Optical fiber probe spectroscopy for laparoscopic monitoring of tissue oxygenation during esophagectomies

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Abstract. Anastomotic complication is a major morbidity associated with esophagectomy. Gastric ischemia after conduit creation contributes to anastomotic complications, but a reliable method to assess oxygenation in the gastric conduit is lacking. We hypothesize that fiber optic spectroscopy can reliably assess conduit oxygenation, and that intraoperative gastric ischemia will correlate with the development of anastomotic complications. A simple optical fiber probe spectrometer is designed for nondestructive laparoscopic measurement of blood content and hemoglobin oxygen saturation in the stomach tissue microvasculature during human esophagectomies. In 22 patients, the probe measured the light transport in stomach tissue between two fibers spaced 3-mm apart (500- to 650-nm wavelength range). The stomach tissue site of measurement becomes the site of a gastroesophageal anastomosis following excision of the cancerous esophagus and surgical ligation of two of the three gastric arteries that provide blood perfusion to the anastomosis. Measurements are made at each of five steps throughout the surgery. The resting baseline saturation is 0.51 ± 0.15 and decreases to 0.35 ± 0.20 with ligation. Seven patients develop anastomotic complications, and a decreased saturation at either of the last two steps (completion of conduit and completion of anastamosis) is predictive of complication with a sensitivity of 0.71 when the specificity equaled 0.71. © 2010 Society of Photo-Optical Instrumentation Engineers. [DOI: 10.1117/1.3512149]

Keywords: diffuse reflectance spectroscopy; optical fibers; oxygen saturation; surgery.

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1 Introduction

A spectroscopic method of assessing the oxygenation status of tissue was adapted using a simple two-optical-fiber probe suitable for use via laparoscopy. In contrast to pulse oximetry, which measures arterial blood oxygenation, and Doppler flowmetry, which measures a combination of blood volume and blood flow velocity, this steady-state measurement separately measures the blood volume fraction (B) and hemoglobin oxygenation (S) in the mixed arteriovenous microvasculature, and B and S together characterize the oxygen content in the tissue.

The near-infrared wavelength has been used for sampling with deep probing (>1 cm), but in this work, we tested shallow (<5 mm) monitoring of tissue oxygenation during human esophagectomy, which is the surgical procedure of removal of a cancerous esophagus and restoration of gastrointestinal continuity with part of the stomach that is remodeled to serve as a gastric conduit tube. To mobilize the stomach tissue that will become the conduit, the tethering short gastric and left gastric arteries must be surgically ligated. The right gastroepiploic artery is the sole remaining vessel supplying the gastric conduit, and consequently the blood supply is decreased to the very tissue that must be anastomosed to the remaining esophagus in the patient’s neck. Ischemia is known to impact the occurrence rates of the two types of complications that can result in this surgery: 1. stricture, which can be treated postsurgically, and 2. anastomotic failure/leak, which leads to sepsis, a far more dangerous complication.

Anastomotic failure requires surgical intervention to fix leakage at the anastomosis connecting the gastric conduit to the pharynx. Postmortem examination of gastric conduits in postesophagectomy patients showed that the blood supply of the proximal 20% of the gastric conduit was through a microscopic network of capillaries and arterioles. Ischemia of the gastric conduit due to altered arterial inflow and venous drainage has been implicated in high anastomotic leak rates. Karl et al. reported that the incidence of anastomotic leak ranges between 3.5 and 19%. Similar results report 4.2% for anastomosis in the thoracic region and 15.5% for the cervical region. Many factors influence the outcome, but adequate oxygenation at the anastomosis is critical to success. Anastomosis strength has been correlated with oxygen by Karlczek et al. who showed that partial ischemic anastomoses had diminished breaking strength.

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Abstract. Anastomotic complication is a major morbidity associated with esophagectomy. Gastric ischemia after conduit creation contributes to anastomotic complications, but a reliable method to assess oxygenation in the gastric conduit is lacking. We hypothesize that fiber optic spectroscopy can reliably assess conduit oxygenation, and that intraoperative gastric ischemia will correlate with the development of anastomotic complications. A simple optical fiber probe spectrometer is designed for nondestructive laparoscopic measurement of blood content and hemoglobin oxygen saturation in the stomach tissue microvasculature during human esophagectomies. In 22 patients, the probe measured the light transport in stomach tissue between two fibers spaced 3-mm apart (500- to 650-nm wavelength range). The stomach tissue site of measurement becomes the site of a gastroesophageal anastomosis following excision of the cancerous esophagus and surgical ligation of two of the three gastric arteries that provide blood perfusion to the anastomosis. Measurements are made at each of five steps throughout the surgery. The resting baseline saturation is 0.51 ± 0.15 and decreases to 0.35 ± 0.20 with ligation. Seven patients develop anastomotic complications, and a decreased saturation at either of the last two steps (completion of conduit and completion of anastamosis) is predictive of complication with a sensitivity of 0.71 when the specificity equaled 0.71. © 2010 Society of Photo-Optical Instrumentation Engineers. [DOI: 10.1117/1.3512149]

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There is currently no commercial means to monitor oxygenation of the anastomosis. Anastomotic leaks present too late for effective preventative intervention. Anastomotic leak contributes substantially to the 5% mortality rate associated with esophagectomy, therefore any method of early detection for the scheduling of prefailure intervention would improve patient outcome. Detection of a significant decrease in normal tissue oxygenation at the anastomosis could alert the surgeon that the conduit or anastomosis may be at risk for ischemic injury, and further diagnostic and therapeutic intervention must be scheduled. This probe system contributes to the movement of steady-state optical spectroscopy into clinical practice.

Fiber optic spectroscopy can be implemented with a small footprint (two 1-mm-diam optical fibers placed 3 mm apart) and can avoid the dangers of placing electrical components in the patient. The probe measures a strong steady-state light signal, as opposed to a pulse oximetry unit that must lock onto a weak pulsatile signal to extract information. The oxyhemoglobin (HbO₂) and deoxyhemoglobin (Hb) molecules exhibit distinct absorption properties in the visible spectral range. The spectroscopic analysis utilizes the absorption spectra of oxy- and deoxyhemoglobin and optical diffusion theory, incorporating the tissue scattering properties and blood absorption to estimate the blood volume fraction (B) and the oxygen saturation of hemoglobin [S = HbO₂/(Hb + HbO₂)] in the mixed arteriovenous microvasculature.

2 Materials and Methods

Fiberoptic probes were prepared for sterile, one-time use on patients using standard machining and fiber polishing tools. The clear, 8-mm-diam cylindrical probe tip had 1-mm-diam holes drilled parallel to its axis at a separation distance of about 3 mm. Plastic fibers (NT02–534, Edmund Optics, Barrington, New Jersey) were used for flexibility and safety. The delivery fiber and a second identical fiber for light collection were polished along with the probe tip face to achieve one clear planar surface. Because the probes were hand-made, the separation distance varied from r = 2.5 to 3.5 mm, and for each probe this fiber separation was measured and cataloged for use in subsequent spectral analysis. In the operating room, two sterile 4-m-long fibers delivered and collected light between the surgeons via a second trocar. Visualization was by endoscopy through a third trocar. The endoscope light was turned off for spectral measurements. Spectra were collected at five time points during the surgery: 1. a baseline value, 2. after division of the short gastric arteries, 3. after division of the left gastric artery, 4. after creation of the gastric conduit, and 5. after completion of the anastomosis. At each time point, five measurements were taken in rapid succession at each of three locations (n = 15, although sometimes the surgeon measured fewer sites) within 2 cm of a marking stitch that identified the measurement location on the caudal side of the anastomosis site during creation of the gastric conduit. The integration time for each measurement was about 200 ms, but was adjusted for each measurement to obtain adequate signal without saturation of the spectrometer.

The probe was introduced percutaneously into the abdominal cavity through a 10-mm-diam trocar, and placed on the gastroesophageal anastomosis by the surgeons using surgical forceps via a second trocar. Visualization was by endoscopy through a third trocar. The spectroscopic analysis utilized the absorption spectra of oxy- and deoxyhemoglobin and optical diffusion theory, incorporating the tissue scattering properties and blood absorption to estimate the blood volume fraction (B) and the oxygen saturation of hemoglobin [S = HbO₂/(Hb + HbO₂)] in the mixed arteriovenous microvasculature.
Table 1  Median of ∼15 measurements per subject of blood volume fraction ($B$) and hemoglobin oxygen saturation ($S$) at the anastamotic site after each surgical step (1 = baseline, 2 = short gastric arterial ligation, 3 = left gastric artery ligation, 4 = completion of the conduit, 5 = completion of anastamosis) The 16 patients with no post-surgery complications, and the seven patients with postsurgical complications are listed. (NA = measurement not available.)

<table>
<thead>
<tr>
<th></th>
<th>Step 1</th>
<th>Step 2</th>
<th>Step 3</th>
<th>Step 4</th>
<th>Step 5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$B$</td>
<td>$S$</td>
<td>$B$</td>
<td>$S$</td>
<td>$B$</td>
</tr>
<tr>
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<tr>
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<td>0.458</td>
<td>NA</td>
<td>NA</td>
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<tr>
<td>$S$</td>
<td>0.0088</td>
<td>0.556</td>
<td>0.0140</td>
<td>0.482</td>
<td>0.0081</td>
</tr>
<tr>
<td>$B$</td>
<td>NA</td>
<td>NA</td>
<td>0.0064</td>
<td>0.149</td>
<td>0.0224</td>
</tr>
<tr>
<td>$S$</td>
<td>0.0133</td>
<td>0.497</td>
<td>0.0147</td>
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<td>0.0144</td>
</tr>
<tr>
<td>$B$</td>
<td>NA</td>
<td>NA</td>
<td>0.0224</td>
<td>0.521</td>
<td>0.0098</td>
</tr>
<tr>
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<td>0.511</td>
<td>0.0098</td>
<td>0.196</td>
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<tr>
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<td>0.497</td>
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<td>0.641</td>
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<td>0.554</td>
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<td>0.570</td>
<td>0.0108</td>
<td>0.510</td>
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<tr>
<td>$S$</td>
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<td>0.475</td>
<td>0.0147</td>
<td>0.359</td>
<td>0.0111</td>
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<tr>
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<td>0.517</td>
<td>0.0101</td>
<td>0.520</td>
<td>0.0110</td>
</tr>
<tr>
<td>$S$</td>
<td>0.0033</td>
<td>0.337</td>
<td>0.0025</td>
<td>0.648</td>
<td>0.0139</td>
</tr>
<tr>
<td>$B$</td>
<td>NA</td>
<td>NA</td>
<td>0.0100</td>
<td>0.672</td>
<td>0.0122</td>
</tr>
<tr>
<td>$S$</td>
<td>0.0033</td>
<td>0.337</td>
<td>0.0025</td>
<td>0.648</td>
<td>0.0139</td>
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<tr>
<td>$B$</td>
<td>NA</td>
<td>NA</td>
<td>0.0244</td>
<td>0.358</td>
<td>0.0082</td>
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<tr>
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<td>0.0223</td>
<td>0.612</td>
<td>0.0244</td>
<td>0.173</td>
<td>0.0303</td>
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<tr>
<td>$B$</td>
<td>0.0120</td>
<td>0.139</td>
<td>NA</td>
<td>NA</td>
<td>0.0216</td>
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<tr>
<td>$S$</td>
<td>0.0119</td>
<td>0.562</td>
<td>0.0135</td>
<td>0.436</td>
<td>0.0138</td>
</tr>
<tr>
<td>$B$</td>
<td>0.0082</td>
<td>0.661</td>
<td>0.0168</td>
<td>0.560</td>
<td>0.0139</td>
</tr>
<tr>
<td>$S$</td>
<td>0.0164</td>
<td>0.616</td>
<td>0.0110</td>
<td>0.688</td>
<td>0.0112</td>
</tr>
<tr>
<td>$B$</td>
<td>NA</td>
<td>NA</td>
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<td>0.464</td>
<td>0.0099</td>
</tr>
<tr>
<td>$S$</td>
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<td>0.610</td>
<td>0.0080</td>
<td>0.495</td>
<td>0.0067</td>
</tr>
<tr>
<td>$B$</td>
<td>NA</td>
<td>NA</td>
<td>0.0109</td>
<td>0.523</td>
<td>0.0164</td>
</tr>
</tbody>
</table>

The absorption coefficient of the tissue was specified:

$$
\mu_a = B(S\mu_{a,\text{oxy}} + (1 - S)\mu_{a,\text{deoxy}}) + W\mu_{a,\text{water}}.
$$

where $B$ is the volume fraction of whole blood ($B = 1$ specifies 150-g hemoglobin/liter), $S$ is the oxygen saturation of hemoglobin in the mixed arteriovenous vasculature, and $W$ is the tissue water content. The terms $\mu_{a,\text{oxy}}$, $\mu_{a,\text{deoxy}}$ and $\mu_{a,\text{water}}$ are the absorption spectra for oxygenated whole blood, deoxygenated whole blood, and water, respectively.\textsuperscript{30,31} In the spectral fitting region of 500 to 650 nm, absorption due to water is

$r$ from a source fiber when placed topically on a tissue. The fiber separation was $r \approx 0.3$ cm (adjusted to the actual $r$ of each constructed probe), and the refractive index mismatch between plastic and tissue was assumed to be $n = 1.10$. Equation (2) required the absorption coefficient $\mu_a$ [cm$^{-1}$] and the reduced scattering coefficient $\mu'_s$ [cm$^{-1}$], discussed later. The use of this analytical expression was valid, since the 3-mm source-detector separation was large compared to the transport mean free path $[1/(\mu_a + \mu'_s) = 1.26$ mm at 630 nm$]$, and the reduced scattering dominated over the absorption.
negligible. At 650 nm, the absorption coefficient due to blood is 0.056 cm\(^{-1}\), which is the value of \(B\delta_{a,\text{oxy}} + B(1-S)\delta_{a,\text{deoxy}}\), where \(B = 0.010\) and \(S = 0.50\). The \(\mu_a\) due to water is 12-fold lower at 0.0045 cm\(^{-1}\), which is the value of \(W\mu_{a,\text{water}}\), where, \(W = 0.75\). The reduced scattering coefficient of the tissue was assumed to behave as:

\[
\mu'_s = \mu'_{s,630nm} \left( \frac{\lambda}{630\text{ nm}} \right)^{-b}.
\]

where \(\mu'_{s,630nm}\) was the value of \(\mu'_s\) at 630 nm, and the factor \(b\) characterized the wavelength dependence of scattering. The parameters \(\mu'_{s,630nm}\) and \(b\) were assigned the value 7.7 cm\(^{-1}\) and 1.4, respectively, based on Table 1 in Bargo et al.\(^{32}\) who studied esophageal mucosa in nine normal patients and found values of 7.74 cm\(^{-1}\) and 1.42, respectively. Li et al.\(^{33}\) reported data for muscle that yields values of 7.57 cm\(^{-1}\) and 1.35, respectively. Any error in the choice of \(\mu'_{s,630nm}\) yields error in the deduced values of \(B\), and \(S\). For the mean values of \(B = 0.0151\) and \(S = 0.453\) observed in this study, and using \(\mu'_{s,630nm}\) equal to 7.7 cm\(^{-1}\) and \(b = 1.4\), the variation in \(B\) and \(S\) for an error in \(\mu'_{s,630nm}\) can be estimated. For \(B\), \((100%)\bigg(\frac{\partial B}{\partial \mu'_{630nm}}\bigg)\bigg|_B = -9.9 [\%/cm^{-1}]\). For \(S\), \((100%)\bigg(\frac{\partial S}{\partial \mu'_{630nm}}\bigg)\bigg|_S = 6.1 [\%/cm^{-1}]\). While future work will establish the values of \(\mu'_{s,630nm}\) and \(b\) for the \(in-vivo\) gastric sites of anastomosis, and improve the accuracy of absolute values of \(B\) and \(S\), any error in the assumed values does not affect the relative changes seen in this study.

A total of 1439 spectra were acquired, and 1063 spectra were accepted as good on the basis of the least-squares fitting convergence, and the parameter ERROR was below a threshold value appropriate for excluding obvious outliers. The means and standard deviations for the fitted parameters for all the accepted spectra were \(B = 0.0151 \pm 0.0067\) and \(S = 0.453 \pm 0.162\), for \(n = 100\) median values on sites from 23 subjects and five surgical steps.

![Figure 1](https://www.spiedigitallibrary.org/journals/Journal-of-Biomedical-Optics/15(6)/061712-4)

**Figure 1**: Sample spectra for one patient through the surgical steps: (a) baseline measurement \(S = 0.77\), \(B = 0.010\), (b) short gastric arterial ligation \(S = 0.70\), \(B = 0.010\), (c) left gastric artery ligation \(S = 0.68\), \(B = 0.009\), (d) conduit completion \(S = 0.28\), \(B = 0.038\), and (e) anastomosis completion \(S = 0.37\), \(B = 0.020\).

<table>
<thead>
<tr>
<th>Stage</th>
<th>Tissue (O_2) saturation (S)</th>
<th>Blood volume fraction (B)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No complication</td>
<td>Complication</td>
</tr>
<tr>
<td>A: step 2</td>
<td>0.474 ± 0.162</td>
<td>0.524 ± 0.083</td>
</tr>
<tr>
<td>A: step 3</td>
<td>0.436 ± 0.176</td>
<td>0.448 ± 0.053</td>
</tr>
<tr>
<td>A: step 4</td>
<td>0.421 ± 0.194</td>
<td>0.210 ± 0.151</td>
</tr>
<tr>
<td>A: step 5</td>
<td>0.503 ± 0.132</td>
<td>0.482 ± 0.108</td>
</tr>
<tr>
<td>B: step 2</td>
<td>0.994 ± 0.600</td>
<td>0.888 ± 0.155</td>
</tr>
<tr>
<td>B: step 3</td>
<td>1.091 ± 0.674</td>
<td>0.744 ± 0.150</td>
</tr>
<tr>
<td>B: step 4</td>
<td>0.867 ± 0.729</td>
<td>0.400 ± 0.271</td>
</tr>
<tr>
<td>B: step 5</td>
<td>0.936 ± 0.479</td>
<td>0.870 ± 0.146</td>
</tr>
</tbody>
</table>

**Table 2**: Mean Values ± standard deviations for the grouped median measurements at the surgical steps shown in Table 1. Statistical significance is denoted by bold \(p\) values, as determined with a 1-tailed student \(T\)-test assuming unequal variance. The top section (A) expresses the raw data, in while the lower section (B) expresses the data as a fraction of the baseline value for only the patients with baseline measurments.
3 Results

Table 1 shows the statistics for accepted data for each time point during the surgery. There was a progressive drop in $S$ and rise in $B$, until the anastomosis was completed. Figure 1 shows a sample spectrum from each surgical step where the saturation followed the typical trend. In general, after the first step (division of short gastric arteries), $S$ dropped slightly, but $B$ remained constant. The subsequent steps (division of left gastric artery, creation of conduit) caused a further and larger drop in $S$ and rise in $B$. After completion of the anastomosis, $S$ recovered partially but $B$ remained high. Compared to patients without anastomotic complications, those who manifested anastomotic complications had greater intraoperative changes in $S$ and $B$.

Table 2 shows the statistically significant $p$ values of less than 0.05 for such complications that exhibited low blood volume fractions at step 2, and poor oxygen saturation as well as low blood volume fractions at step 4.

There were complications, either leakage or strictures, in 7 of the 23 subjects. A threshold value $S_{th}$ was chosen for the minimum value of oxygen saturation ($S$) at either the completion of the conduit (surgical step 4) or the completion of the anastomosis (surgical step 5). If the mean value of $S$ for either surgical step dropped below $S_{th}$, a complication was predicted. Figure 2(a) is a receiver-operator curve (ROC) that shows the sensitivity ($Se$) and specificity ($Sp$) for predicting complications using different values of $S_{th}$. The $Se = Sp = 0.71$ when $S_{th} = 0.230$. Figure 2(b) shows a similar ROC using a threshold blood content $B_{th}$ as the discriminator, yielding $Se = Sp = 0.57$ when $S_{th} = 0.0127$.

4 Discussion

While the number of patients tested and complications arising are still low, the preliminary data suggest that tissue oxygen saturation ($S$) may identify when the anastomoses is at risk for complications. Blood content ($B$) is less predictive, but can also contribute to assessing risk. Flagging patients at risk for extra attention in postoperative care should prove useful in patient management.

Acknowledgments

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