Table 5 Spatial profiles of the channels screened for involvement with oddball tasks (uncorrected)

<table>
<thead>
<tr>
<th>CH</th>
<th>MNE coordinates x, y, z (SD)</th>
<th>Macroanatomy</th>
<th>Prob</th>
<th>Brodmann area</th>
<th>Prob</th>
</tr>
</thead>
<tbody>
<tr>
<td>R 5</td>
<td>42, 59, 16 (13)</td>
<td>R middle frontal gyrus</td>
<td>.69</td>
<td>46</td>
<td>Dorsolateral prefrontal cortex</td>
</tr>
<tr>
<td></td>
<td>R inferior frontal gyrus</td>
<td>.30</td>
<td>10</td>
<td>Frontopolar area</td>
<td>.36</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>45</td>
<td>Pars triangularis Broca’s area</td>
</tr>
<tr>
<td>R 10</td>
<td>48, 41, 30 (15)</td>
<td>R middle frontal gyrus</td>
<td>.70</td>
<td>45</td>
<td>Pars triangularis Broca’s area</td>
</tr>
<tr>
<td></td>
<td>R inferior frontal gyrus</td>
<td>.31</td>
<td>46</td>
<td>Dorsolateral prefrontal cortex</td>
<td>.27</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>9</td>
<td>Dorsolateral prefrontal cortex</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>44</td>
<td>Pars opercularis, part of Broca’s area</td>
</tr>
<tr>
<td>R 15</td>
<td>51, 22, 44 (15)</td>
<td>R middle frontal gyrus</td>
<td>.74</td>
<td>9</td>
<td>Dorsolateral prefrontal cortex</td>
</tr>
<tr>
<td></td>
<td>R precentral gyrus</td>
<td>.19</td>
<td>44</td>
<td>Pars opercularis, Broca’s area</td>
<td>.34</td>
</tr>
<tr>
<td></td>
<td>R inferior frontal gyrus</td>
<td>.07</td>
<td>45</td>
<td>Pars triangularis, Broca’s area</td>
<td>.12</td>
</tr>
<tr>
<td></td>
<td>6</td>
<td>Pre-motor and supplementary motor cortex</td>
<td>.11</td>
<td></td>
<td></td>
</tr>
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<td></td>
<td></td>
<td>46</td>
<td>Dorsolateral prefrontal cortex</td>
<td>.01</td>
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</tr>
<tr>
<td>R 19</td>
<td>33, 29, 54 (17)</td>
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<td>.75</td>
<td>9</td>
<td>Dorsolateral prefrontal cortex</td>
</tr>
<tr>
<td></td>
<td>R superior frontal gyrus</td>
<td>.25</td>
<td>8</td>
<td>Includes frontal eye fields</td>
<td>.45</td>
</tr>
<tr>
<td>R 21</td>
<td>61, −31, 54 (18)</td>
<td>R supramarginal gyrus</td>
<td>.77</td>
<td>40</td>
<td>Supramarginal gyrus, Wernicke’s area</td>
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<tr>
<td></td>
<td>R angular gyrus</td>
<td>.27</td>
<td>1</td>
<td>Primary somatosensory cortex</td>
<td>.27</td>
</tr>
<tr>
<td></td>
<td>R postcentral gyrus</td>
<td>.26</td>
<td>3</td>
<td>Primary somatosensory cortex</td>
<td>.19</td>
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<td></td>
<td>R superior parietal gyrus</td>
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<td>Primary somatosensory cortex</td>
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<td></td>
<td>4</td>
<td>Primary motor cortex</td>
<td>.05</td>
<td></td>
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</tr>
<tr>
<td>R 22</td>
<td>57, −60, 46 (18)</td>
<td>R angular gyrus</td>
<td>.99</td>
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<tr>
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<td>R supramarginal gyrus</td>
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<td>Supramarginal gyrus, Wernicke’s area</td>
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<tr>
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<td>.02</td>
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<td></td>
<td>22</td>
<td>Superior temporal gyrus</td>
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<td></td>
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</tr>
</tbody>
</table>

Note: Data for CH 5, 10, 15, 19, 21, and 22 of the right hemisphere. For MNI coordinates, the most likely values are presented with standard deviation (SD) in units of mm. Macroanatomical estimation is based on LBPA40. Brodmann area estimation is based on MRicro. Abbreviations are as follows: SD, standard deviation and Prob, Probability.
Appendix

Figure 4 demonstrates the cortical activation pattern of control subjects and ADHD subjects. Table 5 shows the spatial profiles of the channels screened for involvement with oddball tasks.

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